



Bishop Bronescombe CE School



Policy for Physical Education

Updated:	October 2016	Revised by:	Cara Cleaves
Due for Review	October 2019	Governor responsible:	LGB

School Aims:

At Bishop Bronescombe School we aim to give all children:

- ✚ Access to a rich curriculum which enthuses and equips them for life as citizens in the 21st century.
- ✚ Opportunities to explore their own developing Christian faith and to have respect for the faith of others.
- ✚ High self-esteem by feeling valued as a member of our school.
- ✚ A sense of fair play, treating others with dignity and respect.
- ✚ The chance to enjoy taking part in a vibrant, forward looking school, moving their learning forwards.

Bishop Bronescombe School Motto is: ***'Learning that lasts a lifetime.'***

General policy statement:

All staff, governors, volunteer helpers, students and visitors need to give due regard to all of the policies and practices adopted by the school. Whilst it is acknowledged that people other than staff cannot be expected to read every policy before a visit to the school, it may be that further guidelines are necessary in addition to the Visitor Policy, which all visitors must acknowledge and accept upon arrival. All staff carry responsibility for the welfare and success of the pupils in our school. Staff will advise anyone who is working alongside us of the necessary protocols, procedures and policies we follow.

PE has a unique place in the National Curriculum (NC), as it is the only subject which essentially focuses on the body and physical experience. It is also essential to the development of the whole child, in terms of their academic, social, emotional, cultural, spiritual, creative and of course physical development.

At Bishop Bronescombe School, we recognise the contribution of PE to the health and well-being of the children. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

Aims and Objectives:

The purpose of Physical Education is:

1. To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency (acquiring and developing).
2. To develop an increasing ability to select, link and apply skills, tactics and compositional ideas (selecting and applying).
3. To improve observation skills and the ability to describe and make simple judgements on their own and others' work, and to use their observations and judgements to improve performance (improving and evaluating).
4. To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising (knowledge and understanding of fitness and health).

5. To develop the ability to work independently, and communicate with and respond positively towards others (working alone and with others in competitive and co-operative situations).
6. To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being (applying safety principles).
7. To understand and enjoy a range of physical activities, deciding on the most appropriate roles for them to play within a team or as an individual.
8. To learn to cope responsibly with success and failure. PE can provide success for those pupils who may struggle academically.
9. To understand and appreciate the contributions of others in team events, the importance of fair play and of abiding by the rules and codes of conduct.
10. To develop skills, knowledge and understanding for a future life in sport, recreation and dance.

Curriculum Organisation

Each class is allocated hall times for P.E during the week. Swimming is spread across the duration of the year with every child, from Key Stage 2, attending 5 x 1 hour sessions at one point in each academic year. These take place at the local pool in which pupils progress onto swimming unaided with a range of recognised strokes.

To ensure continuity and progression, Key Stage 1 staff follow the Real PE scheme of work, which includes a significant amount of Fundamental Movement skills. This is supplemented with additional gym, games and athletics lessons as appropriate. Key Stage 2 teachers also follow the Real PE scheme of work, with elements of cross-curricular topics when appropriate.

In addition, we are members of the Mid Cornwall Sports Network which was set up to enable schools to work collaboratively to ensure best practice was used across the whole of the Mid Cornwall area. The network provides opportunities for us to up skill our staff as well as facilitating coaching and competitions for our pupils. The Mid Cornwall Sports Network works alongside the Cornwall School Games to provide a variety of competition pathways to enthuse and motivate children to take part in sport in and outside of school with the support of the local clubs and schools.

School facilities

The school is resourced to meet the needs throughout the curriculum and across the key stages. Dance and gymnastic activities are carried out within the hall. Within the school grounds there is a hard surfaced area used for play times and some PE lessons. On the bottom playground there is a designated netball court which is also used for tennis and other outdoor lessons. There is a large field which is used extensively for numerous sporting activities.

Extra-curricular activities

The school provides a range of PE related after school clubs and sporting activities. These encourage children to further develop their skills in a range of sports. The Sport Premium grant has enabled us to broaden the sport club offer by employing a coach.

Assessment

Informal assessment is carried out on a lesson-by-lesson basis. Children's work in PE is assessed through observing them working during lessons. Pupils are encouraged to assess their own and other's work and to suggest ways to improve. Progress made by children is assessed against the learning objectives for the lessons.

Transgender PE Policy

Sports and Physical Education is a key aspect of the national curriculum and the physical and mental well-being of young people. Physical Education develops pupils' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school. A young Transgender person has the same right to Physical Education as other young people.

With regard to young transgender people at school, there should be reasonably few, if any, issues regarding participation within the sports of their gender identity. There may be sports where, as puberty develops, MTF transgender participants may have a physical advantage over other girls but this should not present a problem within a carefully and sensitively managed lesson context. The issue of physical risk within certain sports should also be managed properly within the lesson context rather than preventing young transgender people from participating (which would be discriminatory).

Within the competitive and representative aspects of school sports (outside of PE lessons), advice from CPSU states that during the growth period, leading up to puberty, there is little difference in male and female strength development so transgender boys or girls pre puberty (Primary School age) can compete in their affirmed gender at school sports competitions. This will include our School Sports Day.