

During the academic year the below Sex and Relationships scheme of work will be taught as part of the PSHE and Science curriculum. During this year your child is going to have lessons in the following areas:

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| Year 1 | Rules on basic hygiene for washing hands and brushing teeth and to know that all families are different. |
| Year 2 | Animal life cycles, differences and similarities between boys and girls and labelling parts of the body. |
| Year 3 | To know the names of body parts, to understand what personal space means and to understand that all families are different. |
| Year 4 | How the body changes when a child grows up, that this change is called puberty and an understanding of the physical changes which occur during puberty. |
| Year 5 | The main stages of the human life cycle and the emotional and physical changes that happen during puberty. |
| Year 6 | The emotional and physical changes that happen during puberty and to know some basic facts about pregnancy and conception. |

We will be using a variety of resources which include Living and Growing, It's Different for me and parts of the kidshealth.org website. If you would like to know more about the lessons please do not hesitate to contact the class teacher.

If in the unlikely event you do not wish for your child to participate in this aspect of the curriculum, please inform the class teacher and provision will be made for your child to spend the time with another class.