

Highworth Combined School & Nursery

HIGHWORTH CLOSE HIGH WYCOMBE BUCKS. HP13 7PH

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Newsletter – 5th April 2019 Issue 16

Letters sent home & e-School messages this week

Polling Station, New Course for Parents with Children with ADHD, Science Activities, Lost Property, Bikeability Training (Y4), Lego Club (Y2), Cricket Club (Y3-Y6), Athletics Club (Y3-Y6), Running Club (Y3-Y6), Tennis Club (Y4-Y6), Girls Fitness Club (Y5 & Y6), Athletics Club (Y1 & Y2)

Dear Parents and Carers

It is hard to believe that the Spring Term is almost at an end already. That said, I know that lots of pupils are ready for the break from routine that the holidays provide. If the weather stays reasonable, please encourage your children to spend lots of time outside 'recharging their batteries' and taking a break from the temptations of technology in all its forms.

Thank you if you were able to come and support the school at the Easter Fayre held yesterday. As usual, the Easter Egg tombola was especially popular. Please have a look at the website to see a few photographs from the event along with some taken today during our Easter Assembly: <https://www.highworth.bucks.sch.uk/web>

My very best wishes for the most enjoyable of holidays and a reminder that we will look forward to seeing you all on **Tuesday 23rd April**.

Clare Pankhania

ATTENDANCE

The display board at the front of the school shows each year group's weekly attendance.

SCHOOL ATTENDANCE TARGET IS 96%

BEST ATTENDANCE: 97.2% (CLASS 6H)

OUR WHOLE SCHOOL ATTENDANCE IS

WELL BELOW TARGET AT 93.4%

**(WE NEED TO IMPROVE OUR
ATTENDANCE NEXT TERM!)**

PUNCTUALITY:

**Gates open at 8.45am and close at
8.55am. PLEASE ENSURE THAT YOUR
CHILD IS IN SCHOOL ON TIME.**

Dates for the Diary

Tuesday 23rd April

School re-opens to pupils

Friday 26th April

**Multi skills sports hub at HGSS (Y2)
- 12.45-2.45pm**

Parent Zone

New course for parents with children with ADHD.

We shall be running a new 3-week course called Time out for Parents with Children with ADHD in May. This course will focus on three areas:

- 8th May - Understanding ADHD
- 15th May - Managing hyperactive behaviours
- 22nd May - Managing impulsive behaviours

You must be able to attend all 3 sessions.

This course is open to all parents; your child does not have to have a diagnoses of ADHD to apply.

If you would like to apply for the course please email me

hatchb@highworthcombined.co.uk or pop into the office and let the staff know. Places are limited. Please see attached leaflet for more information.

Easter Holiday fun

Don't forget to check out the Bucks Family Information Service for ideas of activities of things to do over Easter

<https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/service.page?id=KkQbv4Tj-6o&familychannel=7-9>

Coffee Morning

Our next coffee morning for parents will be held on Monday 29th April at 9.00 – 10.30am. Come along for some or all of the session. It's a great opportunity to meet other parents in a relaxed environment whilst being able to ask me any questions you may have about school and how to help your child whilst enjoying a coffee and a biscuit. I look forward to seeing you there.

Swimming at Wycombe Leisure Centre

Please see attached leaflet about swimming lessons.

I hope you all enjoy the Easter holidays.

Beccy Hatch

Parent Support Worker

PTA News

We are starting up with treats for eats on the first Friday back from Easter holidays! Ice creams and ice lollies will be on sale every Friday until summer holidays. Each class will be assigned a day and we hope that you will be able to help out on your designated day. The money raised gets added up and divided between the classes.

**Time Out for Parents/carers with
Children with ADHD
Age 3-11 years.**

A three week programme exploring:

Session 1 understanding ADHD

- **What is ADHD**
- **Social emotional physical and academic difficulties.**
- **How the ADHD Brain works.**
- **Attention Deficit behaviours.**

Session 2 Managing Hyperactive behaviours.

- **Behaviour management strategies hyperactive Behaviours.**

Session 3 Managing Impulsive behaviours

- **Behaviour management at school.**
- **Impulsive behaviours.**
- **Managing Impulsive behaviours.**
- **Managing constant demands and anger.**
- **Treatment options for ADHD**
- **Coping strategies for parents.**

Course run by Leonie Cowlard who works for Wycombe Youth for Christ, trained to facilitate courses through Care for The family, since 2011 The charity has been designing courses for over 30 years.

www.careforthefamily.org.uk

Learn to swim at Wycombe Leisure Centre

Parent & baby lessons – Pre-school – Stages 1 – 10 – Adult lessons & Rookie lifeguard

1-2-1 Lessons

Free public swimming for under 16's on lessons

Fully qualified Level 2 teachers

If you can swim you can enjoy all of the exciting activities that the water has to offer.

We offer lessons for all ages from 5 months + and all of our lessons are taught by qualified teachers. We work to the National Governing Body for Swimming, 'Swim England Learn to Swim Programme' in all of our sessions.

01494 688100 www.wycombeleisurecentre.org

Lessons from £22.30

Learning to swim is an essential life skill!

30minute weekly lesson's for 50 weeks of the year

Free swimming hat for each child

Free stage achievement badges and certificate

Free Unlimited swimming during public swim sessions

Access to our course portal to review your child's progress, move them to new sessions, and review their achievements online at any time

Give your children the gift of learning to swim today

What's included in our swimming lesson packages:

For more details and bookings please email

catharinesmith@pfleisure.org

01494 688100 www.wycombeleisurecentre.org