

South Petherwin School

Sun Protection Policy



Rationale

This policy represents the agreed principles for sun protection throughout South Petherwin School. It has been agreed by governors and the school staff.

We want our pupils and staff to enjoy the sun safely. We believe that sun safety is important to ensure that pupils and staff are protected from skin damage caused by the harmful ultraviolet rays in sunlight. We will work with staff, pupils and parents/carers to achieve this.

Education

- All pupils will learn about sun safety and protecting their skin through curriculum opportunities and in assemblies.
- Parents/carers will be reminded, in our newsletter, of the dangers of sun exposure and preventative measures, and informed of our sun safety policy. We will explain what the school is doing about sun protection and how parents/carers are asked to help.
- Pupils will be told about the importance of drinking more water when it is hot and will be encouraged to bring water bottles to school.
- Staff will be encouraged to praise pupils that adhere to sun protection guidelines.
- Staff will be encouraged to remind pupils of the need for sun protection if they are ignoring guidelines.

Protection

We will provide an environment that enables pupils and staff to stay safe in the sun. When inside, we will ensure the classrooms remain cool by the use of fans and ensuring a 'through draft' with open windows.

The Five S's of sun safety

SLIP on a TShirt

SLOP on SPF 30+ broad spectrum UVA sunscreen (ideally UVA rating 4*plus and preferably SPF 50)

SLAP on a hat

SLIDE on quality sunglasses

SHADE from the sun whenever possible

Shading

- Staff will encourage pupils to use shady areas during breaks, lunch times, sports days and trips out.
- Outdoor activities will be held in areas of shade whenever possible.
- We have a number of shaded areas including a purpose built roundhouse/bandstand on the school field and will encourage pupils to use these areas.
- If Sports day is held on a sunny day, additional shade will be provided by gazebos.

Timetabling

- If the sun is too hot PE lessons or any outdoor lessons will be held indoors, will be held under shade or will have their time slot changed.

Clothing

- We will insist that all pupils wear a sunhat when playing outside (spare sun hats will be provided by the school). If children do not wear a hat then they must stay in the shade.
- Pupils will wear t-shirts during PE or outdoor lessons to cover up their shoulders.
- We will encourage staff and parents/carers to act as good role models by practising sun safety
- Parents/carers will be asked to ensure their children wear appropriate cover clothing during sunny periods

Sunscreen

- The use of factor 30+ all day sunscreen will be encouraged across the whole school day and during outdoor school trips or visits.
- We will remind parents/carers to provide their child(ren) with sunscreen for school trips and events.
- We will not hold a stock of sunscreen in the school.
- Parents/carers will be asked to apply sunscreen to their children before they come to school.
- Parents/carers will be asked to provide their child(ren) with their own sunscreen to bring to school so that they can apply it themselves. This must be labelled with the pupil's name.
- The pupils will be encouraged to apply sunscreen themselves before playtimes and lunchtimes. It is not feasible for staff to apply sunscreen to every child in their class and therefore important that children practice applying it themselves when at home
- Staff will be encouraged to wear sunscreen during PE or outdoor lessons and when on playground duty.