

St Ives Infant School

Personal, Social and Health Education Policy

Statement

St Ives Infant School and Nursery is a happy vibrant community school where diversity and individuality are celebrated. We nurture and inspire children to develop confidence and resilience in an environment where efforts are valued and all children flourish.

Our school vision and ethos is strongly supported through, and embedded in, the delivery of our PSHE whole school approach to our curriculum. We are committed to ensuring that the emotional and social needs of our children are met within the school environment, and we support the development of children's health and well-being, self-esteem and confidence,

As part of providing a broad and balanced PSHE approach, we are able to nurture and support the moral, spiritual, social and cultural development in young children and promote the fundamental British values in young lives.

We aim to support children to develop the knowledge, skills and understanding they need to lead confident, healthy and independent lives. We recognise that our school vision is crucial to this learning and should be at the heart of whole school development.

The delivery of our PSHE curriculum through a whole school approach is implemented from nursery through to year 2. It is underpinned by five fundamental aspects of emotional well-being linked to our vision statement; the following themes will be covered:

Curiosity, Confidence, Positivity, Caring, Friendships.

Planning, teaching and learning

This approach will be devised in such a way that the learning skills for each year group are progressive and age related.

DfE 2014: 'We expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.'

Early Years Foundation Stage: Core Themes

- Health and Self-care
- Making Relationships
- Self Confidence and Awareness
- Managing Feelings and Behaviours

Key Stage 1: Core Themes

- Health and Wellbeing
- Relationships
- Living in the Wider World

The programmes of study will be delivered through Core and Foundation subjects, topics and general management of the classroom. Whole school assemblies will provide opportunities to introduce and support Core Themes.

In order to support the daily social and emotional development of our children each teacher will provide opportunities to address ongoing issues. These will be assessed, planned and delivered using a range of provision and resources. These will include:

- Circle times
- Thrive intervention
- Growth mindset
- Wellbeing and involvement (Ferre Laevers)

Promoting British Values

Schools should provide the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

These values will be promoted through a range of opportunities including

- The Setting Sail curriculum
- Own Learning Time
- Assemblies
- The local and wider environment.

Partnerships

The school will endeavour to provide opportunities for the children to have experience of a range of people with areas of expertise. Where a contribution is made by a visitor the school will be clear on the nature of the contribution and the visitor will be asked to meet the needs of the outcome set by the school, not necessarily by their own personal or organisational agenda. All visitors will follow the visitor policy.

Regular visitors will include:

- The local police education officer
- The Fire service education officer
- The school nurse
- Town councillor
- The lifeguard

Promoting a Healthy lifestyle

We aim to and support children in developing a healthy lifestyle. We promote the development of healthy living by:

- Providing healthy, freshly cooked school meals everyday
- Offering a range of after school clubs such as cooking, sports, yoga
- Providing fresh fruit daily
- Running a breakfast club for children from reception to Year three
- Running a lunch club in the Nursery