

# Littledean Church of England Primary School

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*People with time for Children*

12<sup>th</sup> September 2018

Dear Parent or Guardian,

We're very excited to be welcoming top athlete Katrina Hart to the school on Wednesday 26<sup>th</sup> September 2018.

Katrina Hart will be leading a **sponsored fitness circuit with all pupils**, and will follow-up with a talk and question and answer session. The aim of the event is to **inspire the pupils** to take up sport generally, but just as importantly to encourage them to discover and then pursue their **passion in life**.

Attached is a sponsorship form for your child to use in order to help raise money for the event. You can also sponsor your child by following the below link:

[www.sportsforschools.org/myevent](http://www.sportsforschools.org/myevent)

As the sponsorship form and online sponsorship page explain, much of the money that is raised will be used to buy **sports equipment** for the school, while also **supporting GB athletes (including Paralympic athletes)**.

Please ensure that **sponsorship forms are returned to the school and sponsorship money is paid on the sports for schools website (details above), through our online payment system [www.parentpay.com](http://www.parentpay.com) or through paypoint** – please request a **barcode letter from the school office** before 3<sup>rd</sup> October 2018.

Please also make sure that your child/children come to school on the event day with their PE Kits!

Thank you in anticipation of creating a terrific and memorable event.

Miss Pearson

Holly Leaves Class Teacher

Head teacher: Mrs Hayley McGoldrick



# THE EVENT:

## THE DVD ASSEMBLY

Today I watched a DVD in assembly which announced the GB/Olympic athlete visiting my school and which sport they compete in. I'm going to be doing a sponsored fitness circuit to raise money for sports equipment at my school.

## PRACTICE

I'll practice the 4 exercises before the event so I can do them alongside my athlete.

MY EVENT DATE:

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MY ATHLETE:

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## THE EVENT DAY

I'll complete the fitness circuit and then listen to the athlete give a talk, share their experiences and tell us about how they've worked to reach the top of their discipline. I'm working on some interesting questions to ask at the end of the talk.

# THE EXERCISES:

I will complete as many of the following exercises as I can in 1 minute intervals:



Spotty Dogs



Leg Drives



Push Ups



Star Jumps

# AFTER THE EVENT:

I'll have one week to collect up my sponsorship money and then I will need to return the front two pages of this form to the school office.

SPONSORSHIP DUE DATE:

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**£100**

Could buy my school 15 footballs.



**£250**

Could buy my school 2 basketball hoops.



**£500**

Could buy my school a gym mat trolley & 5 gym mats.





# GET YOUR FRIENDS AND FAMILY INVOLVED



Find out more about your event and the Athlete visiting your school at [www.SportsForSchools.org/MyEvent](http://www.SportsForSchools.org/MyEvent)



1.



**Set up an online fundraising page**  
(takes 90 seconds) Simply visit [www.sportsforschools.org/sponsormychild](http://www.sportsforschools.org/sponsormychild)

2.



**Make the 1st donation**  
The best way to encourage others to support your child is to be the first to sponsor them. The amount is less important than the act!

3.



**Invite others**  
Share your child's fundraising page with friends and family to get the donations rolling in.



See tweets and pictures from our events **@sportsfs**



See our fun facts on Facebook **@sportsfschools**



Sign up to our bite size articles about health, nutrition and exercise at [www.sportsforschools.org](http://www.sportsforschools.org)

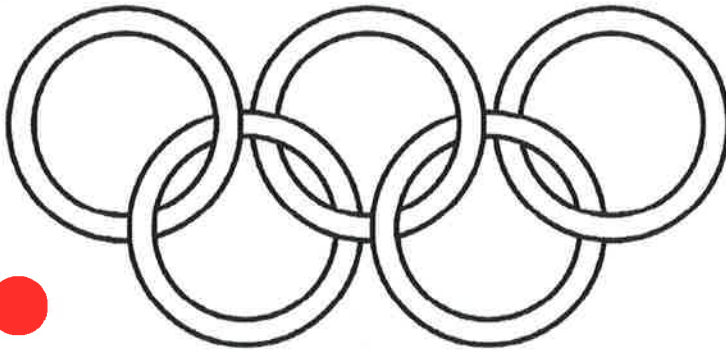


To find out more about Sports for Schools and how we fund the scheme, visit: [www.SportsForSchools.org/funding-for-schools/](http://www.SportsForSchools.org/funding-for-schools/)

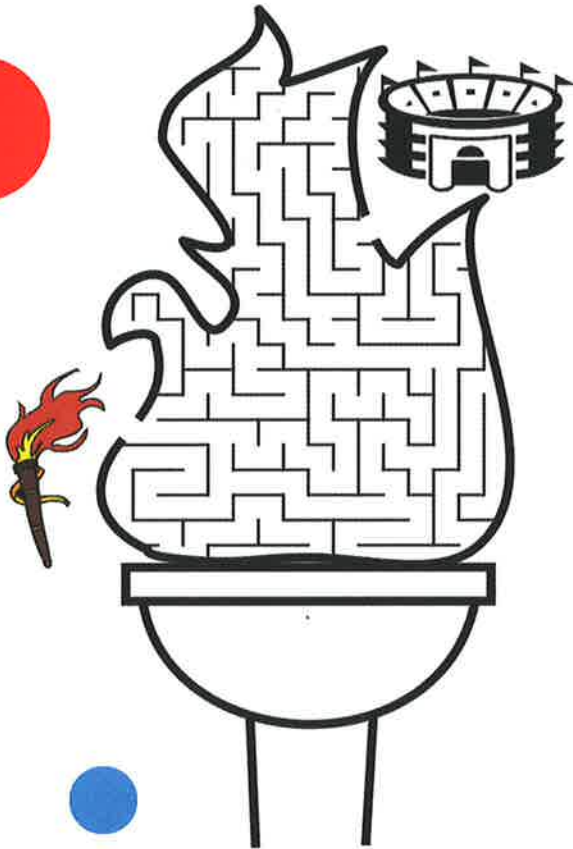
We'd love to hear from you – post us your pictures and comments on social media

# COMPETITION TIME

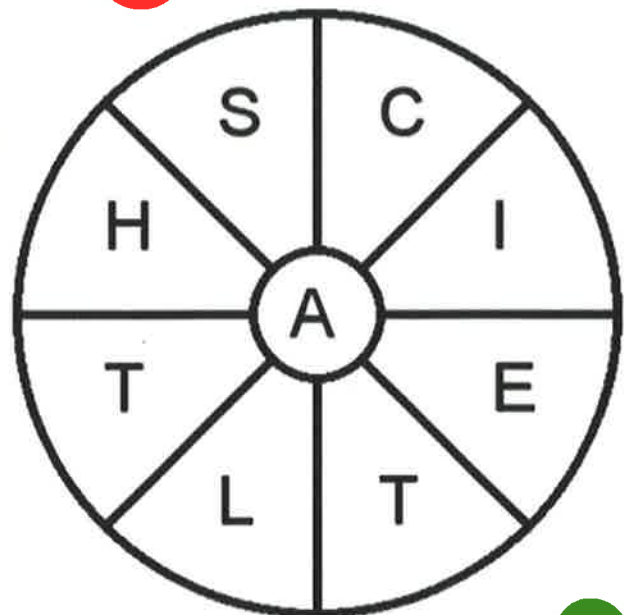
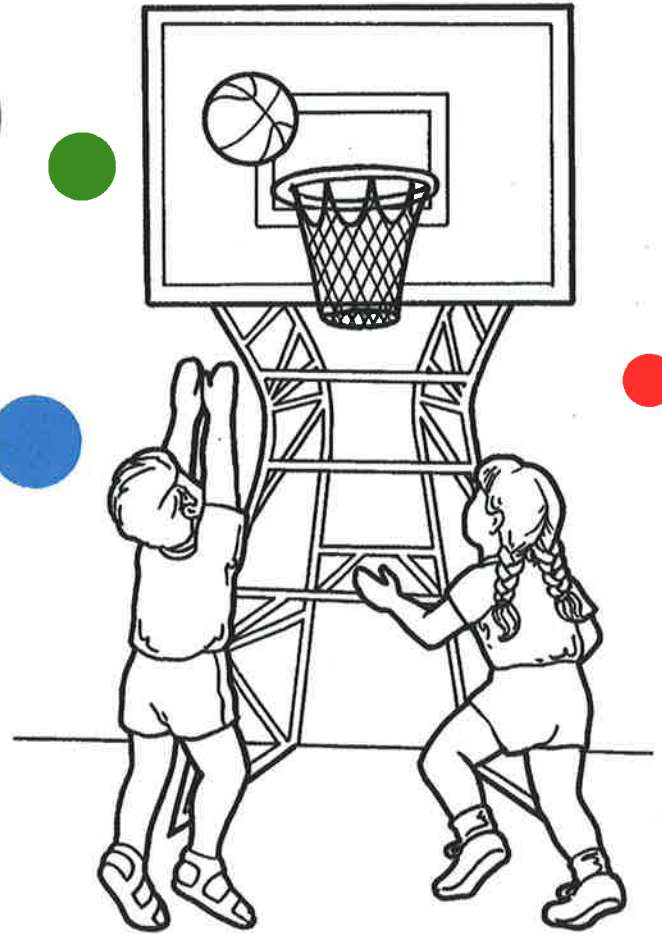
Colour in the drawings!



Can you find a way for the Olympic Torch to get into the Olympic Stadium?



See how many words of three or more letters you can make using the middle letter in each one. Can you find the word that uses all the letters?



Send a picture of your answers to [competition@sportsforschools.org](mailto:competition@sportsforschools.org) to be in with a chance of winning a t-shirt!