



**Keskowethyans**  
*Multi Academy Trust*

Date Reviewed by the Committee	25.04.16
Date Adopted by The Board	09.05.16
To be reviewed next	
Signed by Chair	

# PHSE Policy

Date policy sent to	Date
Secretaries	11.05.16
Lead Teachers	11.05.16
GS for Website	11.05.16
Relevant other i.e. Safeguarding Director/ Subject Co-ordinator	11.05.16

## **Introduction**

Personal, social and health education (PSHE) enables children to become healthy, independent and responsible members of society. It is of vital importance that children should be able to use the subject effectively. It is a vehicle for learning which encompasses all aspects of school and the world about us. The links between the subject and other taught subjects within the curriculum are never ending. In all subjects, children need to be able to express themselves clearly and confidently.

It is the intention of the Keskowethyans MAT to build on a firm base in order that pupils may readily access the whole curriculum and be able to effectively integrate their knowledge of this subject with the rest of the curriculum. We encourage our pupils to play a positive role in contributing to the life of the schools within the MAT and the wider community. We encourage pupils to express their own ideas and opinions, and give them respect and value. We expect children to value each other's ideas and opinions. In these ways we help develop their sense of self-worth. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

## **Aims**

Our aims are:

- To deliver a structured programme of learning that promotes high standards of subject knowledge which can be expressed in a wide range of mediums
- To enrich and extend each child's subject knowledge.
- To foster enthusiastic and independent learners who gain pleasure and confidence from learning about the subject with the ability to extract information from a wide range of information sources.
- To know and understand what constitutes a healthy lifestyle
- To be aware of safety issues and understand appropriate protective behaviours
- To understand what makes for good relationships with others
- To have respect for others
- To be independent and responsible members of the school community
- To be positive and active members of a democratic society
- To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- To develop good relationships with other members of the school and the wider community

## **Teaching and Learning Style**

A range of teaching and learning styles is used to meet the requirements of the National Curriculum. Teachers discuss potentially difficult issues with children in a sensitive manner at age appropriate levels eg FGM, CSE and radicalisation. Emphasis is placed on active learning by including the children in discussions, investigations and problem-solving activities. The children are encouraged to take part in a range of practical activities that promote active PSHE, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. Classes are organised in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed whole school rules and expectations. The children are offered the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, who are invited to the schools to talk about their role in creating a positive and supportive local community. Each school with the Keskowethyans MAT has a School Council which is operated by the pupils under guidance from the teaching and support staff.