



Weekly Newsletter
Autumn 2020 – 9
Monday 16th November 2020

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 @penponds_School



This week's focus: Remembering and Giving

Children in Need – Non-Uniform Day

On Friday 13th November we raised funds for Children in Need. Children came to school in their own clothes/no uniform for a small donation. Thank you everyone for your support. We have raised £81.



Tregonning Class work

Last week felt like a very busy and productive time in Tregonning. Leading up to Children in Need on Friday, we spent our afternoons computing with brand new Crumble Controller (Single Board Computer) kits, researching major world religions as part of RE and investigating in science about thermal insulators and conductors by melting ice cubes. On Friday morning we debated whether Maths or English was the most useful subject and heard some excellent arguments for each discipline.



Dates for your diary:

Tuesday 17th November
FOPS Christmas Raffle and Food Donations – from today you will be able to purchase raffle tickets via your Parentpay account and donate food contributions to the box in the bike shed.

10th and 11th December
Children can bring in Christmas Cards if they wish for their friends to be given out on 15th December.

Last Day of Autumn Term
Friday 18th December 2020

First Day of Spring Term
Tuesday 5th January 2021

Wednesday 6th January 2021 - Cornish Pirates Rugby Training sessions starts – Years 3/4/5/6 (during school time)

Monday 11th/18th/25th January; 1st/8th February
Cornish Pirates Rugby Training sessions – Years 3/4/5/6 (during school time)

Spring Half-Term week
Monday 15th February – Friday 19th February



**Friday 12th March –
Thursday 18th March**
Scholastic Book Fair in
school hall

Last Day of Spring Term
Thursday 1st April

First Day of Summer Term
Monday 19th April

May Bank Holiday
Monday 3rd May

Summer Half-Term week
31st May – 4th June

Last day of Summer Term
Wednesday 21st July

Inset Days:
Monday 4th January 2021
Thursday 22nd July 2021
Friday 23rd July 2021
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Attendance this week:

Carn Brea: 95%

Godolphin:
Y1 – 90%
Y2 - 87%

Trencrom – 98%

Tregonning - 97%

**Attendance Trophy –
Trencrom Class**

Headlice

There have recently been cases of head lice identified in school. While lice are nothing more than a nuisance, it is important that children are checked on a weekly basis so that any head lice can be dealt with quickly and before they can be allowed to spread. Please ensure any long hair is tied back. Follow the simple routine below to ensure that you are doing all you can to keep head lice outbreaks to a minimum.

CHECK:

- Your child’s hair once a week.
- Use a proper detection comb to trap head lice.
- If you find live lice, consult a pharmacist for treatment advice immediately.
- If head lice are spotted, take a close look at the hair of all the family.

TREAT:

- Please treat your child with a clinically proven treatment.
- Leave the treatment on for the recommended time for maximum effect.
- Repeat the treatment for a second time seven days after the original treatment to kill any eggs that may hatch after the first treatment.
- Check that all head lice have gone within two to three days of the final application of head lice treatment to complete the process.
- Continue to check for head lice on a regular, weekly basis. For further information on head lice please see your pharmacist or visit:
www.nhs.uk/conditions/head-lice.

Chickenpox

There have recently been cases of chickenpox identified in school. The recommended period children with chickenpox to be kept away from school is 5 days from the onset of rash.

Car Park

Please ensure that you reverse into a space when you park in the school car park. This will help to keep our children and adults safe when they arrive in the morning and leave at the end of the day. Thank you for your support.

Christmas Cards

This year, if children would like to send Christmas cards to their friends we have arranged the following so that this can be achieved in a Covid safe way:

- Children can bring in Christmas cards on the **10th and 11th December only**.
- The cards will then be stored securely for 72 hours in boxes.
- Cards will be given out to children to take home on **Tuesday 15th December**.
- **Please remember to put the full name of the child and their class on the envelope to ensure speedy delivery!**

Friends of Penponds School (FOPS)

School Fundraiser Christmas Raffle

As we haven't had any fundraisers this year for the school, I have organised a Xmas Raffle.

Tickets will be on sale from Tuesday 17th November.

Tickets will be £1 a ticket. These will be available on Parentpay. It will read as £1 but you can buy as many as you wish. Your tickets will be kept in school, entered into the draw which will be drawn at the end of term and we will notify you if you have won.

We have a great line up of prizes to be won. All Money that is raised from the raffle will go towards the children at the school just like the school discos and Xmas parent free zone.

If anyone has anything they would like to donate for the raffle these would be very much welcomed. Thank you for your support. Rachel Stone



Penponds School Food donations for Christmas food boxes

As we know it's been a bit of a tough year for everyone, financially too! With it being Christmas and funds being tight for some of us, I really want to try and take pressure off families especially those who will struggle or find it hard to make sure their children are getting meals everyday while they are not at school.

As of Tuesday 17th November there will be a box placed in the bike shed for any food donations. Boxes will be made up for every family within the

Class Awards this week:

Lunchtime:

Thomas, Holly, Summer, Gwyddion

Carn Brea:

Henry, Olsen, Thomas, Ben

Godolphin:

Holly, Annabella, Sebastian

Trencrom:

Ethan, Charlie, Kaira

Tregonning:

Sophia, Gwyddion, Kaiden

Headteacher:

Oliver, Elijah A, Janise, Emily Q, Maddie, Arlo, Eden

school that feels they need this little extra help over the Christmas holidays. We've seen a lot of businesses come together in the half term providing free lunches for families who needed it and it would be great for us as a community to come together to help those who need it.

If you feel you would like a Christmas food box please contact Mrs Lamb jlamb@rainbowacademy.org.uk . Mrs lamb will be the only person who knows who the boxes are for. The only information that will be passed on is for how many people the food box is for (family of 4, family of 5 etc) The food boxes can then be collected in the last week of term discretely from Mrs Lamb.

Any food donations would be appreciated very much over the next few weeks!! There is a list below of some EXAMPLES of things we can put in the boxes. If we do have any food left over then we will donate this to the local food bank from everyone at Penponds School.

Cereal
Soup
Pasta
Rice
Tinned
tomatoes/pasta
sauce
Tinned
beans/spaghetti
Tinned Sausages
(hot dog sausages)
Tinned veg
Tinned fruit
Tuna
Pasta n Sauce - packets
Canned stews, chillis etc
UHT Milk
Condiments
Cooking oils
Tinned meat (corn beef)
Tinned meatballs
Jams
Crisps
Biscuits
Tinned potatoes
Tinned deserts....jam/treacle sponge
Tinned custard
Rice pudding
Fray Bentos pies

THANK YOU
Rachel

Posters

Please see attached:



THANK
YOU!

Quote

You will discover that you have two hands. One is for helping yourself and the other is for helping others.

Audrey Hepburn



Poem



For the Fallen

They shall grow not old, as
we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the
sun and in the morning
We will remember them.

Robert Laurence Binyon

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| <ul style="list-style-type: none">• Early Help Parenting Worker Advice Line – Penwith and Kerrier• Virtual Parenting Programmes/Timetetable
• Truro High School Virtual Open Days 19/20 November• Safer Futures – Ending Abuse in Cornwall & Isles of Scilly | |
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Early Help Parenting Worker Advice Line

Penwith and Kerrier



Our regular parenting courses are currently being delivered virtually due to Covid-19 restrictions.

Do you need some support and advice to understand your child's needs and behaviour?

- Advice on positive parenting and how to keep your child safe
- To understand the importance of routines for your family

To get in touch with your questions please send an email to Myra Whitney, Area Parenting Lead, myra.whitney@cornwall.gov.uk or call 01209 310000 and leave a message mentioning Parenting Worker Advice Line with your contact details and the best time for us to contact you.

A member of the Parenting Team will contact you back by phone within two working days.

West Autumn Term Virtual Parenting Programmes							
Being Passionate about Parenting. 5-11 yrs	10-11.30	Thursday	26/11/2020	03/12/2020	10/12/2020		
Being Passionate about Parenting with an awareness of ADHD. 5-11 yrs	10-11.30	Tuesday	17/11/2020	24/11/2020	01/12/2020		

West Virtual Parenting Programmes January 2021.														
Programme	Time	Day	Week 1	Week 2	Week 3	Week4	Week 5							
Being Passionate about Parenting the Early Years. 1-3 yrs	10-11:30	Thursday	21/01/2021	28/01/2021	04/02/2021									
Being Passionate about Parenting 5-11 yrs	6:00-7:30	Wednesday	13/01/2021	20/01/2021	27/01/2021									
TAKE 3 12-16 yrs	9:30-11:30	Tuesday	12/01/2021	19/01/2021	26/01/2021	02/02/2021	09/02/2021							
Being Passionate about Parenting with an awareness of ADHD 5-11 yrs	6:00 7:30	Thursday	14/01/2021	21/01/2021	28/01/2021									
Being Passionate about Parenting with an awareness of the Spectrum 5-12yrs	10:00 –11:30	Wednesday	20/01/2021	27/01/2021	03/02/2021	10/02/2021								
Teenage brain 12-17 years	6:00 - 7:30	Tuesday	19/01/2021	26/01/2021	02/02/2021									
Incredible Years	09:30 -11:30	Thursday	7/1	14/1	21/1	28/1	4/2	11/2	25/2	4/3	11/3	18/3	25/3	1/4

Being Passionate about Parenting the Early Years

A 6-hour workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carer. Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc. This workshop is delivered on a need led basis. Ideally it will be delivered on a monthly in each Locality across the County.

Being Passionate about Parenting 5-11years

A 6-hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behavior management that often gives those who attend confidence to engage with other support on offer.

Being Passionate about parenting with a basic introduction and awareness to ADHD

A 6-hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behavior management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviors from your young person's perspective and supporting them with practical strategies and top tips.

Being Passionate about parenting with a basic introduction and awareness of the Spectrum

A 6.5-hour workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behavior management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes:- Fact and Fiction about the Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviors from your young person's point of view.

TAKE 3

A 10 hours workshop parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work

Being Passionate about the teenage Brain

6 hour workshop for parents or carers of young people aged 12-17 years. To build relationships with our young people. To develop top tips for positive behaviour management. To provide support, information and confidence to parents and carers.

Incredible Years

12 week course - 2 hourly sessions. Promotion of child social competence, emotional regulation, positive attributions, academic readiness and problem solving. Improved parent/child interactions, building positive parent/child relationships and attachment, improved parental functioning, less harsh and more nurturing parenting, and increased parental social support and problem solving. Classroom management skills and teacher/parent partnerships.



Discover the difference.

Year 7 Virtual Open Days
19 & 21 November

Call 01872 242902 today to book.

- Small Independent School of the Year 2020. Whittled down from hundreds of schools across the UK, we were the only school in Cornwall to be featured in the awards.
- 85% of A Level passes were at grades A*/A. That's three times the national average.
- Wide and varied extra-curricular programme including engineering, dance, sailing, journalism, business and much more
- Free wrap around care from 8am until 6pm
- Reap the benefits of being part of a small school focused entirely on providing an uninterrupted first-class education for girls, no matter what the situation.



TRURO
HIGH SCHOOL
Girls First

Call us today on 01872 242902 or
email registrar@trurohigh.co.uk to find out more.



SAFER **FUTURES**

**Ending Abuse in
Cornwall &
Isles of Scilly.**

"The more time we spent together, the more controlling our relationship became, and the more I was being controlled. I hated it, but I still loved them and I didn't know what was happening to me was wrong. It isn't love, it's torture, and nobody deserves that."



If this sounds familiar, help and support for young people is available 0300 7774777 or saferfutures.org.uk

**ANYONE CAN BE AFFECTED BY DOMESTIC ABUSE
REGARDLESS OF AGE, GENDER OR SEXUALITY**



**FIRST
LIGHT**

In partnership with
**Believe in
children**
 **Barnardo's**

**SAFER
CORNWALL**
Kernow Salwa

