

## Sense of seeing

### (Visual)

Visual processing refers to how the brain recognises and makes sense of what the eyes are seeing. This is so that we can make an appropriate response to keep ourselves safe or interact appropriately with the environment and other people. Vision is the strongest and most powerful predictor of what is going to happen.

Some children find it more difficult to concentrate in situations where there are lots of visual stimuli, and can find too much visual input overwhelming.

### Signs of difficulty relating to the Visual system

What you may observe	Possible solutions to try
<ul style="list-style-type: none"><li>• Behaviour of child becomes more erratic in a busier more visually stimulating environment</li><li>• Is visually distracted by others</li><li>• Notices everything that's happening in the room.</li><li>• Child keeps head and eyes facing downwards most of the time</li><li>• Startle at visual input.</li><li>• Show sensitivity to light.</li><li>• Be irritated by bright lights</li><li>• Prefer sunglasses/peak cap</li></ul>	<ul style="list-style-type: none"><li>• Allow the child to carry out activities in a less visually stimulating environment at intervals throughout the day. This may mean creating a suitable environment in the Pre-school classroom such as a blank corner separated by dividers or a table covered in a sheet that the child can crawl under.</li><li>• Pop up tents can provide an easily accessible calming environment.</li><li>• Child may like to wear sunglasses.</li><li>• Keep lighting dim.</li><li>• In the classroom, try the child sat facing a blank wall</li><li>• When working at a desk, seat directly in front of the teacher / whiteboard when listening to class discussion.</li></ul>