



PE and School Sport Action Plan

Mount Charles School 2018–2019

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2018/19	Funding allocated
Lead Member of Staff – Shaun Grigg	2018/2019	Governor responsible – Julie Barr/Verity Wendon
Total fund allocated - £19,620	To be Updated – Jan 2019	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Update Huff and Puff resources	£ 677	Children will want to use the new equipment and enjoy an active lunch break.	We have more active children playing individual and team based games and activities. A daily rota has been set up. Tennis equipment has been particularly popular this year.
TA to run this every lunchtime for 30 mins. (Prefects support with running games)	TA hours covered through staff budget	Rota use of top yard to ensure all children can access this at break.	TA will train the prefects to help supervise activities and encourage positive behaviour. Next year we should encourage further pupil involvement as this has been largely run by adults.
Play Leaders at Lunch time in top yard Resources bought solely for Play Leaders, so activities can start promptly. Money put aside for future activities chosen by play leaders	£ 50	Leaders will get children involved in active lunchtimes. Children will enjoy activities that they haven't tried before	Play leaders have run their own games successfully this year and are gaining in confidence. Led and reviewed by L Clapham this year. Next steps are further independence with the involvement of the school council and development of games. This could take the form of having sport/games leaders on the council.
Sports Apprentice	£6754	On duty each break time. Ensuring ball games run well in the middle yard. Runs the Play Leader activities and offers game activity himself.	LC has had a positive impact on playtimes. He has had an excellent relationship with the children. The Playleaders have been run effectively and are now an integral part of playtimes.

<p>Lunch Bunch resources</p>	<p>£205</p>	<p>Supports targeted groups in PE to raise attainment and encourage full participation. Helps to run clubs at lunch and after school. Attends festivals and competitions enabling us to staff and enter more competitions</p>	<p>Building good relationships has helped him work productively with small less confident groups during PE lessons and this has raised achievement and enjoyment during PE. LC has helped administer with clubs, festivals and competitions. Club attendance has increased and we have a record number of children representing their school.</p>
<p>TA to run this every lunchtime for 30 mins.</p>	<p>TA hours covered through staff budget</p>	<p>New equipment and games bought to develop their teamwork and social skills</p> <p>Targeted children will have active lunch times. They will build a range of social and emotional skills through physical activity, supported by the TA</p>	<p>This has been a successful initiative run well by L Mercer. Some children have had a small number of sessions and some have been supported all year. It is very popular with the children and they have a range of active equipment that they can use.</p>
<p>Resources for Val Sabin PE Scheme</p>	<p>£200</p>	<p>Additional resources identified to improve teaching of our new PE scheme</p>	<p>We have colour bins that match our house colour with colour-coordinated resources such as beanbags, hoops, quoits, balls and skipping ropes. The teachers can easily find resources and it has made children more independent when accessing resources.</p>
<p>New Basketball hoops and balls</p>	<p>£100</p>	<p>Increase those engaged in ball games at break and lunch</p>	<p>Basketball, handball and dodgeball games are played regularly in the basketball yard.</p>

Resources for clubs	£100	We have additional numbers attending football and tag rugby, plus new tennis and infant rounders clubs	We have invested in softer playground balls this year so that we can have more ball games running simultaneously. While resources for our winter clubs were good, we have updated cricket, rounders, tennis and athletics equipment this year.
Yoga resources TA to run this every lunchtime for 30 mins	£100 TA hours covered through staff budget	Mats for Cosmic Yoga club and lunchtime yoga in KS1 A group of KS1 children will benefit from structured activity at lunchtime and work on social and emotional skills	We have run a yoga club this term using free Cosmic Yoga online resources. There is a subscription to a more comprehensive set of resources that we could invest in, for use across the school
Fun fit resources 2 TAs to run this every morning for 20 mins	£100 TA hours covered through staff budget	Children will improve their fundamental movement skills- balance, locomotor and ball skills. 7c children included in this active start to the day.	Teachers have reported benefits in class noticed in first lesson of the day. Teachers will have the opportunity to nominate more children for this program
Hall time for 7c	£None	7c have daily rota of hall time to use gym equipment.	Next steps will be to look at funding suitable equipment to improve this experience.
Bikeability- delivered to year 5.	None	Funding is provided for a large number of this cohort to gain bikeability certificates	33 out of 61 took part. There are a number of barriers to greater participation. 1. A group of children are unable to ride bikes.

Swim coaching	£4288	Continued financial commitment to raise water confidence and love of swimming. Majority of our children entering KS2 are non swimmers. Over 90% 25m by year 6	<p>2. A group cannot transport bike to school. 3. A group do not own bikes. 4. There are some that do not want to take part. At year 5 camp our bike activity helps develop road confidence for some and gives us an opportunity to teach non riders.</p> <p>Vital life skill in Cornwall. Also an excellent individual exercise that can be done as part of 30 mins activity out of school. We have good links with our local pool and swimming club. This year 90% achieved 25m which is down 1% on last year. However, three of the six non swimmers joined us in year 6. Those demonstrating a range of strokes has gone up (67% to 71%) and those able to self rescue has improved (74% to 77%).</p>
Club offer	None	Aim to have at least one active club available during the school day as some children are unable to access after school clubs	We have again run a good range of clubs this year. All staff have been involved with many running clubs each term. It has again been difficult to run clubs at lunch time. We have had running, golf, girls football and cricket at lunchtimes. We have also offered reading club and art club daily for those that want quieter activities.
Additional playtime support	TA hours covered through staff budget	The children can take part in guided activities led by adults during lunch break, such as skipping and Buddy Bench.	Skipping has been particularly popular this year. Next year we will be looking to hold a skipping event to develop this further. We

			have been in touch with Dan the Skipping Man and Skip2Bfit.
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
<p>Pupil leadership at MCS Sugar smart play leaders</p>	<p>£450</p>	<p>Arena group to run further training this year for a number of year 5 children</p>	<p>18 trained from year 5 this year. This is less than last year as prices have increased. We also have the current year 6 to help shadow the new Playleaders. This will build confidence early on. While we have bought in training again this year, we may look to develop the pupil role in training the next cohort in Summer 2020. This year our Playleaders have also helped to run the Infants Sports Day, supporting class teachers. We will look into developing this further next year, involving the children in the planning of the day.</p>
<p>Junior Athlete Education programme</p>	<p>None (parent transport)</p>	<p>Aim is to develop our gifted athletes and develop knowledge of fitness. Run by MCSN</p>	<p>This was run for the first time this year and has proved popular with the five children we selected. Next year we will aim to link this to our Play and Sport Leaders. We will give them opportunities to share their new knowledge with their peers through assemblies.</p>

<p>Effective use of Absolute Education app. Develop records for KS1 this year.</p> <p>Identify barriers to participation in activities and sport</p>	<p>£350 subscription</p>	<p>Better data. Identify which children are participating in active clubs and events at MCS.</p> <p>Using Absolute Education Data to provide class teachers with information to help involve their children in daily physical activity.</p>	<p>We have made good use of this resource this year. All staff use the online club registers and LC and SG have used this to track and encourage participation. We have seen an increase in those attending clubs (KS1 up from 66% to 68% and KS2 up from 75% to 82%). We have used the data to track those that are less active and have offered them opportunities such as sports coaching or festival events. Our next steps are to train all staff to be able to analyse the data so that they can help develop activity within their class. We have transition data on each class that will be passed onto the new teacher.</p>
<p>Kit for infant events & New Netball kit</p>	<p>£We hope to provide through sponsorship</p>	<p>Better sized vests and T shirts needed as KS1 are attending more festivals and competitions. Replace old netball kit and have a better range of sizes.</p>	<p>We have agreed sponsorship with Teaching Personnel, who will fund the purchase of 20 Polo style shirts with the MCS logo. These will be used when we attend KS1 events and competitions. We have replaced the netball bibs and will look to add to the netball kit next year.</p>
<p>School Games Mark-supply cover to release PE lead</p>	<p>£supply</p>	<p>Work more closely with MCSN to ensure that we get an award that fits with our commitment to sport and PE at MCS</p>	<p>We have submitted our form this year with help from MCSN. The application is under review and we will find out the result in the new academic year. MCSN will advise if there is any extra information required. We will continue to target areas for</p>

<p>Celebration of sport at MCS</p>	<p>None</p>	<p>Children celebrated in assemblies Bulletin has a sports update Display board Display will have photos, reports and children's quotes from events</p>	<p>development and act on any feedback given from the School Games Organisers.</p> <p>Widen appeal of sports achievement. Recognise all competition and festival participation. Celebrate and promote success and the happiness it brings. Next year we will look at how we publicise our sporting achievements, involving pupils more in the planning and reporting of the events.</p>
<p>Pupil Conferencing</p>	<p>£Supply</p>	<p>Pupil attitudes to PE and lessons, health and well being, representing their school, seeing themselves as active, involvement in MCS</p>	<p>Way of raising the pupil voice and reacting more quickly to address issues</p>
<p>New annual awards assembly</p>	<p>None</p>	<p>Update current practice to celebrate achievement and participation in the school across KS2, with a wider range of trophies and awards</p>	<p>This year we have awarded 8 new trophies across KS2. They recognise involvement in school sport at MCS.</p>
<p>Being part of Mid Cornwall Sports Network</p> <p>Being members of sports associations that will provide various CPD opportunities and access to resources and competitions</p>	<p>£2065</p>	<p>Our area provider of cluster sports events. CDP for members. Regular area meetings and updates on best practice in PE and school sports.</p>	<p>Use and share expertise. Follow guidance on new School Games format</p>

<ul style="list-style-type: none"> Youth Sports Trust membership Membership of local sports associations e.g. St. Austell Primary schools football/netball/athletics Kwick Cricket entries-Cornwall Cricket Board Cornwall FA School membership 	<p>£200</p> <p>£200</p> <p>£25</p> <p>£25</p>	<p>Access to Free CPD and online resources. Policy updates.</p> <p>Full participation and support of local sporting opportunities and competitions</p>	
Survey parents and children	None	<p>Last year survey to form part of our spending this year.</p> <p>Understand what is missing from our current offer. Target spending to address this</p>	<p>We will collate this information over the summer. Our last survey helped us plan spending for the coming year.</p>
PP and SEN support.	None	<p>Target these groups. Raise participation in physically active clubs and numbers representing school. Monitor how this can impact academic performance.</p>	<p>While activity levels within these groups is largely in line with the rest of the cohort, we have regularly monitored this, to ensure that this remains the case and any gaps are addressed</p>

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
School Sport Leaders course	£550	4 day course for PE lead to develop Sport/PE in line with other schools in the county. Provided by Arena Network	Practical CPD on Dance, Gym and Outdoor Education. We have resources that can be used across the school next year. We also have guidelines on how to implement ICT into PE in order to improve performance and encourage children to assess their own skills.

Minibus Training	£240	Two members of staff trained to drive by MIDAS. We will be able to use minibuses with the PLT when available. This will allow us to keep costs down and attend new events.	Next year we will look at costings of leasing our own minibus and the options of co-leasing with other schools in the trust.
Dance CPD with Spindrift Dance Company	£400	Dance specialist to work alongside year 5 delivering a unit of work that will be performed as part of the 'Invisible Worlds' concert.	Children and staff benefited from working with a specialist. The series of lessons showed how to develop a piece for performance. This year the children performed at The Eden Project. We have built good relationships with this dance company and hope to use them again next year. There is a continued need for CPD in this area.
Staff Survey	None	Gather ideas again to include in our Sport Premium spending.	
Mid Cornwall Sports Network Offer	Included in our membership	We will choose from a range of CPD on offer this year. Last year we attended Gym CPD for example.	We have had CPD in Play leading. A group of year 5 children (who are part of our new group of Play Leaders and LC attended a day course. We also accessed Swim England training via MCSN, which has given resources and ideas to improve our offer next year.

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
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Go Active Clubs. A different club each half term offering sports and activities not offered by staff	Paid for clubs	Engage some children that have not yet been involved in physically active clubs at MCS. Street surfing and Gymnastics in the Autumn Term	This year we have had a good variety. Most clubs have been full with up to 20 children taking part. Olympic Archery and Zorbing have been especially popular his year.
Clubs offer increased. All teachers offering clubs	None	Club offer to include clubs requested on children and parent survey such as yoga, hockey and KS1 golf	More staff have been involved in running clubs this year and we have been able to use our sports apprentice to extend this offer. We have offered new clubs this year including KS1 yoga, girls football and KS1 rounders.
Street Dance (4 real Dance Company) offered to different age groups	£ 240 Autumn (€240 Spring)	Dance club requested on surveys. KS2 have not had a dance club. This should engage certain children that have not tried clubs	Both KS1 and KS2 have had opportunities to try Street Dance this year. It has been a successful club and has given children a good link to a community club.
Tennis Club for KS1 run by St Austell Tennis Club (KS2 to have club in Summer Term)	€240 Autumn (€240 Summer)	Another club requested on surveys. We hope also to build links with our local Tennis club	As with dance, both KS1 and KS2 have had sessions in the Autumn and the Summer term. Some children have started to visit St Austell tennis club at the weekend.
Go Active invite club	€320	During Autumn term, we will invite children to this club funded through Sport Premium money. Its aim is to engage children that have not looked to join other clubs	While a core of children came weekly, this was not as well attended as we would have liked. We decided to look at other ways to engage these children.
Go Active coaching	€200 per half term	Each half term Go Active will work with a different age group.	We have been really pleased with this. We started using this company last year and

	(£ 1000 approx annual)	Children will be selected for this. Again we will be encouraging those not participating in our existing offer. In the Autumn Term Yr5&6 have done Lacross and yr2&2 have done Urban Polo	they offer both coaching and a festival competition each half term. We have been able to offer eighty children specialist coaching in Lacrosse, Urban Polo and Dodgeball. For many, this has been the first time playing in a team and representing their school.
Go Active Table Cricket 7c	£200	Some children from our ARB class have had coaching and attended a festival run by Go Active	This is the second time we have been involved in this event. While this event is not suitable for all the children in our ARB class, those that attended it enjoyed it and we would be keen to fund this again next year
GB Athlete visit	£400 potentially, reduced with sponsorship	Sports for Schools will visit with an international athlete who will run sessions with each class	This was a very successful event, that the children still talk about. We had a visit from Rick Parry who has represented Great Britain at inline skating competitions. He provided an inspirational talk for the children and showed off tricks on his skates. The class fitness sessions were well run and the children raised sponsorship. It was an excellent response and we received a voucher for £1800 to spend on sports equipment. We will look into similar opportunities for our children next year.

Key Indicator 5 : Increased participation in competitive sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Use of second pitch on school field for C, yr3, or girls teams. Opening squad training to anyone interested in playing has widened appeal of football.	None	Opportunities for more to participate in football fixtures	We will again have a more inclusive football club next year. At times this year we have had fifty five KS2 children out on the field playing football.
Girls football	£transport	Regular lunch time club Tournaments for yr5&6 and yr3&4 entered. Already had friendly fixture. Centenary cup entered for first time.	The lunch time club has been well attended especially by year 5 girls. Even at the end of the Summer Term the girls were keen to attend the St Austell District 7 a side tournament.
Tag Rugby fixtures increased	£transport	All club members to be involved in fixtures. Three fixtures in Autumn Term 50+ children involved	Some of the year 5 and 6 players have also competed in two rounds of the School Games Touch Rugby Competition.
KS1 MCSN festivals	Mainly after school-own transport	Increased offer from our sports network. Opportunity for different infants to represent their school in non-competitive environment	We have taken children to Multiskills, Sportshall Athletics and Girls football festivals. MCSN is offering six festivals next year for KS1 children.
School Games -different routes	£transport and supply	There are different competitions on offer this year with a focus on involving more children across ability ranges e.g. Walking Games	We have entered Quad Kids, tennis, bowls and netball development competitions which are aimed at children that do not regularly represent their school (or club out of school) and also sent children to the first 'Walking Games' festival in Cornwall run by the School

Swim Galas	£Transport and supply	We have several friendly galas through the year giving all club members a chance to swim competitively	<p>Games. We also entered the open competitions in touch rugby, swimming and cross country. These competitions were open to all entrants including our more competitive children.</p> <p>We have continued to run a large speed-swimming club after our curriculum swim sessions. We had 43 children this year, all desperate to improve their times and gain a place on the team. We finished the year by winning the St Austell District Swimming Gala. We have now held the trophy for 20 years consecutively!</p>
Go Run for Fun healthy schools event	£transport and supply	Team of yr3 and 4 mostly representing their school for the first time.	This was the first time we had been involved following an invitation from the Healthy Schools Team. Our run was one of many held throughout Europe to raise awareness of the importance of children's fitness
Cross Country	£Transport	Continue to take large team to each of the St Austell Area races. Boost interest with intra school running challenges and competitions.	Team of 40+ taken to the five monthly races. Five of our runners qualified for the area finals and one went on to the School games finals.
Supply cover	Covered through staff budget	While Sport Premium money can be spent to cover events, at present this is covered through the staff budget.	This commitment allows us to fund more of the above actions.
Transport costs	£4000		



<i>Please note that our spending this year on Sport and PE exceeds the Sport Premium fund.</i>		
Meeting national curriculum requirements for swimming and water safety		Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	90%	
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	71%	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	77%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes	
Total funding - £19620	Total funding allocated to date – £	Total funding to be allocated - £19620