

December 2019

Dear Parents / Guardians,

Over the year, starting in the spring term, we will be delivering our sex and relationships education as part of our science and PHSE curriculum. This means that rather than being delivered in a 'one off' sex and relationships education week, the content will be taught throughout the year.

The focus of these lessons is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. Within family relationships, we will also be referring to LGBT+ relationships.

This will create opportunities to ensure that children are taught about positive emotional and mental wellbeing and how friendships can impact on this.

Children will also be taught to recognise and report different types of abuse, including emotional, physical (including [FGM](#)) and sexual abuse. This will include focusing on boundaries and privacy so that children understand that they have rights over their own bodies and know how to seek advice when they suspect or know something is wrong. There will also be opportunities to teach children about boundaries with their peers, including when they are online, and ensuring they learn that where abuse takes place, it is never the fault of the child who is abused.

The Department for Education has issued some guidance for parents which [can be found by clicking here](#).

In year 3 and 4, much of the content will be delivered using a range of books which explore concepts in a way which is accessible and engaging.

Please find below a link to the books we will be using should you wish to read the blurb or purchase your own copy.

- [‘Hair in Funny Places’ by Babette Cole](#)
- [‘Mummy Laid an Egg!’ by Babette Cole](#)
- [‘Where Willy Went’ by Nicholas Allan](#)
- [‘Let’s Talk About the Birds and the Bees’ by Molly Potter](#)
- [‘and tango makes three’ by Justin Richardson and Peter Parnell](#)

In years 5 and 6, we may use the above texts but will also be using some of the material produced by the BBC. These resources are available [by clicking here](#).

If you would like to discuss the resources being used or view any of the books, please contact your child's teacher who will be happy to talk to you and answer any questions you may have.

Whilst the science curriculum is compulsory for all, parents do have the right to withdraw children from sex education. If you would like to withdraw your child, please speak to your class teacher to find out what is being covered and identify the topics that you would like your child to miss.

Yours sincerely,

Mr M Wilkinson

Head Teacher