



HOLY TRINITY

Church of England Primary School

Relationships and Sex Education (R.S.E.)

Mission Statement:

Holy Trinity CE VA Primary School strives to attain excellence in all aspects of school life. We endeavour to develop the potential of each individual intellectually, physically, spiritually, socially and emotionally, within a secure, caring community, whose members seek to live by Christian values.

Rationale:

This policy states the aims and intentions of Holy Trinity CE VA Primary School in the Sex and Relationships Education curriculum.

Sex and Relationships Education at Holy Trinity CE VA Primary School is provided as part of each child's entitlement to a broad and balanced education contributing to their spiritual, moral, social and cultural development. The governors have ensured that the programme for sex education is well balanced and coherent and reflects the age and maturity of the pupils.

Sex and Relationships Education is taught in accordance with the DfES Guidance 2000 and the non-statutory guidelines of the Durham Diocese.

Definition:

The school agrees that:

'It is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching' (DfES Guidance 2000).

As part of sex and relationships education, pupils should be taught about the nature and importance of marriage for family life and the bringing up of children. But the governors recognise that there are strong and mutually supportive relationships outside marriage. Therefore pupils should learn the significance of marriage and stable relationships as the key building blocks of community and society. Care needs to be taken to ensure that there is no stigmatisation of children based on their home circumstance.

Pupils need also to be given accurate information and helped to develop skills, values and attitudes to enable them to understand difference and respect themselves and others and for the purpose of preventing and removing prejudice.

Principles:

With Holy Trinity CE VA Primary School the Christian ethos provides the context within which all personal development takes place. This means that Christian values and attitudes with the emphasis on the importance of marriage, the family and stable relationships to build a child's self-esteem, self awareness and a sense of moral responsibility will permeate all the curriculum – both explicit and 'hidden'.

Objectives:

Attitudes and values

- learning the importance of values and individual conscience and moral considerations
- learning the value of family life, marriage, and stable and loving relationships for the nurture of children
- learning the value of respect, love and care
- exploring, considering and understanding moral dilemmas
- developing critical thinking as part of decision making

Personal and social skills

- learning to manage emotions and relationships confidently and sensitively
- developing self respect and empathy for others
- learning to make choices based on an understanding of difference and with an absence of prejudice
- developing an appreciation of the consequences of choices made
- managing conflict
- learning how to recognise and avoid exploitation and abuse

Knowledge and understanding

- learning and understanding physical development at appropriate stages
- understanding human sexuality, reproduction, sexual health, emotions and relationships
- be aware of sources of help and acquire the skills and confidence to access advice and support if necessary

Management:

Accountability for the implementation of the Relationships and Sex Education Policy lies with the governing body of the school.

Governors recognise the need for the school to provide a coherent, well balanced programme of relationship and sex education which reflects the age and maturity of the pupils and the particular needs of both boys and girls. Parents are regarded as the primary educators of the delivery of relationship and sex education and We aim to work with them in partnership and they will be consulted and kept fully informed about the programme. Management of the policy will be by the Head Teacher.

Withdrawal:

Parents have the right to withdraw their children from those aspects of sex education that are not part of the National Curriculum. If there are parents who exercise this right care will be taken to ensure that they are informed of not only when Sex Education is being provided for the other pupils in their children's classes or year groups, but also what ground is being covered. This is so that they may be

prepared for questions they may be asked as a result of informal peer group discussion outside the classroom.

Organisation and Content of Relationships and Sex Education

The delivery of Relationships and Sex Education at Holy Trinity is through its PSHCE programme, RE and Science lessons. Much of the sex and relationship education at Holy Trinity takes place within PSHCE lessons. Teachers generally deliver the PSHCE curriculum with support from professionals where appropriate. School staff are usually the best people to work with the pupils on many of the SRE topics as they are aware of each pupil's individual circumstances. SRE lessons are set within the wider context of the PSHCE curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also taught as part of National Curriculum Science. The PSHCE Programme and Science National Curriculum are taught in every year. The specific programme used for the teaching of Relationships and Sex Education is the Lucinda and Godfrey programme. The resource is based on two characters Lucinda and Godfrey who begin nursery school together. It follows them through their primary school and considers the physical and emotional changes children face during this period. Staff will adapt this to suit the individual needs of pupils.

Foundation – 'We are all different.' Considers differences between girls and boys including body parts and the correct names.

Year 1 – 'Exploring friendship and trust'. Deals with both concepts and how early friendships develop.

Year 2 – 'Keeping Clean'. The 'Smell Monster' helps the children look at personal hygiene and consideration of others.

Year 3 – 'Your feelings your choice'. Looks at safety and personal boundaries, who to tell and decision making.

Year 4 – 'Keeping safe'. Deals with peer influence and who to talk to. Introduces the concept of 'risk' and taking responsibility.

Year 5 – 'Growing and changing'. Physical and emotional changes as puberty begins.

Year 6 - 'Growing and changing'. Changing relationships, reproduction, contraception. Begins to take account of questions/issues children may ask in relation to what they hear about in every day life.

Use of visitors:

Holy Trinity CE VA Primary School has excellent links with Health Care professionals whose expertise can be drawn on for help when delivering sex education. When inviting outside professionals into school to contribute to Relationships and Sex Education the head teacher and governors ensure that they are sympathetic to the Christian ethos in which this education takes place. They will have sight of this policy.

Inclusion*Ethnic, Cultural and Religious Groups*

We intend our policy to be sensitive to the needs of different ethnic, cultural and religious groups. We encourage parents /carers to discuss any concerns with the Head teacher.

Pupils with Special Needs

We will ensure that all pupils receive sex and relationship education, and we will offer provision appropriate to the needs of all our pupils, taking specialist advice where necessary.

Sexual Identity and Sexual Orientation

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate question and offer support. Pupils, whatever their developing sexuality need to feel that sex and relationship education is relevant to them.

Confidentiality and Safeguarding

It should be made clear to pupils that all adults in school cannot guarantee absolute confidentiality. This should be made clear when forming the class Ground Rules. Any child who speaks to the Child Well-Being Officer will be reminded of the confidentiality agreement. It will be made clear that any disclosures may be passed on to relevant adults if there is concern about the safety of the pupil. The confidentiality agreement is clearly displayed in the Quiet Room.

Health professionals in school are bound by their codes of conduct but have a duty to share information with relevant others, if they believe that a child is suffering abuse.

Monitoring and Evaluation of Sex and Relationship Education

It is the responsibility of the Head teacher/ Leadership Team to oversee and organise the monitoring and evaluation of PSHCE, in the context of the overall school plans for monitoring the quality of teaching and learning. The PSHCE programme will be treated as a subject and will be involved in a yearly monitoring and evaluation exercise led by the Leadership Team.

The Governing body is responsible for overseeing, reviewing and organising the revision of the sex and relationship education policy and curriculum.

Ofsted is required to evaluate and report on personal, spiritual, moral, social and cultural development of pupils. This includes evaluating and commenting on the school's sex and relationship education policy, curriculum and on support and staff development, CPD and delivery.