

Highworth Combined School & Nursery

HIGHWORTH CLOSE HIGH WYCOMBE BUCKS. HP13 7PH

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Newsletter – 25th January Issue 7

Letters sent home & eSchool messages this week: Y4 Assembly, Parking Message from the Police, Change to School Opening Hours (due to the snow), Netball Club, Handball Festival (Y5), Science Event (Y5)

Dear Parents and Carers

The weather has certainly made this an eventful week. Please can I say a big thank you for your understanding when we were late dismissing your children on Tuesday (due to an unfortunate activation of our fire alarm!) and for the delayed opening of the school on Wednesday. I know these events will have caused you inconvenience, and am grateful for your tolerance of the difficulties.

The school was able to open on Wednesday due to the hard work (until very late on Tuesday) of a small band of parents who cleared and gritted the school access road. If you would like to know more about 'Snowforce', as this group of volunteers are known, and perhaps join them for any future snow clearance, please see the Highworth Friends Website for more details. As some forecasts are suggesting further wintery weather in the coming week, they may well be very grateful for your help.

Best wishes for an enjoyable weekend with your families.

Kind regards
Clare Pankhania

ATTENDANCE

The display board at the front of the school shows each year group's weekly attendance.

SCHOOL ATTENDANCE TARGET IS 96%

BEST ATTENDANCE: 96.1% (CLASS 6S)

**OUR WHOLE SCHOOL ATTENDANCE IS
WELL BELOW TARGET AT 92.9%.**

**THE SNOW & ICE HAS MADE A SIGNIFICANT
IMPACT ON THIS WEEK'S ATTENDANCE
FIGURES!**

Dates for the Diary

Tuesday 29th January

English for Health and Wellbeing course for parents
– 9.30am

Wednesday 30th January

Triple P Positive Parenting Course – 12.30pm

Friday 1st February

Reception Gymnastic Sports Hub Event – 1.30pm

PTA Quiz Night -7pm

Parent Zone

Time out for parents/carers of children with ASD age 3-11.

Do you think that you may have a child who has ASD? (Autism Spectrum Disorder).

I have been able to secure some **FREE** training for parents of Highworth pupils who feel they may have a child with ASD (the child does **not** need to have a diagnosis to attend). The course will run for 3 weeks:

Wednesday 20th March 12.30 -2.30pm

Wednesday 27th March 12.30 -2.30pm

Wednesday 3rd April 12.30 -2.30pm.

The course will be held in the Scout Hut at school but places need to be booked via Beccy Hatch. Places will be limited so if you would like to take part then please email me

hatchb@highworthcombined.co.uk

Please see attached flyer for more information about the course.

Adult Learning Courses

Results from the last parent survey showed that quite a lot of you would like some help with managing stress and anxiety. I am pleased to say that Adult Learning are offering a 5-week **free** course on Managing Stress with Mindful Techniques.

This course will help you learn to:

Understand your feelings and manage your emotions

Cope with different situations in a positive way and learn some useful strategies to cope with day-to-day stress

Please see attached flyer for more information and details of how to apply.

Kind Regards

Beccy Hatch

Parent Support Worker

Time out for parents/ carers with

Children with ASD

Age 3-11

A Three week programme exploring.

Session 1 what is ASD?

- What causes ASD
- Interventions and therapies.
- Sensory processing.

Session 2 Understanding the Trait of Impairments.

- Communication difficulties.
- Social Interaction.
- Imagination
- Special Interests.

Session 3 Understanding and managing Behaviour.

- Behaviour that annoy or worry.
- Principles of behaviour management.
- Anxiety
- Oppositional behaviour.
- There is always a reason.

Course run by Leonie Cowlard who works for Wycombe Youth for Christ who's been a trained facilitator since 2011 running courses by a national charity Care for The Family who have been designing courses for over 30 years.

www.careforthefamily.org.uk



ADULT LEARNING
BUCKINGHAMSHIRE



Education & Skills
Funding Agency

Come along and join our friendly and informal courses

5 *FREE sessions, 10.00 - 12.00noon

* Conditions apply - please contact Debbie for further information

Managing Stress with Mindfulness Techniques

Tuesday 26 February- Tuesday 26 March

Quarrendon Adult Learning Centre, Holman Street, HP19 9LJ

This course will help you learn to:

- Understand your feelings and manage your emotions
- Cope with different situations in a positive way and learn some useful strategies to cope with day-to-day stress

There are normally 6 - 12 people on these courses

Please note that the course can only run if at least six people attend regularly.

**To book a place please contact Debbie Garwood on 07770 802497
djarwood@buckscc.gov.uk or cldevteam@buckscc.gov.uk**

We welcome Text Relay calls prefix 18001

AYL/



www.adultlearningbcc.ac.uk

