



Tredington Primary School

Policy on Personal, Social and Health Education

We aim to develop in our children a passion for learning; strong moral, social and cultural values; a hard working 'Can do' attitude; the ability to communicate with others clearly and a desire to explore and understand the world around them.

Our school mission statement is:

Friends learning together.

Explore, create and share.

Date of Last Review: November 2019

Date of Approval: December 2019

Policy agreed by Tredington Primary School governing body in December 2019

Date for Next Review: October 2020

Introduction

Our personal, social and health education (PSHE) programme promotes children's personal, social and emotional development, as well as their health and wellbeing. It helps to give children the knowledge and skills they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At Tredington Primary School, children's wellbeing, happiness and safety are our first priority, and PSHE is a key tool through which we can explore these areas with children. We value the importance of PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. We regard PSHE as an important and integral component of the whole curriculum, which is at the core of our school ethos.

Aims and objectives

At Tredington Primary School we aim to help the children to:

1. Develop confidences and responsibilities and make the most of their abilities.
2. Prepare to play and active role as citizens.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. Develop good relationships and respect the differences between people.
5. Understand some basic principles of finances
6. Make a positive contribution to the life of the school.
7. Know how to maintain physical, mental and emotional health and wellbeing.
8. Know how to manage change, including puberty, transition and loss.

Organisation

Tredington Primary School uses the PINK- People In the Know- curriculum to teach many of the elements of PSHE. We recognise that there are areas that PINK does not cover and these are addressed with specific topics where that occurs. We have a 2 year timetable to show where PINK and other topics cover the PSHE elements. The 2 year timetables are set out as Reception, Key Stage 1, Lower Key Stage 2 and Upper Key Stage 2. (See appendix showing KS1 timetable as an example).

We have an active school council which is made up of 2 pupils per class, Year1 – Year 5/6, who are voted in to this role from their fellow classmates. This supports the children's growing understanding of democracy and gives the children a voice in changing and making positive contributions to the whole school and local community.

We recognise that circle time is a very useful teaching model for many of the aspects of PSHE and this is recommended for use throughout the whole school.

PSHE and Citizenship will enable children to practice specific skills in structures contexts and in their daily life including:

1. Encouraging everybody to take responsibility for their actions throughout the collaborative agreement of class rules.
2. Involving children in the setting of targets for learning.
3. Encouraging children to recognize and respect differences between people.
4. The election of a school council in a democratic manner, which actively develops the direction of the school.
5. Developing each child's ability to work as part of a team and recognize the qualities of good citizenship.
6. Planned class visits and trips which widen the children's experiences beyond the immediate local environment.
7. Coming together as a school for collective worship and to celebrate academic and personal achievements.
8. Planning events which encourage the school to work together, for example: Christmas Nativity, School talent show, Young Voices.

We seek to promote a healthy lifestyle and self confidence for our community by:

1. The provisions of a range of after school clubs, stay and play and breakfast club.
2. Providing opportunities in school for children to learn a musical instrument.
3. Promoting the daily mile.
4. Whole school 'wake and shake' sessions led by a member of staff.
5. Free fruit for **all** children in the school.
6. Availability of milk and water at school.
7. Attention to the needs of SEN and Gifted & Talented children.
8. Fortnightly Wednesday notes to parents.
9. Good links with Tredington Teddies Playgroup.
10. Support from Tredington Friends committee.

Time Allocation

Each class should aim to allocate a minimum of 20 minutes each week to PSHE. Two school council meetings will be held per half term, at the beginning and end of each short term, to discuss change and evaluate school council effectiveness. Teachers will aim to set aside time in class to discuss matters arising from school council meetings.

Display

Every class will have a PSHE display outlining their current topic and showing examples of children's work (this could be in the form of pictures, drawings, written work, post it notes or extracts taken from oral discussion). In the school playground there is an information board showing school council news and displaying achievements of the children. Inside the school hall there is a display board showing our schools development and knowledge surrounding British values.

Resources

Each class teacher has a folder containing PINK and other topic resources for the 2 year timetable. All other resources for PSHE are kept in Ahlberg class. All staff have access to the PINK curriculum webpage should they wish to have an electronic copy of any resources.

Monitoring and Assessment

Children are informally assessed by staff throughout their work. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher's planning. Evidence of PSHE will be in a variety of forms e.g. photographs, written work, pictures. The very nature of PSHE means that careful consideration should be given to the best means of recording and staff will use their professional judgement in this. At the end of each topic children will be asked to complete a short evaluation of their learning (this can be done individually or as whole class). Staff will also be asked to complete a short evaluation to sum up the effectiveness of the topic and teaching of PSHE in their class. From this improvements can be made to make PSHE more effective within our school.

Responsibilities

The PSHE Subject Lead is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Evaluating progress throughout the year and giving feedback to the Head teacher.
- Attending courses and providing staff with appropriate feedback.
- Organising in school training, where applicable.
- Developing and holding school council meetings.
- Completing a whole school PSHE assembly focusing on current topic, minimum 1 per half term.

Each class teacher is responsible for delivering the PSHE curriculum to their class and being aware of what extra lessons may be needed to cover any aspects that may arise. Teachers should take ownership of their class PSHE teaching and can move away from the set timetable to fit in with the needs of their class.

Relevant policies: Sex and Relationship policy, Anti-bullying policy, Mental Health and Wellbeing policy, SEN policy.

