

One Body But Many Parts

There is one body, but many parts. But all of its many parts make up one body. It is the same with Christ. We were all baptized by the one Holy Spirit and so we are formed into one body.

Suppose the foot says, "I am not a hand so I don't belong to the body". By saying this it cannot stop being part of the body. And suppose the ear says, "I am not an eye so I don't belong to the body". By saying this, it cannot stop being part of the body. If the whole body were an eye, how could it hear? If the whole body were an ear, how could it smell? God has placed each part of the body just as he wanted it to be. If all the parts were the same, how could there be a body? As it is, there are many parts, but there is only one body.

The eye can't say to the hand, "I don't need you". The head can't say to the feet, "I don't need you". In fact it is just the opposite. The parts of the body that seem to be weaker are the ones that we can't do without. If one part of the body suffers, every part suffers with it. If one part is honoured, every part shares its joy.

You are the body of Christ. Each of you is a part of it.