



Year 3 PSHE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rolling Programme School Values: Year 1	Responsibility	Respect	Happiness	Honesty	Aspiration	Tolerance
Rolling Programme School Values: Year 2	Cooperation	Friendship	Health	Harmony	Fairness	Hope
British Values	Law and Democracy - school council	We listen to and respect other people's opinions and values. We respect the culture and beliefs of others.	We know that we are all special. We try and help other people.	We understand the consequences of our actions. We understand right from wrong.	We treat everybody equally. Courage	We treat everybody equally. Courage
Themes:	Team	It's My Body	Britain	Be Yourself	Aiming High	Money Matters
H - Health and Wellbeing R - Relationships L - Living in the wider world. C- Citizenship	H6 - To know the importance of and how to maintain personal hygiene. H8 - To know about change, including transitions (between key stages and schools), loss, separation, divorce and bereavement R1 - To communicate their feelings to others, to recognise how others show feelings and how to respond R7 - to offer constructive support	H1 - To know what constitutes, and how to maintain a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health. H2 - To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences.	R13 - To recognise different types of teasing and bullying, to understand that these are wrong and unacceptable L1 - To know how they can contribute to the life of the classroom and school. L2 - To know how to construct, and agree to follow, group, class and school rules and to understand how these rules help them. L3 - To know people and other living	H1 - To know what constitutes, and how to maintain a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health. H4 - To know about good and not so good feelings, a vocabulary to describe their feelings to others and develop simple strategies for managing feelings. H5 - To know about change and loss and the associated	H5 - To know about change and loss and the associated feelings (including moving house, losing toys, pets or friends). R16 - To recognise and challenge stereotypes CC - to face new challenges positively by collecting information, looking for help, making responsible choices, and taking action. CE - about the range of jobs carried out	L13 - To know about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer. L14 - To develop an initial understanding of the concepts of 'interest', 'loan', 'debt' and 'tax' (e.g. their contribution to society through payment of VAT). L15 - To know that resources can be allocated in different



	<p>and feedback to others</p> <p>R11 - That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)</p> <p>R12 - To recognise when people are being unkind to them or others, how to respond, who to tell and what to say</p> <p>L7 - to know about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices.</p> <p>L8 - To know the ways in which they are all unique; understand that there has never been and never will be another 'them'.</p>	<p>H3 - To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals.</p> <p>H7 - To know how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others; to develop simple skills to help prevent diseases spreading.</p> <p>H10 - To know the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls.</p> <p>H11 - To know that household products including medicines, can be harmful if not used properly.</p>	<p>things have the rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that they have borrowed).</p> <p>L4 - To know that they belong to different groups and communities such as family and school.</p> <p>L11 - To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom.</p>	<p>feelings (including moving house, losing toys, pets or friends).</p> <p>H6 - To know the importance of and how to maintain personal hygiene</p> <p>H7 - To know how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others; to develop simple skills to help prevent diseases spreading.</p> <p>H8 - To know about change, including transitions (between key stages and schools), loss, separation, divorce and bereavement.</p> <p>H13 - To know about people who look after them, their family networks, who to go to if they are worried and how to attract their</p>	<p>by people they know, and to understand how they can develop skills to make their own contribution in the future.</p>	<p>ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world.</p> <p>L17 - To explore and critique how the media present information.</p> <p>CE - about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future.</p>
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