

	PHSE overview Year A					
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
FS2						
	<p>New Beginnings</p> <ul style="list-style-type: none"> • <i>Finding their way around.</i> • <i>Who is who.</i> • <i>Learning the 6 expectations.</i> <p>Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p>	<p>Say no to bullying</p> <ul style="list-style-type: none"> • <i>Anti-bullying week.</i> • <i>Taking turns.</i> • <i>Knowing how to control feelings.</i> <p>Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</p>	<p>Good to be Me</p> <ul style="list-style-type: none"> • <i>Knowing that they belong to a group.</i> • <i>Understanding that they are the same as other children but also everyone is different.</i> • <i>Understand why it's important to do their best.</i> <p>Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</p>	<p>Getting on and falling out</p> <ul style="list-style-type: none"> • <i>Knowing how to make friends.</i> • <i>Feeling comfortable with sharing feelings.</i> • <i>Managing uncomfortable feelings.</i> <p>Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</p>	<p>Going for goals</p> <ul style="list-style-type: none"> • <i>Developing an understanding on independence.</i> • <i>The importance of trying your best.</i> • <i>Understanding about the world and sharing knowledge with others.</i> <p>Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</p>	<p>Changes</p> <ul style="list-style-type: none"> • <i>Transition to a new year group.</i> • <i>Being able to tell and adult how they are feeling.</i> • <i>Understanding that everyone has feelings.</i> <p>Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</p>
Year 1 & 2	<p>Funnybones (PSHEE focus- Citizenship Me and my community)</p>	<p>Awesome Animals (PSHEE focus- Safety)</p>	<p>Take a painting (PHSEE economic well being)</p>	<p>Plant Power (PHSEE Focus Sex and relationships)</p>	<p>Superheroes (PHSEE Healthy lifestyle)</p>	<p>Habitats- It's a wild world (PHSEE Focus Resilience/</p>

						preparing for change)
	<p>Our Happy School (Autumn 1 yr 1)</p> <ul style="list-style-type: none"> • <i>Setting class rules.</i> • <i>Being happy in a new class</i> • <i>We are the same, we are different</i> <p>This unit is all about a fresh start with a new class, nurturing a sense of belonging, recognising diversity and establishing class rules and rewards.</p>	<p>Out and About (Autumn 2 Yr1)</p> <ul style="list-style-type: none"> • <i>Fire safety</i> • <i>Road safety</i> • <i>Antibullying week</i> • <i>Children know who can help them.</i> <p>This unit could link to a topic about 'People who Help Us'. It incorporates work on road, fire and fireworks safety and anti-bullying.</p>	<p>Looking Forward (Spring 1 Yr1)</p> <ul style="list-style-type: none"> • <i>To talk about the different jobs that people have.</i> • <i>To talk about their strengths as a learner.</i> • <i>How to achieve a goal.</i> <p>This unit discusses different things children enjoy and how they like to learn. It explores jobs people do, with a focus on goal setting.</p>	<p>My Friends and Family (Spring 2 Yr1)</p> <ul style="list-style-type: none"> • <i>Who is important to me.</i> • <i>I can make people happy.</i> • <i>I know how I feel about people who are important to me.</i> <p>This unit focuses on relationships with friends and family. It also begins to focus on more sensitive issues such as loss.</p>	<p>Healthy Bodies, Healthy Minds (Summer 1 Yr1)</p> <ul style="list-style-type: none"> • <i>The importance of exercise</i> • <i>Danger of medicines and where they are kept. .</i> • <i>Different ways to keep healthy.</i> <p>This unit focuses on developing personal responsibility and teamwork. Children learn more about medicines, sun safety and healthy lifestyles</p>	<p>Ready, Steady, Go (Summer 2 Yr1)</p> <ul style="list-style-type: none"> • <i>Move up morning.</i> • <i>Coping with changes</i> • <i>Changes are good.</i> <p>This unit is about safety. The children will develop ways of keeping safe in everyday situations, playing outside, cyber / road safety.</p>
Year 3 & 4	Funnybones (PHSEE Focus Citizenship)	Wicked Warminster (PHSEE Safety)	Savage Stone Age (PHSEE Economic wellbeing)	Rotten Romans (PHSEE Reallionships Education)	Art Attack (PHSEE Healthy lifestyles)	Pen Pals (PHSEE Resilience)
	<p>Our Happy School (Autumn 1 Yr 3)</p> <ul style="list-style-type: none"> • <i>Knowing something about the children in their class.</i> 	<p>Out and About (Autumn 2 Yr 3)</p> <ul style="list-style-type: none"> • <i>Taking turns</i> • <i>Spotting danger online</i> • <i>Knowing how to stay safe.</i> 	<p>Looking Forward (Spring 1 Yr3)</p> <ul style="list-style-type: none"> • <i>Support a charity.</i> • <i>Know how to achieve my goals.</i> 	<p>My Friends and Family (Spring 2 Yr3)</p> <ul style="list-style-type: none"> • <i>Understand that families are different.</i> 	<p>Healthy Bodies, Healthy Minds (Summer 1 Yr3)</p> <ul style="list-style-type: none"> • <i>Knowing too much fat and salt is bad for you.</i> • <i>Knwoing what to do when you</i> 	<p>Ready, Steady, Go (Summer 2 Yr3)</p> <ul style="list-style-type: none"> • <i>Where to turn for help when it is needed.</i> • <i>I know that everybody goes through changes.</i>

	<ul style="list-style-type: none"> Cooperating with eachothers. Understand why we have rules. <p>This unit focuses on creating a happy and collaborative learning environment. New ground rules are established building on principles introduced in KS1.</p>	<p>This unit begins with a focus on enabling the children to become better communicators. Later it tackles various aspects of personal safety .</p>	<ul style="list-style-type: none"> Know the importance of teamwork. <p>This unit of work focuses on global citizenship. Pupils explore their learning styles and work collaboratively to set and achieve goals through an enterprise activity.</p>	<ul style="list-style-type: none"> Saying no to peer pressure. Looking after myself and keeping clean. <p>This unit focuses on relationships with friends and family. It further develops learning about sensitive issues such as personal hygiene.</p>	<p><i>find something hard.</i></p> <ul style="list-style-type: none"> Knowing how to keep healthy. <p>This unit explores the management of some uncomfortable feelings. Children learn how to plan healthy meals as well as considering the effects and benefits of exercise.</p>	<ul style="list-style-type: none"> <i>I know how to keep safe and who can help me.</i> <p>This unit explores various aspects of personal safety. Children identify people they can trust to help them and learn how and where to get help.</p>
Year 5 & 6	Invaders (PHSEE Focus Citizenship)	Feliz Navidad (PHSEE Safety)	SOS (PHSEE Economic wellbeing)	Heroes & Villians (PHSEE Realtionships Education)	To infinity and beyond (PHSEE Healthy lifestyles)	It's a show time (PHSEE Resilience)
	<p>Our Happy School (Autumn 1 yr Yr5)</p> <ul style="list-style-type: none"> Feeling valued at school. Identifying own strengths. Knowing the importance of rules and keeping them. <p>As in previous years children will be establishing ground rules. The</p>	<p>Out and About (Autumn 2 Yr5)</p> <ul style="list-style-type: none"> Appropriate relationships and behaviour. Protecting personal safety. The effects of stereotyping. <p>This unit focuses on how to develop responsibility for being safe in various</p>	<p>Looking Forward (Spring 1 Yr5)</p> <ul style="list-style-type: none"> Managing money on a budget. What attributes to a successful learner. Saving for a purpose. <p>This unit gives pupils the opportunity to</p>	<p>My Friends and Family (Spring 2 Yr5)</p> <ul style="list-style-type: none"> Emotions during puberty. Sex education. <p>This unit is about the physical and emotional changes that occur in puberty. It covers conception, birth and parenting issues,</p>	<p>Healthy Bodies, Healthy Minds (Summer 1 Yr5)</p> <ul style="list-style-type: none"> Knowing that alcohol is a drug. Being able to describe the eat well plate and what a balanced diet is. Standing up for own ideas. Thinking about what a healthy 	<p>Ready, Steady, Go (Summer 2 Yr5)</p> <ul style="list-style-type: none"> Knowing how different people respond to changes. Taking responsibility for own safety. Knowing how to deal with difficult changes.

	focus is on taking personal responsibility for behaviour and working with others.	situations. Pupils explore stereotyping and discrimination.	explore choices that have to be made regarding money. The concepts of saving and budgeting and earning money are developed.	while helping to allay embarrassment.	body and mind is. This unit explores healthy lifestyles, looking at managing both physical and mental health to promote wellbeing.	This unit explores difficult changes, particularly feelings around loss and bereavement. Children also learn about keeping safe and responding to emergencies.
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 PHSE overview Year B 2015-16						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
FS2	New Beginnings <ul style="list-style-type: none"> • <i>Finding their way around.</i> • <i>Who is who.</i> • <i>Learning the 6 expectations.</i> Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and	Say no to bullying <ul style="list-style-type: none"> • <i>Anti-bullying week.</i> • <i>Taking turns.</i> • <i>Knowing how to control feelings.</i> Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group	Going for goals <ul style="list-style-type: none"> • <i>Developing an understanding on independence.</i> • <i>The importance of trying your best.</i> • <i>Understanding about the world and sharing knowledge with others.</i> Children are confident to try new activities,	Relationships <ul style="list-style-type: none"> • <i>Understanding that everyone has feelings.</i> • <i>Understanding that it's not ok to hurt others.</i> • <i>Understanding the importance of good choices.</i> Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and	Good to be Me <ul style="list-style-type: none"> • <i>Knowing that they belong to a group.</i> • <i>Understanding that they are the same as other children but also everyone is different.</i> • <i>Understanding of why its important to do their best.</i> 	Changes <ul style="list-style-type: none"> • <i>Transition to a new year group.</i> • <i>Being able to tell and adult how they are feeling.</i> • <i>Understanding that everyone has feelings.</i> Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and

	feelings, and form positive relationships with adults and other children.	or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.	and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.	know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride	Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.	know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride
Year 1 & 2	Time Travellers (PHSEE focus Citizenship)	Winter Wonderland (PHSEE focus Safety)	Once upon a time... (PHSEE focus Economic well being)	Space (PHSEE focus Sex & relationships education)	Space (PHSEE focus Healthy Lifestyles)	Seaside (PHSEE focus Preparing for change)
	<p>Our Happy school (Autumn 1 yr2)</p> <ul style="list-style-type: none"> Thinking about the impact their behaviour has on others. Happy classroom. Welcoming others to the classroom. <p>This unit is about a fresh start with a new class, learning to work and play together and establishing class</p>	<p>Out and About (Autumn 2 yr2)</p> <ul style="list-style-type: none"> Stranger danger Working as a group Assessing risks. <p>This unit focuses on learning to consider and help others, including contacting emergency services. It also links to National Anti-Bullying week.</p>	<p>Looking Forward (Spring 1 Yr 2)</p> <ul style="list-style-type: none"> How to save or spend money. Raising money for charity. How to use money. <p>This unit focuses on jobs, money and enterprise. The children collaborate on a project to raise funds for a charity or school project of their choice.</p>	<p>My Friends and Family (Spring2 Yr2)</p> <ul style="list-style-type: none"> Stages of a life cycle. Keeping healthy I know who cares for me. <p>This unit focuses on relationships with friends and family. It also begins to focus on more sensitive issues such as growing and changing and personal hygiene.</p>	<p>Healthy bodies and Healthy Minds (Summer1 Yr2)</p> <ul style="list-style-type: none"> What is a balanced diet. Why eat 5 a day. How to feel relaxed. <p>This unit focuses on the food we eat. The children are introduced to the choices that can be made regarding the provenance of food and how to budget.</p>	<p>Ready, steady, Go (Summer 2 yr 2)</p> <ul style="list-style-type: none"> Coping with changes. Overcoming obstacles. Making sensible choices. <p>This unit helps children explore everyday changes and their feelings about them. It helps them to view change as a positive aspect of their lives and to develop strategies to cope with it and</p>

	rules and rewards					
Year 3 & 4	Tomb Raiders (PHSEE focus Citizenship)	The Power cut (PHSEE focus Safety)	Terrible Tudors (PHSEE focus Economic well being)	Terrible Tudors (PHSEE focus Sex & relationships education)	Killer Plants (PHSEE focus Healthy Lifestyles)	The Environment (PHSEE focus Preparing for change)
	<p>Our Happy school (Autumn 1 Yr4)</p> <ul style="list-style-type: none"> • <i>Knowing what it feels like to be unwelcome.</i> • <i>Working together to achieve a goal.</i> • <i>Developing and maintaining a positive environment.</i> <p>Building on previous learning and growing maturity children re-establish class ground rules. They also consider how to manage difficult situations.</p>	<p>Out and About (Autumn 2 Yr4)</p> <ul style="list-style-type: none"> • <i>Firework safety.</i> • <i>Peaceful problem solving.</i> • <i>Managing difficult feelings.</i> <p>This unit begins with a focus on solving problems and anger management. Later, pupils learn about staying safe during the darker nights and investigate bullying issues.</p>	<p>Looking Forward (Spring 1 Yr 4)</p> <ul style="list-style-type: none"> • <i>Understanding of what makes people spend and save.</i> • <i>Being responsible for their own behaviour.</i> • <i>Understanding why people spend and save.</i> <p>In this unit pupils undertake another enterprise activity focused on Fair Trade. The emphasis is on responsibility and teamwork.</p>	<p>My Friends and Family (Spring 2 Yr4)</p> <ul style="list-style-type: none"> • <i>Name the male and female body parts.</i> • <i>Taking responsibility for their actions.</i> • <i>How and why the body changes.</i> <p>This unit focuses on relationships. It tackles sensitive issues such as personal hygiene and puberty, recognising that changes we experience are natural and can be embraced positively.</p>	<p>Healthy bodies and Healthy Minds (Summer 1 yr 4)</p> <ul style="list-style-type: none"> • <i>Exercising to look after the body.</i> • <i>Saying no to things that are bad.</i> • <i>Making sensible choices.</i> <p>This unit explores coping with feelings, such as stress and anxiety. Children learn about the effects of smoking, risk and the importance of making healthy choices.</p>	<p>Ready, steady, Go (Summer 2 yr4)</p> <ul style="list-style-type: none"> • <i>Dealing with uncomfortable changes.</i> • <i>Dealing with feelings about changes.</i> • <i>Keeping safe when out with friends.</i> <p>This unit explores change, where and how to get help, eg when playing outdoors, as well as e-safety and keeping personal information safe.</p>
Year 5 & 6	Time Detectives	Time Detectives	Lost!	The Big Bang	Awesome Aztecs	Choices

	(PHSEE focus Citizenship)	(PHSEE focus Safety)	(PHSEE focus Economic well being)	(PHSEE focus Sex & relationships education)	(PHSEE focus Healthy Lifestyles)	(PHSEE focus Preparing for change)
	<p>Our Happy school (Autumn 1 Yr 6)</p> <ul style="list-style-type: none"> • <i>Knowing how to work well in a group.</i> • <i>Listening to and respecting others views.</i> • <i>What makes a group function and work well together.</i> <p>Pupils will create ground rules to establish a constructive learning environment based on principles from previous years.</p>	<p>Out and About (Autumn 2 Yr6)</p> <ul style="list-style-type: none"> • <i>Knows how to protect themselves on line.</i> • <i>Develop problem solving skills to help resolve conflict.</i> • <i>Developing strategies for staying safe in a risky situation.</i> <p>This unit focuses on how to develop responsibility for being safe in various situations. Pupils explore how to identify and manage risk.</p>	<p>Looking Forward (Spring 1 Yr6)</p> <ul style="list-style-type: none"> • <i>Organise and enterprise activity.</i> • <i>Taking the first step to getting a job completed.</i> • <i>How money effects the way I live.</i> <p>This unit gives pupils the opportunity to explore choices that have to be made regarding money, developing concepts of saving, budgeting and earning money.</p>	<p>My Friends and Family (Spring 2 Yr6)</p> <ul style="list-style-type: none"> • <i>Knowing about the feelings related to grief.</i> • <i>To recognise and challenge discrimination.</i> • <i>Have an understanding of the influence of media.</i> <p>This unit looks at how people deal with sensitive issues such as loss, self image, stereotyping and media influence. It looks at choices people make and their consequences.</p>	<p>Healthy bodies and Healthy Minds (Summer 1 Yr6)</p> <ul style="list-style-type: none"> • <i>Knowing why they should exercise.</i> • <i>Knowing what addiction means.</i> • <i>Develop an understanding of how feelings can change their behaviour.</i> • <i>Develop an understanding of what they can do when they feel pressured.</i> <p>This unit explores managing risk and building resilience as well making choices and decisions around drugs and work/life balance.</p>	<p>Ready, steady, Go (Summer 2 Yr 6)</p> <ul style="list-style-type: none"> • <i>Learn about the positive outcomes from change.</i> • <i>Learn to look for positives in change</i> • <i>Learn to think about the positive aspects of moving onto secondary school.</i> <p>This unit explores transition to secondary school/ their final year of primary school and the thoughts and feelings that accompany change. Pupils reflect on their achievements and plan their 'legacy'.</p>