



FEDERATION NEWS

I really cannot believe just how quickly this half term is flying by. Before we know it we will be breaking for Easter holidays.

Clubs – Please note that clubs are now finished for this term. Table Tennis club at St Peter's will be cancelled on Friday 24th March for the Disco. At the moment we are just beginning to plan out clubs for next term and wanted to ask whether there are any parents with a real passion for anything that they would want to share with the children by running a club. Whether it be photography, art, cooking or DIY, it would be great to hear from you if you felt able to offer something. Please indicate on the slip below and return to the school office or email admin@tcsfstcmat.org. Thank you.

Sainsbury's Active Kids vouchers – we are now collecting for this up until 30 June this year. Please drop in any vouchers to either school office – these help us purchase equipment for the children to use at both schools. Please spread the word to family and friends. Thank you.

Toddler Group – Held on Mondays from 1.45pm – 2.45pm at St Rumon's CE School. All families are welcome and refreshments are available. Please come for music, singing, crafts and to meet new friends.

Comic Relief Day – Friday 24 March – Children are allowed to come into school wearing their school uniform back to front. If you would like to make a small donation for Comic Relief, it would be very much appreciated. Thank you.

Free Parent Training Session in Emotional Logic - Members of the Emotional Logic charity schools team, led by Christiaan Stirling, will be providing a free session for parents and staff on Wednesday 29th March, in St Peter's school hall, between 6pm and 7.30pm. If you would like to learn more about dealing with difficult issues such as coping with change, self esteem, depression, anxiety or anger, please come along. The team will teach techniques which can be used at home to explore difficult emotional issues (with both children and adults) and explain how many of the emotions that feel unpleasant have a useful purpose which can be used in the right way to develop emotional resilience. Parents who attend will be able to discuss various scenarios with other parents and will have an opportunity to talk privately with someone from the charity if they would like further support for their child or an adult they are concerned about. Please note that, due to the nature of the issues the team will be covering, this session is NOT suitable for children. More information about the charity can be found at www.emotionallogiccentre.org.uk. Please could you let us know via e-mail (c.stirling@tcsfstcmat.org) if you are intending to attend. Many thanks.

Primary Challenge – Congratulations to all the children who made it and completed their final mile. It was great to see so many of our children and families taking part.

NSPCC - The NSPCC provided interesting assemblies at both schools today on the theme of 'speak out, keep safe'. This was followed by workshops for Y5 and Y6 who will be bringing home a booklet for parents called 'Your Child's Online World'. This guide can help you understand your child's life online, and keep them safe. For advice and support on setting up parental controls, adjusting privacy settings, understanding social networks and more, visit nspcc.org.uk/onlinesafety or call 0808 800 5002. The NSPCC will also be running a workshop for parents next term on online safety and we will let you have the date as soon as we have it. With the World becoming an ever more digital place it has now become a necessity that adults are better informed about how their children are interacting with the internet, so please do visit the site and come to the sessions when they are available.

Parking – I regularly receive communication from members of the local community who have encountered issues with parents' parking. As with a great many schools, parking, in order to pick up children, is an issue due to lack of space. This week I have seen photographic evidence of instances where driveways have been totally blocked by parents parking across them. This is clearly unacceptable and does not reflect the strong Christian and community spirit of our school. Please could we request that

parents are respectful of residents' driveways when parking to drop off and collect children. Also, please can we remind parents not to drive into school grounds and to keep the approach roads free of cars. As we start to move towards the summer I hope that the weather improves and then more children will be able to walk to school.

Key Letters issued this week:

- NSPCC Assembly letter
- Handball competition invite

ST PETER'S NEWS

NSPCC Workshops - The NSPCC provided interesting assemblies at both schools today on the theme of 'speak out, keep safe'. This was followed by workshops for Y5 and Y6 who will be bringing home a booklet for parents called 'your child's online world'. **This guide can help you understand your child's life online, and keep them safe. For advice and support on setting up parental controls, adjusting privacy settings, understanding social networks and more, visit nspss.org.uk/onlinesafety or call 0808 800 5002** . The NSPCC will also be running a workshop for parents next term on on-line safety and we will let you have the date as soon as we have it. The lady running the workshops also commented on how well all our children behaved during the workshops and what fantastic listeners they were!

Princetown Cross Country Competition– This has now been cancelled due to the impending weather forecast and flooded fields. This will be rescheduled for Monday 27th March in the new venue of the Tavistock Meadows – meeting Mrs Walker at the bandstand at 4pm. A letter with further details will be issued this week.

Tavistock College Transition Days – There will be a Y6 Parent Information session and Meet the Tutor evening on Tuesday 27th June 2017. There will also be two Year 6 Step Up days – Monday 3rd and Friday 7th July . The college will contact parents directly with more information regarding these arrangements.

Fitbit found – If anyone has lost a fitbit – one has been found on the playground – please call into the office.

Teddy Bear Workshop – As part of their learning about the human body Y3/4 have had (or will be having) a visit from medical students from Plymouth University. The medics taught the children all about the body and how to diagnose their teddies! Thank you to the students, the children learned a great deal and had a great time too.



ST RUMON'S NEWS

Birds of Prey Centre - Year 1 and 2 had a fantastic day out on Monday to the Yarak Birds of Prey Center. We saw Barley on his first public flight this year and though he was a little shy we enjoyed watching him fly. We were surprised with how quietly he flew about the barn. Next out was a Harris Hawk, he wasn't shy at all and spent 20 minutes zooming over our heads.



Menu Change – Thursday 30 March – Please note menu change for next week on Thursday which is:
M/ Hotdogs
V/ Vegetarian Hotdogs
JP/ Coleslaw/Cheese
PM/ Ham/Cheese Sandwich
Seasonal Veg/Salad
Jelly, Fruit & Yogurt.

Food Hygiene: Congratulations to our kitchen staff who have retained their top rating of 5 for the food hygiene rating.

Fact of the Week Badge – The fact of the week for next week will be the letter E.

Please discuss this with your children so that they can come in with some interesting facts about this letter. We look forward to hearing their ideas as they come into school each morning.

ERIC - We would like Every Child Reading in Class. If you can spare half an hour every Friday at 2.30pm to come into St Rumon's school and listen to children read, please let your class teacher know. We would appreciate as many adults as possible to share books with children. Thank you.

Lunchtime Awards – Congratulations to our lunchtime stars this week who were Sophia Pratt, Joseph Shopland & Allanah Wills. Well done also to Plym Class who won an extra day's play on the climbing frames and scooters.

Church News

- **Friday 31st March** - End of Term Church Service - 2pm
- **The Tavistock Passion** – Community Play – Good Friday 14th April – 11am-12.30pm – The story of Jesus told on the streets of Tavistock.

SPRING TERM 2017– Diary Dates

Friday 24th March – Comic Relief Day

Friday 24th March – Mount Kelly Cross Country Festival – Newton Cup

Tuesday 28th March – Handball tournament at Tavistock College

Thursday 30 March - Year 5/6 Swimming Gala

Friday 31 March – Easter Church Service at 2pm

SUMMER TERM 2017

Monday 15 - Friday 19 May 2017: Year 6 Residential - Wye Valley

Tuesday 27 June - Y6 Parent Information session and Meet the Tutor evening at Tavistock College.

Monday 3 July & Friday 7 July - Year 6 Step UP Transition days at Tavistock College

COMMUNITY NEWS

Easter Holiday Activity Weeks: 3-14 April 2017 – Nurture Childcare – Lucy Gardner

Registered Childminder and Qualified Teacher

Daily activities 08:00- 17:30 (half days available) (Easter

Treasure Hunts/ Arts & Crafts/ Outdoor Exploration/ Ages 2-11;

Call Lucy on 01822 611266

Easter Holiday Soccer Schools run by Saints Southwest from JUST £7.50** for a full course 10am-3pm in Paignton**, Dawlish, Okehampton, Plymouth**, CREDITON, Langport, Exeter**, Truro, Taunton**, Kingsbridge, Ottery St Mary & Newton Abbot**. Ages 7-12 can attend 10am-3pm. Ages 4-6 can attend 1.30pm-3pm. To BOOK please visit www.saintssouthwest.co.uk or call 01803 206350.

Wizard of Oz Auditions – at The Wharf Tavistock – Tuesday 31st October – Saturday 4th November: Tavistock Musical Theatre Company :Looking for pupils aged between 7-11 to audition during May – If interested please contact tmtc@hotmail.co.uk.

EMOTIONAL LOGIC
FREE TASTER SESSION FOR PARENTS

Date: Wed 29th March Time: 6pm - 7.30pm
Venue: St Peter's Junior School, Tavistock

Emotional Logic is a conversational skill that equips people of all ages to manage change, setbacks, disappointments and hurts more constructively. The Emotional Logic Centre is a not-for-profit training organisation started in 2003 by a doctor to help people grow more resilient at home, school and work, and so to face the ups and downs of life better.

Discover the vital purpose of understanding emotions
It's all about you
Develop emotional resilience
Make sense of mixed messages
Connect across the generations
Become less withdrawn in the classroom
Share emotions with your children
Recognise and respond

Emotional Logic is proven to be safe and effective to help young people to overcome anxiety, self-harm and feelings of depression.

This taster session will give you a practical introduction to Emotional Logic, so you can start to use it straight away in your home and school relationships.

Information will be available on how to continue your learning, or arrange a personal appointment for you, or your child/family.

Please inform the school if you would like to attend this free taster session.

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