

*****We have washed our hands before distributing, for your safety please wash your hands after reading*****

Community help in and around Arthurs Hill

Are you unable to or concerned about leaving your home because of Covid 19/Coronavirus? Do you need someone to run errands – do your shopping, cook food or pick up a prescription etc.? Are you worried about feeling lonely & isolated if you do display symptoms & need to self-isolate? Looking for support & ideas for keeping kids busy & learning while at home? We can help!

We are a group of residents of Arthurs Hill who are coming together to help out in the community during a time where some people are experiencing difficulty in accessing what they need due to concern about getting ill. We would like to support the community that we live in and ensure that nobody is left isolated or without what they need. We have no ulterior motive, and **won't ask for anything in return**, we just believe in helping each other in a time of difficulty.

If you would like to speak to us, or want to ask for help, please email arthurshill.mutualaid@outlook.com, call 0191 6911 363 or post on our FB page @ArthursHillCovid19MutualAid & we will discuss what we can do to support you.

If you would like to join us to help out with supporting the community, please join the Arthurs Hill Covid 19 Mutual Aid group on Facebook.

