



# BORINGDON NEWS

06/AUT1/2019  
11<sup>th</sup> October 2019

*We take pride in everything we do.*

Dear Parents,

## EVENTS IN SCHOOL THIS WEEK

Year 4 continued to have multi-skills coaching with Argyle.

Year 3 had tennis coaching with Tom Wyman.

Year 5 continued to have with Hoops 4 Health with Plymouth Raiders.

Year 6 had hockey coaching with Premier Sports.

Year 2 also had tag rugby coaching with Premier Sports.

The whole school had an assembly from the NSPCC - Speak Out – Stay Safe

## EVENTS IN SCHOOL NEXT WEEK

Year 4 will continue to have multi-skills coaching with Argyle.

Year 3 will have tennis coaching with Tom Wyman.

Year 5 will continue to have with Hoops 4 Health with Plymouth Raiders.

Year 6 will be having hockey coaching with Premier Sports.

Year 2 also will have tag rugby coaching from Premier Sports.

Parents Consultation Evenings – Wednesday & Thursday.

## PARENTS' EVENINGS

Parents' Evenings will be held on Wednesday 16<sup>th</sup> and Thursday 17<sup>th</sup>

**Please note: AFTER SCHOOL CLUBS RUN BY TEACHERS WILL NOT TAKE PLACE ON THESE DAYS 'Newlife' will continue as normal.**

MRS CLOAD (SENCO/FIRST AID/MEDICAL NEEDS/SLT) will be available throughout Parents' Evening on the 16<sup>th</sup> and 17<sup>th</sup> October. She can be found in the Oasis to discuss any new or ongoing SEN or Pastoral care needs that you may have.

Outside of Parents' Evening, please feel free to drop in to see her between 8:45 and 9:05am in the morning and 3-3:30pm in the afternoon (Tuesday, Wednesday and Thursday).

She is available to discuss all aspects of school life, and is available at other times by appointment.



## CONGRATULATIONS

Well done to the following Year 6 children who have been elected as leaders of their houses. The staff chose these children on the basis of their consistent positive approach to all aspects of school life, their leadership skills, independence and their ability to express their own views and ideas.

Year 6 House Captains are as follows:

**BUCKLAND:** Rose McCabe (6C) Matthew Rich (6J)

**COTHELE:** Phoebe Cathro (6C) Matthew May (6J)

**EDGCUMBE:** Rose Pen-Collings (6J) Aiden Treloar (6C)

**SALTRAM:** Abigail Limpus (6J) Barney Lane (6C)

## PIZZA MAKING WITH MRS BAZELY

On Wednesday 2<sup>nd</sup> October, a group of Year 5 and 6 pupils were invited to a pizza making workshop, hosted by our school cook, Mrs Bazely. The children learnt all about how to make a delicious pizza using fresh ingredients, as well as safe practice and equipment handling in a kitchen. There was an extra pizza made for Mr Scales to taste and his verdict was 'delicious!' Further workshops are planned over the next few weeks, for groups of children from Years 4 to 1.



## CHRISTMAS EVENTS



## GOVERNOR NEWS

Governors have recently been into school to attend the Harvest Festival, in which we saw children singing beautifully and learning all about growing and harvesting food and the work of the food bank. A couple of us also met new parents at the coffee morning for Reception parents. We hope to see you all at future school events.



Two of our governors, Sean and Alistair, attended the school this week to discuss safeguarding procedures and how the school spends its sport premium. Sean is our Safeguarding governor, and a former pupil of Boringdon Primary School. He specialises in safeguarding for schools

which has been extremely useful for the school when policies and procedures are reviewed.



Alistair works for Premier Sports and as such is the perfect choice for our Sports Premium linked governor. Alistair is also the maths governor and regularly observes the children's maths lessons and provides feedback

to the rest of the governing body. His experience in providing sport provision to schools has helped ensure that the Sport Premium is effectively spent, with maximum impact on the development of children's PE skills.

We will be in the ICT Suite on Wednesday and Thursday next week, during Parents' Evening, running a 'drop in clinic' should you wish to drop in and meet us, or discuss anything with one of the governors.



Victoria Sargeant (Chair of Governors)

## REMINDER

Year 6 parents: if you haven't yet applied for your child's secondary school, please do so as soon as possible, as the closing date is 31<sup>st</sup> October. This can be done through Plymouth City Council Admissions website.

## GOLDEN BOOK

Congratulations to the children who were in the Golden Book:

- YEAR 6** Annabelle Holding, Jeremy Obri, Maggie Willcocks, Neve Rowsell, Lily Sacker, Chay Marks, Henry Green, Phoebe Cathro and Rosie Bridgett
- YEAR 5** Jenson Maltby, Emily Sewell and Erin Rhatigan
- YEAR 4** Beau Mason, Isabelle Hancock, Isabelle McKenny and Rome McNair
- YEAR 3** Isla Richardson, Faranmie Olaoye, Ella Rowsell, Lucie Daley, Amelie Dove, Freddie King and Logan Sacker
- YEAR 2** Emilia Gill and Izzy Mitchell
- YEAR 1** Joshua Rendell, Heidi Spriggs, Amelia Holgate, Rory Donald, James Endean, Ella Jacobs, Charlie Hewish and Ava Thomas
- REC** Reuben Hayward, Molly Boardman, Freddie Hawker, Alfie Baser, James Sluman, Lilly-Anne Missen, Connie Sowden and Penny Palmer.

## BORINGDON HOUSE CUP

This week's winner is **SALTRAM**



*Just a quick reminder from us this week - there's plenty coming up, so please make sure you're signed up to [www.pta-events.co.uk/fob](http://www.pta-events.co.uk/fob) and have joined our official Facebook group - Friends of Boringdon School PTA.*

Yours sincerely,

A handwritten signature in black ink that reads 'J. Scales'.

Mr J Scales  
Headteacher

**SEE BELOW ONLINE SAFETY NEWSLETTER**



# Online Safety Newsletter

There has been a lot in the news recently about mental health issues, including in children. Social media is being attributed as a large factor in affecting the mental wellbeing of children.

Autumn 2019

While there are no official time limit guidelines on social media, a study last year found watching television for more than three hours each day, is associated with poorer language skills in eleven-year-old children.

## Tips to prevent too much social media use and on using it safely

The NSPCC says there is currently no common set of child safety rules or laws that social media sites have to follow. Each site gets to decide what steps they take to keep children safe.

Most social media apps have a minimum age rating of 13. If a social network has set an age limit it means that some of the content may not be suitable for a younger child. Parents are encouraged to research the social network and discuss with their children if they are mature enough to handle the type of content they may see on social platforms. Earlier this year, WhatsApp announced a new age limit of 16 for users based in Europe.

The Internet Watch Foundation has these tips for parents:

- :: Talk about online safety with your children, as soon as they have access to internet connected devices
- :: Set up parental controls and filters
- :: Make a family agreement about device usage
- :: Learn to safely live stream
- :: Teach your child when to say no
- :: See abusive content? Report it!

## 'Internet Matters': Online safety app for parents and children

Internet Matters is a not-for-profit organisation that has a simple purpose – to help keep children safe in the digital world. It provides help and support for parents navigating the digital world with their child. The site can be found here: [www.internetmatters.org/](http://www.internetmatters.org/)

'Internet Matters' is their app designed to help parents talk about online safety issues with their children, and to ensure that they make smart choices to stay safe online. Aimed at children aged between 8-10, the split-screen collaborative app helps them think about what they would do if they were faced with different situations online, from cyberbullying to sharing content with someone they don't know. There are quizzes and games to encourage parents and children to collaborate and talk about nine different e-safety subjects.

If you have any concerns about your child's online activity, we would encourage you to visit one of the websites listed for advice.



# 5

helpful  
websites

1. <https://www.thinkuknow.co.uk/parents>  
An education programme from the National Crime Agency's CEOP Command.
2. <http://www.childnet.com/parents-and-carers>  
All the information you need to keep your child safe online.
3. <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>  
Helping parents to keep children safe when they're using the internet, social networks, apps, games and more.
4. <https://www.internetmatters.org/>  
Helping parents keep their children safe online.
5. <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

## TOP TIPS

Early use of digital technology has been shown to improve language skills and promote children's social development and creativity. But it's not without risks for young children, who may come across inappropriate content or begin to copy what older children do online.

On the reverse of this newsletter is an internet safety checklist for young children aged 6-10 from Internet Matters.



## **Internet safety checklist for young children**

### Agree boundaries

Be clear what your child can and can't do online – where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

### Explore together

The best way to find out what your child is doing online is to ask them to tell you about what they do and what sites they like to visit. If they're happy to, ask them to show you. Talk to them about being a good friend online.

### Put yourself in control

Install parental controls on your home broadband and any internet-enabled devices. Set up a user account for your child on the main device they use and make sure other accounts in the household are password-protected so that younger children can't access them by accident.

### Use airplane mode

Use airplane mode on your devices when your child is using them so they can't make any unapproved purchases or interact with anyone online without your knowledge.

### Stay involved

Encourage them to use their tech devices in a communal area like the lounge or kitchen so you can keep an eye on how they're using the internet and also share in their enjoyment.

### Talk to siblings

It's also a good idea to talk to any older children about what they're doing online and what they show to younger children. Encourage them to be responsible and help keep their younger siblings safe.

### Search safely

Use safe search engines such as Swiggle or Kiddle. You can save time by adding these to your 'Favourites'. Safe search settings can also be activated on Google and other search engines, as well as YouTube.

### Check if it's suitable

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. For example, the minimum age limit is 13 for several social networking sites, including Facebook and Instagram. Although sites aimed at under-10s like Moshi Monsters and Club Penguin also have social networking elements.