



PSHE and Citizenship Policy

October 2020

Review Date: October 2022

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL PSHE AND CITIZENSHIP POLICY



Mission statement:

St Joseph's Catholic Primary School is an inclusive, vibrant, Catholic community where we encourage everyone to share a love of learning and the love of Christ.

Together, we hope to inspire each other to do the best we can and to embrace our future with confidence.

Aims and objectives

At St Josephs' Catholic Primary School, Personal, Social and Health Education (PSHE) and Citizenship aims to support the schools vision, mission and value statements. This will enable children to acquire knowledge, skills and understanding they need to lead confident, healthy and independent lives and to become informed, active and responsible citizens in a rapidly changing world. Children will be encouraged to develop a sense of worth by playing a positive role in contributing to school life, the parish and wider community. They will learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for children to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society, following the teachings of Jesus.

The school recognises that the fundamental British values of democracy, the rule of law and individual liberty and mutual respect and tolerance of those with different faiths and beliefs should be promoted. This will be achieved through the implementation of this policy.

Our aims are to up hold the values of our school which will enable the children:

- To recognise their own worth, work and play well with others and become increasingly responsible for their own learning.
- To respect others and form good relationships with everyone in the school and wider community.
- To understand our common humanity, diversity and differences.
- To know and understand what constitutes a healthy lifestyle.
- To develop safety awareness, including online safety.
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.

The school also recognises there is a growing problem with mental health issues within our school community. We have a learning mentor who works with children that are referred to her by parents and teachers (after gaining parental permission). All of the staff have had basic training to recognise children that may be suffering from mental health issues in order to get the right help for them.

Teaching and Learning

The Personal Social & Health Education curriculum will be taught through discrete and cross-curricular approaches using the Relationship and Sex Education (RSE) scheme of work 'Life to

the Full' and PSHE Association Program of Study - Thematic model which provides whole school themes across the academic year. We will use a range of teaching and learning styles, to including activities such as discussions, role play, games, investigations and problem solving activities. We organise classes so that all children are able to participate in discussion to resolve conflict or behaviour by communicating and articulating their feelings and opinions, in a non-threatening, comfortable environment.

We will encourage the children to take part in a range of practical activities to promote active citizenship, for example charity fund raising, the planning of special school events such as an assembly or open day, or involvement in an activity to help other individuals or groups who are less fortunate than themselves.

Children have opportunities to meet and work with members of the community, such as volunteers, police and representatives from our church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children will also take on different roles of responsibility during their school life. We will teach children the value of reflection in helping them to understand their spiritual, physical and moral development.

PSHE and Citizenship curriculum planning

We teach PSHE and citizenship mainly through the RSE Scheme of work 'Life to the Full' and the PSHE Association programme of study, however, some of the objectives are covered in other areas of the schools' curriculum e.g. RE, Assemblies, Science and the 'hidden curriculum; attitudes and expectations of behaviour promoted by adults in the school.

We also develop PSHE and citizenship through activities and whole-school events e.g. the school council representatives from each class who meet regularly to discuss school matters, Key stage 1 and Key stage 2 visits to church and each year group participating in annual school trips. We offer a residential trip in Year 3, 4 5 and in Year 6, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operation skills. Year 6 also attend life skills and First Aid training.

In addition, as an eco-school, we promote education for sustainable development. Through our teaching and eco projects we help our pupils develop the knowledge, skills and values to enable them to be active global citizens and create a more sustainable society. We work together locally and globally to improve the quality of life now without damaging our planet.

In the Foundation Stage Personal Social and Emotional Development (PSED) is one of the prime areas of learning in the revised Early Years curriculum alongside Communication and Language and Physical Development. These three areas are particularly crucial for igniting children's curiosity and enthusiasm for learning, and for building their capacity to learn how to form relationships and thrive. The learning intentions within PSED will help children to develop a positive sense of themselves and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups and have confidence in their own abilities. The Foundation Stage will also use the RSE scheme of work 'Life to the Full' to support learning within PSED.

Education for Personal Relationships (RSE policy):

Education for Personal Relationships is taught through the scheme 'Life to the full' which is recognised by the Catholic Diocese. This scheme covers all year groups from Foundation Stage to Year 6 and has as its foundational premise the belief that we are made in the image and likeness of God. Further details are provided within the RSE policy.

PSHE and RSE Curriculum Key decisions

The PSHE curriculum aims to pitch the resources at an age-appropriate level for children within each learning stage. However, final decisions on when sessions should be taught have had to be made.

Substance abuse

In line with the recommended science curriculum, substance abuse is taught in Year 6 and links to citizenship and PHSE.

Using genitalia terms (RSE)

Will be introduced in line with the with the science curriculum (Year 4)

Discussing puberty (RSE)

It is recommended that this is discussed Year 4 onwards. *The NHS website says the following: "The average age for girls to begin puberty is 11, while for boys the average age is 12. But it's different for everyone. It's completely normal for puberty to begin at any point from the ages of 8 to 14. The process can take up to 4 years."*

Talking about sex

Teaching PSHE and Citizenship to children with special needs

At St Joseph's Catholic Primary school, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of all children, including children who are gifted and talented. Children on the SEN register have targets that are set and taken into account and teachers will use the PSHE Education planning framework for pupils with SEN.

Assessment and Recording

Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising self-esteem. It is important for teachers to feel confident that learning has taken place, to be able to demonstrate progress, and to identify future learning needs. It also allows the leadership team, parents, governors and school inspectors to see the impact that the programme is having for pupils and for whole school outcomes. Teachers can refer to 'A Guide to Assessment in Primary PSHE Education' provided by the PSHE Association.

Although within PSHE, assessment can be difficult to quantify so we will incorporate "ipsative assessment"; that is, comparing how much a pupil has moved on from the start of the unit to the end. Ipsative assessment is the most meaningful because it allows pupils the space for personal reflection to accurately assess, for example, the development of self-confidence, or their sense of identity and values as well as talking about their own experiences.

Children's successes and achievements will be reported and recorded in a variety of ways. For example:

- Classes will record Head teacher stickers
- House points
- Individual class rewards
- Praise assembly

More formal reporting for PSHE and Citizenship will happen via annual reports to parents on their child's progress.

Resources

- Yearly Overview for PSHE and Citizenship
- 'Life to the Full' scheme of work for RSE
- God Matters
- Assemblies
- Learning mentor
- PSHE Education Planning Framework for Pupils with SEN
- A Guide to Assessment in Primary PSHE Education

Monitoring and review

The PSHE and Citizenship Co-ordinator is responsible for monitoring standards of children's work and the quality of teaching. This person supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further development are discussed with the Headteacher and colleagues whilst being part of the general review programme listed in the School Development and Improvement Plan.

Approved by the Governing Body October 2020

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