

Newsletter 13

Dear Parents

I'd like to start by thanking everyone who came to sports day yesterday for an afternoon of sports and wonderful weather! After a morning of 8 different activities, scoring points for their houses along the way, we finished the event with all of the track events. We tried to combine both inter-house competition and also the day being a fun event for all competitors. I hope you all had a good afternoon watching the races. As ever, if you have any feedback about the event, we would love to hear it.

Tomorrow is the final day of term 5! As per school tradition, this will be a non-school uniform day. For this day, we will NOT be asking for a contribution to any charities or PTA events.

Bedwetting Awareness Day



At the end of the newsletter is a fact sheet about Bedwetting with information about this medical condition as on 28th May there is a bedwetting awareness day to highlight how it is a common and treatable condition.

Sickness Policy



Please be reminded that it is school policy that if your child has been sick or has suffered from diarrhoea then they should not return to school until **48 hours** after their last occurrence of sickness or diarrhoea. This rule is in line with national guidance to help reduce the spread of illness amongst pupils.



This week, Open the Book told the story of Gideon and his fight against the Midianites, when with the power of God and only three hundred soldiers, Gideon overpowers the Midianites, who flee the mighty army they believe has defeated them!

Diary Dates

<u>Event</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
Last day of term- non-school uniform	Thursday	23 rd May	
Inset Day-school closed	Friday	24 th May	
Inset Day-school closed	Monday	3 rd June	
First day of Term 6	Tuesday	4 th June	
Lion class trip to Folly Farm	Monday	10 th June	9.30-2.30pm
Year 5 & 6 Residential Camp-Dean Fields	Mon-Fri	10-14 th June	
Year 1 Phonics Screening Check	w/c Mon	10 th June	
Year 1 and 2 trip to Cardiff Castle	Friday	14 th June	8.45-2.45pm

Our value for this term is WISDOM. We have been exploring this theme (and the opposite of wisdom, foolishness) during the term through school assemblies and class assemblies.

Celebration Assembly Certificates

<p><u>Lion</u></p> 	<p>w/e 10.05.19 George for really trying hard in all subjects this week. George has demonstrated a really good attitude to learning and is getting much more involved in class discussions. Keep it up George! Olly R for excellent participation in our PE lesson this week. Olly worked well in his team, tried his best and encouraged others to do well too!</p> <p>w/e 17.5.19 Alexis, Poppy and Priddy for really impressing Miss Bennett and Miss Thomas with their writing this week. We wrote our own versions of Jack and the Beanstalk and they all demonstrated real stamina to write nearly 2 pages! They used phonics they know as well as lots of tricky words to produce a lovely story. Well done girls!</p>
<p><u>Leopard</u></p> 	<p>w/e 10.05.19 Dillion for showing great determination when writing his Jack and the Beanstalk story. He has been trying really hard to think about the sequence of the story to make sure that his writing makes sense. Jesse for completing some great maths work this week. He has challenged himself to try the more complicated questions and always shows great co-operation during lessons.</p> <p>w/e 17.5.19 To all of Leopard Class a big well done for your hard work learning all of our phonic sounds. Keep going, keep practising and keep reading.</p>
<p><u>Panther</u></p> 	<p>w/e 10.05.19 Jack for being amazing this year, he's shown perseverance, determination and always takes on a challenge. Well done, Jack. Macey for always putting in maximum effort with learning her times tables and she's made loads of progress through the times table clubs. Keep going, Macey!</p> <p>w/e 17.5.19 To all of Panther Class they have all made Mr A so proud with their attitude to school, their determination to succeed and their never-ending smiles this week as they work on their tests. Keep up the amazing work!</p>
<p><u>Tiger</u></p> 	<p>w/e 10.05.19 Juliette for showing great curiosity during a class debate. Juliette questioned and thought carefully about other viewpoints. She also wrote up her debate so neatly and clearly recognising other points of view. Travis for settling back into the class after time away. Travis is showing determination in his work. Well done, keep it up Travis.</p> <p>w/e 17.5.19 Hugo for showing great determination in his work particularly writing. Hugo wrote a fantastic piece of writing and took on board feedback to improve his work further. Brilliant work Hugo! Hannah for working hard with her reading. Hannah has a determined attitude with her reading and as a result has gone up another reading level. Well done Hannah.</p>
<p><u>Jaguar</u></p> 	<p>w/e 10.05.19 Sam for superb focus when creating his Victorian house. He persevered when he found parts difficult and took great pride in his work. Mia for brilliant work in maths on fractions. She showed super knowledge during the lessons and answered questions with great enthusiasm. Well done</p> <p>w/e 17.05.19 Ollie G for superb work on co-ordinates in maths. He has shown excellent engagement and enjoyment in the lessons and worked very hard. Well done. Megan for always having a smile on her face, and working very hard in every lesson. She consistently tries to do her best, and has produced some excellent work. Keep it up.</p>

<p>Lynx</p> 	<p>w/e 10.05.19 George P for showing a great attitude to his learning this week. George has shown determination and perseverance in class, keep it up! Darcy for showing a fantastic attitude to learning and wanting to challenge herself in all subjects, well done!</p> <p>w/e 17.5.19 Macie for working really hard in Literacy this week and writing a fantastic set of instructions, which included all the features we have been learning. Finley G for showing excellent determination and perseverance in maths. Finley has shown great understanding and confidence explaining his reasoning.</p>
<p>Puma</p> 	<p>w/e 10.05.19 To all of Year 6 you have done all the hard work, now it is time to put it into practice. Good luck for your SATs tests next week.</p> <p>w/e 17.05.19 Well done to all the Year 6's for their effort and conduct during SATs week. Have a relaxing weekend!</p>
<p>Footballer of the week</p> 	<p>w/e 10.05.19 For great defensive play and several killer passes – Ben M</p> <p>w/e 17.5.19 For 3 goal-line clearances which ensured his team lived to fight on – Jackson</p> <p>Girls footballer of the week Isabel F for showing great energy and controlling the game from midfield.</p>



What is bedwetting?

- Bedwetting, also known as nocturnal enuresis, is an uncontrollable leakage of urine while asleep.
- In most cases, children are able to control their bladder aged >5 years.
- Bedwetting is a common childhood condition, with approximately 5–10% of 7 year-olds regularly wetting their beds and the problem may persist into teenage and adulthood.

What causes bedwetting?

- In most cases bedwetting is caused by over-production of urine at night or reduced capacity of the bladder.
- An inability to wake up can be another cause.
- Recent research from the world's first genome-wide association study (GWAS) also indicates that bedwetting is likely to be hereditary.
- The risk of bedwetting is 5-7 times higher among children with a parent who

suffered from bedwetting as a child, and approximately 11 times higher if both parents were bedwetters.

What impact can bedwetting have on a child?

- Bedwetting has a serious impact on a child's self-esteem, emotional well-being and day time functioning, including school and social performance however, the impact is often underestimated and trivialised, so help is not sought or offered.
- These consequences are often prolonged as many parents seek lifestyle changes first and nearly half of them do not seek help in children five years or older.
- As a result, it can take approximately one to three years before a patient has visited a healthcare professional about their bedwetting problem
- Children who are bedwetting are sometimes reprimanded by their parents in several ways. Parents should be aware of the adverse effects of punishment on child's development.

Is bedwetting a condition that can be treated?

- For decades, bedwetting was considered as a simple condition that would resolve spontaneously however, it is now regarded as a complex disorder involving several factors such as bladder dysfunction, and the over-production of urine at night.
- Successfully treating bedwetting removes the emotional burden placed on the child and improves day time functioning, including social and school performance.
- Bedwetting can be treated and families should speak to a healthcare professional to seek further support
- The GWAS study suggests that further research into gene and genetics variants could help lead to earlier identification of children predisposed to bedwetting and improved earlier treatment options.

What is World Bedwetting Day?

- World Bedwetting Day is held every last Tuesday in May to raise awareness among the public and healthcare professionals that bedwetting is a common medical condition that can and should be treated.
- World Bedwetting Day was initiated and supported by the World Bedwetting Day Steering Committee, which consists of the International Children's Continence Society (ICCS), the European Society for Paediatric Urology (ESPU), the Asia Pacific Association of Paediatric Urology (APAPU), the International Paediatric Nephrology Association (IPNA), the European Society of Paediatric Nephrology (ESPN), the Sociedad Iberoamericana de Urologia Paediatrica (SIUP), and the North American Paediatric Urology Societies. This initiative is supported by Ferring Pharmaceuticals.

Where can I find more information about bedwetting?

For further information about bedwetting, please visit:

www.worldbedwettingday.com

www.eric.org.uk

www.bbuk.org.uk

If your child has bedwetting and you would like to be referred to the Children's Continence Service please see your GP to ask for a referral.