

Design Technology Lesson 1 – Friday 5th June 2020

Activity 1 - Name the source of ingredients found in meals.

Think of a meal you have eaten recently. Draw it in your book or on the **Where is my meal from?** worksheet.

Think about where the different parts of the meal comes from. Try to go as far back as you can with the origin of each ingredient, for example:

- toast is made from bread, bread is made from flour, flour is made from the plant called wheat (it is milled);
- milk is from a dairy cow;
- apple juice is from an apple which grows on a tree;
- a tomato is a fruit which grows on a plant;
- mashed potato is made from potatoes (a plant) which grows under the ground.

All our food has to be produced for us. Plants have to be grown and animals have to be reared or caught.

Activity 2 - Name and locate food which is produced in the UK.

Using the **UK Food cards**, name the food and suggest where in the UK it might come from.

Read the **UK Food labels** to reveal the answer and use the **county map** to find out where the place is located in the UK.

Finally, write down the food items on your worksheet and use an arrow to show where in the UK it comes from. You could do this on the computer if you can't print – save the picture into Word or Paint and use the lines tool to label it.

As an extension, can you find food which is produced locally to us and add these to your map?

Activity 3 - Name and locate food which is produced outside the UK.

Write a list of foods you think are produced in a country outside the UK. Write down which country you think these foods come from and explain why you think these foods are produced outside the UK.

Using the **World Food cards**, name the food (if you can!) and suggest where in the world it might come from.

Read the **World Food labels** to reveal the answer. Were you right?

We will continue the rest of this task next week!