








Playdough Exercises for 'Get Your Playdough' Song

<p>1</p> <p>Children roll a playdough ball in the palm of their hand.</p> <p><i>('Roll a ball', roll a ball.)</i></p>	
<p>2</p> <p>Children stretch fingers into the playdough, spreading the dough out as far as they can.</p> <p><i>(Then you stretch your fingers, then you stretch your fingers, Up so tall, up so tall!)</i></p>	
<p>3</p> <p>Children press the playdough flat in between their hands.</p> <p><i>(Squash your playdough, squash your playdough, Make it flat, make it flat!)</i></p>	
<p>4</p> <p>Children pinch the edges, using their thumb and fingers all the way around.</p> <p><i>(Nip it round the edges, nip it round the edges.)</i></p>	

<p>5</p> <p>Children squash the playdough between their hands to make a 'splat' sound.</p> <p><i>(Make a splat, make a splat!)</i></p>	
<p>6</p> <p>Children roll their playdough between their hands to create a long, sausage shape.</p> <p><i>(Roll your playdough, roll your playdough, Thin and long, thin and long.)</i></p>	
<p>7</p> <p>Children squeeze the playdough in the palm of their hand.</p> <p><i>(Squeeze your playdough, squeeze your playdough, That's the way, that's the way.)</i></p>	
<p>8</p> <p>Children isolate each finger and then press each finger individually into the dough.</p> <p><i>(Pat it with each finger, pat it with each finger, Playdough play, playdough play!)</i></p>	