



RSHE



What do children say about 'RSHE' at South Petherwin, what do they enjoy?

"It teaches us ways to keep safe"

"We learn about how we can stop bullying"

"Helps us build our confidence and be more resilient"

"How to keep safe online which is very important"

"It tells us how to keep ourselves and others healthy"

"It helps us develop our friendships and to be responsible"

Our Vision for 'RSHE' – why are pupil's learning it?

At South Petherwin Primary School the principal aim of RSHE is for children to develop skills, attributes and knowledge they need to keep healthy, safe and equipped for life at secondary school and beyond.

Our vision is for all pupils to flourish in the world around them. We endeavour to ensure that all pupils have a range of skills and interpersonal skills that will help them to succeed in life, as well as being positive citizens.

All pupils are equipped with skills to support and enhance a healthy lifestyle as well as having a healthy mind-set.

What 'RSHE' looks like at South Petherwin Primary School

The teaching of RSHE at South Petherwin Primary School is carefully designed, planned and implemented through 'Brook Learn' to ensure that all pupils are challenged to fulfil their potential. RSHE lessons are rich in resources, oracy, vocabulary, questioning and content enabling all children to be resilient and to understand how to keep themselves safe and happy in their world.

The 'Brook Learn' scheme of learning, which includes statutory Relationships and Health Education (England), is divided into three core themes, which run throughout the key stages: **Health and Wellbeing, Relationships** and **Living in the Wider World**. The programme gives children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

Pupils also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as a British citizen.

The impact of the RSHE teaching can be evidenced through our children's social skills, personal skills, personal skills, respect towards each other and themselves, as well as their ability to live in the ever changing world around them.