



# St. John Vianney Catholic Primary School



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9<sup>th</sup> February, 2018

Dear Parents and Carers,

Within our school, we offer a programme of support for children who have recently experienced a change in home circumstances or a bereavement within their family. This support programme, called *Rainbows*, consists of a series of structured support sessions to help these children cope with the new situation in which they find themselves.

When something significant happens in a family, the entire family is affected. Even though children often appear to cope remarkably well with death, divorce and separation, it can still have a profound effect on them. Children may find it difficult to verbalise their feelings of grief because of their age and inexperience. *Rainbows* has been found to help pupils work through their emotions.

We have a team of very sensitive, caring and highly trained staff who will be able to help your child put their feelings into words, work through their grief, build a stronger sense of self-esteem and begin to accept what has taken place in their family. The groups will meet once per week through the course of the programme. Can I please assure you of confidentiality within this programme and reinforce that all relevant safeguarding procedures will operate alongside this programme in school.

If you would like your child to take part in this programme, then please complete the form below and return it to your child's class teacher by Monday 19th February. Thank you for your continued support.

With very best wishes,  
Mrs Meldrum  
Deputy Headteacher

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I give my permission for \_\_\_\_\_  
in Year \_\_\_\_\_ to participate in the Rainbows programme.

Signature (Child): .....

Signature (Parent): .....

Date: .....



