

Newsletter 22

Friday 8th March 2019

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World Book Day—A huge array of book characters entered our school gates this week, from Peter Rabbit, the Cat in the Hat and Wally! Of course, this event took place to mark the annual World Book Day celebrations. Throughout the day, the children took part in book related activities such as author studies and 'guess that book'. They also used books as a basis for inspired writing. Don't forget that the book fair starts next week from 14th—19th March!



School Council Spring Competition

We would like to invite all children in our school to enter a competition. Entries should be based upon the theme of Spring, and could be a piece of artwork, a model or a poem. The more variety the better! There is a £1 entry cost, which should be put into an envelope and brought into school with the entry.

The competition will open from Monday 11th March and close Friday 29th March. Prizes will be awarded to four winners and four second places.

The winners and second places will be announced in assembly by School Council on Monday 1st April.

The money raised from the competition will be used to purchase resources for an Easter themed house team afternoon, which will include an Easter hunt. We look forward to seeing your creations.

Year 5 Dance Share

Our Year 5 children wowed their audience as they took part in the Year 5 Dance Share this week alongside other schools. The children had been practising dances with a 'Space' theme and presented both contemporary and street dancing styles through their performances. Monkfield Park received many, many commendations from various people who watched their performance, which they had choreographed themselves. Well done to Mrs Warne, Mrs Squires and Mrs Flack for preparing the children so well and to the children for ensuring that their performance was first class! We also enjoyed their performance when they showed it to the rest of the school to appreciate. In this article you are able to see some of our star performers.



Word of the Week

This week, we have been looking at 'bouncing back' through positive attitudes and not letting things get us down when they seem tough. The children explored the word below to help them with their understanding and use of this word, so please do try to weave it into your conversations at home.

Resilience

Headteacher Roll of Honour

Grace in Lacerta Class—Grace took her role in the Dance Share very seriously and her dedication has meant that she appears in this role of honour. Well done Grace.

Ronaldo in Pegasus Class—There is so much to remember by the time you reach Year 6, but Ronaldo completes his revision with gusto and resilience, great work Ronaldo.

Developing Resilient Children— Find Some Headspace

In the second of our advisory pieces to families about developing resilience in children please find below some information about 'finding some headspace'.

Being able to manage emotional states is a key part of resilience. We often fail to act because our emotional reaction can trigger our 'fight or flight' response. One of the best activities you can use to create this distance between emotion and action is meditation.

It might sound new-age, but studies show that meditation can help the brain to be less reactive to this 'fight or flight' response and can help to improve attention and concentration.

Meditation can also help us to manage our stress and our anxiety, it helps to induce a state of calm, from which we can behave resiliently, without fear.

Forthcoming dates

- 15th March—Red Nose Day (children to wear red)
- 14th—19th March—Book Fair (please note minor change to dates)
- 21st March 1.30pm—3.00pm—Reception 'Come & Share' (please note change to time)
- 22nd March at 9am—Blue Class assembly
- 26th March at 4pm—Year 4 Burwell House information evening for parents
- 27th March—Reception & Year 6 height & weight checks
- 28th March—Parent consultations
- 2nd April—Parent consultations
- 3rd April at 2pm—Year 5 performance
- 4th April at 6pm—Year 5 performance
- 5th April—LAST DAY OF TERM, CHILDREN RETURN **23RD APRIL**

Sentence Starters

- Ask your Reception child to find a cube shaped object and a cylinder shaped object around the home.
- Ask your Year 1 child to name different types of materials.
- Ask your Year 2 child to tell you how they would share 35 apples between 5 children.
- Ask your Year 3 child to name the features of a fact file.
- Ask your Year 4 child to retell the story of the 'Secret Black Rock'.
- Ask your Year 5 child to tell you three facts about Tim Peake.
- Ask your Year 6 child to explain the role of the witches in Macbeth.