

# Sparsholt C. E. Primary School

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Thursday, 01 April 2021

Dear Parents,

## **Journey to Kampala Sponsored Event**

Here at Sparsholt C of E Primary School we are courageous advocates of the Winchester based international charity, Karis Kids. Since the coronavirus pandemic hit worldwide, the families living in the slums of Kampala have faced further difficulties and hardship and are in desperate need of our support. The money we raise as a school community will buy the orphaned children of Kampala school uniform and school shoes.

We are all very excited about our **Sponsored Journey to Kampala Challenge**. The idea is to collectively walk, run or cycle the equivalent distance from Winchester to Kampala in Uganda, which is 9,173km. Since the return to school, children and teachers in every class have set **The Wheel of Wheel Being** in motion and have been enthusiastically, 'walking and talking' their way around the field and playground, and recording the distance travelled on a daily basis. We have set the whole school target of walking 3,000km before Easter. That leaves a distance of 6,173km to travel during the Easter holidays, which is 15 days' worth of activity - this is where you come in!

We would like you, as a family, to set the **Sparsholt Wheel of Wellbeing** in motion and record the distance you have walked, run or cycled every day. Each individual in your family can add to your total. Please invite your wider family to add to your family grand totals. This could be a great motivator to increase your activity levels over the Easter break, improving your sense of wellbeing by getting into the great outdoors and at the same time helping others. I have already heard of some phenomenal distances covered by our families over the last couple of weeks and the children have been extremely proud of their achievements.

We hope, as many of our families will take part during the Easter Break and help us reach Kampala. It would be fantastic and help to make a real difference if your family were able to pledge an amount of money for taking part in the Journey to Kampala challenge or gain sponsorship for this worthwhile cause.

I have attached a **Travel Log** (which you can pin on your fridge or noticeboard); alternatively record the distance travelled on the **Strava** app (instructions on joining our school Journey to Kampala Club are also attached).

By joining in with our **Journey to Kampala Challenge**, you will all be engaging with every spoke of our **Wheel of Wellbeing** and we think you will definitely feel so much better for it!

Thank you for living out our school Christian values of courage, compassion and creativity.

Best Wishes,

Mrs Gwilliam

Deputy Headteacher



*Instructions for joining the **Sparsholt School Journey to Kampala Club** on Strava*

1. Download Strava app (if not already done so) - It's free!  
Once registered for the app:
  2. Click on "Explore" (bottom of page)
  3. Click on "Clubs" (top of page)
  4. In "find a club..." box, type **Sparsholt School Journey to Kampala**.
  5. Click on it when it appears (it's a red Karis Kids logo)
  6. Click "Join".
- Record all walking and running activities as RUNS (button at the bottom of the Record page) and then all then the mileage will appear in the club leader board.  
Details of the club can be found in the profile page.

**Journey to Kampala** 

Join us on our 9174km journey to Kampala!

  



Sponsor us and help us to walk, run or cycle the distance to Kampala.



# Journey To Kampala Travel Log

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				2nd	3rd	4th
5th	6th	7th	8th	9th	10th	11th
12th	13th	14th	15th	16th	17th	18th

**Family Name:** .....

**Our Family Grand Total (km):** .....

**Total Sponsorship Pledged (£):** .....