

Statement of Intent for PE/Games at Georgian Gardens

Knowledge

- How to keep healthy – body awareness and food
- Types of physical activity
- How to apply their skills across different disciplines
- The science of taking part in exercise

Skills

- Throw, catch, run, hop, skip, roll, climb, balance
- Spatial awareness
- Swimming
- Bat and ball skills
- Creating sequences
- Problem solving
- Tactical awareness
- Designing own games
- Performing
- Having control of your body

Attributes

- Teamwork
- Communicating
- Able to evaluate own and others performances
- Leadership
- Confidence
- Resilience
- Perseverance
- Sportsmanship