

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Creamy Chicken Tikka Curry</p> <p>Spiced Vegetable Samosa</p> <p>White Fish in Herby Coating</p>	<p>Pork Loin Steak with Gravy</p> <p>Cheese Flan</p> <p>Fish Fiesta</p>	<p>Roast Chicken and Gravy</p> <p>Cauliflower Cheese</p> <p>Fish Pie</p>	<p>Baked Sausage and Gravy</p> <p>Quorn Sausage</p> <p>Marvellous Macaroni</p>	<p>Home Made Cheese & Tomato Pizza</p> <p>Fish Fingers</p> <p>Jacket Potato Cheese & Onion Filling</p>
<p>Naan Bread</p> <p>Wholemeal Rice</p>	<p>Jacket Potato Wedges</p> <p>½ Pitta Bread</p>	<p>Roast Potatoes</p> <p>New Potatoes</p>	<p>Yorkshire Pudding</p> <p>Chipped Potato</p>	<p>½ Jacket Potato</p> <p>Garlic Bread</p>
<p>Seasonal Mixed Vegetables</p> <p>Sliced Carrots</p>	<p>Carrot & Swede Batons</p> <p>Garden Peas</p>	<p>Cauliflower</p> <p>Broccoli</p>	<p>Baked Beans</p> <p>Sweetcorn</p>	<p>Crunchy Coleslaw</p> <p>Garden Peas</p>
<p>Mini Muffins</p> <p>Semi Skimmed Milk</p>	<p>Apple Crumble – 50% Fruit with Custard</p> <p>Semi Skimmed Milk</p>	<p>Golden Sultana</p> <p>Semi Skimmed</p>	<p>Cocoa Cracknel with Custard</p> <p>Semi Skimmed</p>	<p>Vanilla Ice Cream</p> <p>Semi Skimmed Milk</p>

Additional Menu Options Available Daily
 Fresh Fruit Salad Selection; Yoghurt is an alternative to vegetables;
 Fresh Drinking Water available daily
 Chunky Bread available daily

**Week 1
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Breast Fillet with Gravy</p> <p>Cheese Flan</p> <p>Haddock Grill</p>	<p>Shepard's Pie & Gravy</p> <p>Macaroni Cheese</p> <p>Breaded Fish Fillet</p>	<p>Roast Lamb with Mint Sauce and Gravy</p> <p>Lemon Sole Grill</p> <p>Vegetable Pasta Bake</p>	<p>Toad in the Hole</p> <p>Quorn Sausages</p> <p>Steamed White Fish</p>	<p>Home Made Cheese & Tomato Pizza</p> <p>Salmon Portion in Wholemeal Jacket Potato with Tuna Mayonnaise Filling</p>
<p>Herby Garlic Roast Potatoes</p> <p>Wholegrain Rice</p>	<p>Backed Jacket Potato</p> <p>Potato Salad</p>	<p>Roast Potatoes</p> <p>New Potatoes</p>	<p>1/2 Jacket Potato</p> <p>Chipped Potato</p>	<p>Savoury Rice</p> <p>Diced Potatoes</p>
<p>Seasonal Mixed Vegetables</p> <p>Green Beans</p>	<p>Sweetcorn</p> <p>Sliced Carrots</p>	<p>Broccoli</p> <p>Cauliflower</p>	<p>Baked Beans</p> <p>Sweetcorn</p>	<p>Sliced Carrots</p> <p>Mixed Vegetables</p>
<p>Golden Sultana Flapjack with Custard</p> <p>Semi Skimmed Milk</p>	<p>Jelly – 50% Fruit</p> <p>Semi Skimmed</p>	<p>Sultana & Rice Pudding</p> <p>Semi Skimmed Milk</p>	<p>Cocoa Crunch</p> <p>Semi Skimmed Milk</p>	<p>Banana Muffin</p> <p>Semi Skimmed Milk</p>

Additional Menu Options Available Daily

Fresh Fruit Salad Selection; Yoghurts and Salad is available as an alternative to vegetables;

Fresh Drinking Water available daily

Chunky Bread available daily

**Week 2
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Cheese Flan Salmon Fish Fingers	Chicken Breast Sweet & Sour Pouring Sauce Cauliflower Cheese Fish Cakes	Roast Turkey with Gravy Quorn Roast with Gravy Baked Fish	Lamb Burger in a Bap Quorn Burger in Bap Fish Burger in a Bap	Home Made Cheese & Tomato Pizza Fish Fingers Jacket Potato with Cheese & Beans
Potato Footballs Garlic Bread	Jacket Wedges Savoury Rice	Roast Potatoes New Potatoes	½ Jacket Potato Chips	Herby Rice ½ Jacket Potato
Green Beans Sliced Carrots	Sweetcorn Carrots & Suede Batons	Broccoli Cauliflower	Baked Beans Sweetcorn	Crunchy Coleslaw Garden Peas
Oatmeal & Yoghurt Semi Skimmed Milk	Banana & Creamy Custard Semi Skimmed Milk	Cocoa Mouse Semi Skimmed Milk	Cocoa Cracknel with Custard Semi Skimmed Milk	Cookies Semi Skimmed Milk

Additional Menu Options Available Daily
 Fresh Fruit Salad Selection; Yoghurts and Salad is available as an alternative to vegetables;
 Fresh Drinking Water available daily
 Chunky Bread available daily

**Week 3
2015**

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Curry	Italian Chicken & Pasta	Roast Lamb with Gravy	Hot Dog in a Bun Quorn Dog in a Bun	Home Made Cheese & Tomato Pizza
Vegetable Curry	Quorn Chicken & Pasta	Quorn Roast	Fish Fingers Steamed White Fish	Healthy Salmon Fish Jacket Potato Grated Cheese
Cheese & Onion Flan Haddock Grill	Vegetable Spring Roll Fish Crunchy	Macaroni Cheese		
Wholemeal Rice Naan Bread	Wedges Baked Garlic Bread	New Potatoes Creamed Potatoes	Jacket Potato Chips	Pasta Twists Potato Footballs
Sweetcorn & Peas Green Beans	Garden Peas Carrots & Suede	Cauliflower Broccoli	Sweetcorn Baked Beans	Coleslaw Seasonal Mixed Vegetables
Fruit Sponge with Custard	Jelly – 50% Fruit Semi Skimmed	Fruit Shortbread Semi Skimmed Milk	Cocoa Crunch with Custard Semi Skimmed Milk	Ice Cream Semi Skimmed Milk

Additional Menu Options Available Daily
 Fresh Fruit Salad Selection; Yoghurts and Salad is available as an alternative to vegetables;
 Fresh Drinking Water available daily
 Chunky Bread available daily

**Week 4
2015**