

Theme	Key questions	Summary of Outcomes
HEALTH AND WELL-BEING Keeping Safe, People who help us	<ul style="list-style-type: none"> • Who helps us? • What are emergency services? • How do the emergency services help to keep us safe? • When is it safe or not safe to take medicine? 	<ul style="list-style-type: none"> • Fire safety • Road safety • SunSmart • Safe use of medicines and other substances • Taking responsibility for themselves • Know what adults are responsible for
RELATIONSHIPS Friends and kindness	<ul style="list-style-type: none"> • What makes me a good friend? • What behaviour makes us feel happy/sad? • How do we show kindness to ourselves? • How do we show kindness to others? 	<ul style="list-style-type: none"> • Protective behaviours (understanding what makes you and others feel happy or sad) • Identifying kindness
UNDERSTANDING PERSONAL CHANGE & RESPONSIBILITY All about me	<ul style="list-style-type: none"> • Why am I special? • Why should we brush our teeth? • Why do we keep clean? • What keeps me healthy/in balance? • What are the correct names for body parts? • What can I do for myself? 	<ul style="list-style-type: none"> • Valuing their bodies and capabilities • Knowing what makes each of us unique and special • Brushing teeth • Hygiene • Being aware of body needs e.g water, sleep, exercise etc. • Introduce correct names for body parts
LIVING IN THE WIDER WORLD Internet safety	<ul style="list-style-type: none"> • How do I stay safe online? 	<ul style="list-style-type: none"> • Games, applications, TV streaming • Passwords/Access codes, PINS • Appropriate websites