



PE and School Sport Action Plan

Mount Charles School 2017–2018

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2017/18	Funding allocated
Lead Member of Staff – Shaun Grigg	2017/2018	Governor responsible – Julie Barr/Verity Wendon
Total fund allocated - £19,670	To be Updated – Jan 2018	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
New PE scheme resources	£627.40	Improved teaching of new scheme. Full range of skills taught using new equipment. Staff have found these plans easier to use. Colour coded resources have aided this. Staff have reported that pupil engagement is high.	Future funding of resources and playground markings that can aid development of these activities. The skills based approach to teaching is increasing pupil confidence. We expect to see a greater participation in team sports as a result of more confident children.
Huff & Puff	£Contracted hours	½ hour every day on top yard, run by teaching assistants to encourage activity	
Resources for Huff and Puff equipment to support active lunchtimes	£223.08	Popular with children. Prefects have supported lunchtime staff	Popular with all age groups. Having TAs running this with Prefects is having a positive impact on behaviour. Also, it has helped to promote positive role models for younger children.
Extra staff at KS2 playtime. SG on duty every playtime.	Contracted hours	More ball games in middle playtime. Games organised and run when needed. Behaviour has improved. Transitions back to class smoother, with issues resolved outside.	We have doubled the amount of children playing ball games in the middle yard. Children are being encouraged to referee their own games. This increased participation has led to improved behaviour at playtimes. The extra staffing has helped to support this. We will continue to promote this. Work on integrating children into unsupported active playtimes

TA play leaders and targeted support at playtimes	£480	<p>More physically active lunchtimes both through sports clubs on offer and adult led playground activities.</p> <p>Support for small number of children that find it difficult to join in appropriately with games with their peers.</p>	Staffing to be reviewed annually. Each teacher to have input into which children are able to benefit from this program
Funfit program	£480	Every morning, selected KS1 & KS2 children have had an active start to the day that has helped with smoother transitions into first lesson.	
Resources to update gym equipment and improve delivery of gymnastics in PE time, especially that offered to KS1	£1741.64	Mr B and Mr G incorporated use of new equipment into planning. It has improved children's experience of gymnastics	Every class has used it this year. All classes have been allocated dance and gym slots and this will continue next year. We have used the Val Sabin plans to aid less confident non specialist teachers. This has linked well with the CPD we have organised. It has also been supported by Aspire Academy who have run infant clubs. KS1 CPD to encourage confidence teaching gym across school
Balanceability- Pack including 10 bikes and helmets and teacher resources	£968	New resource helped to develop physical literacy of KS1 children	Buy further bikes. EJ to cascade training to other KS1 staff
Bikeability program for year 5	Funded by MCSN	Two thirds of the cohort received either level 1, or level 2 certificates.	Extend the offer. Year 4 could be offered training.

<p>Swim coaching</p>	<p>£3460</p>	<p>At year 5 camp we had a 'Learn to Ride' session for those not involved in Bikeability and the majority of these children were riding confidently by the end of this session.</p> <p>Continued commitment to over 90% of children being able to swim 25m by year 6. KS2 have received half termly sessions</p> <p>Speed Swimming club competed in galas including St Austell Swimming Gala that we won for the 19th successive year!</p>	<p>Continue to raise percentage rate passing 25m. Introduce certificates from The Swim Charter recognising self-rescue skills. Maintain excellent record in St. Austell area gala and School Games.</p>
<p>Playground markings- into boxes. (top yard needs old markings redone as well e.g. tennis courts)</p>	<p>Paid through capital budget</p>	<p>Middle and top playgrounds have been remarked with new boxes. This has made group work in PE much easier. Teachers are able to run more small sided games encouraging skill development.</p>	

Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Pupil leadership at MCS Sugar smart play leaders	£450 course fees	Arena group ran training and provided resources to monitor and assess success. Thirty two year 5 were trained.	First step in introducing play leaders to the school giving older children the opportunity to take on roles and responsibilities. We will aim to be involved in the School Games Leaders programme at the next opportunity
New assessment and tracking program in PE through Absolute Coaching	£325 annual subscription	Used for KS2 children this year. Data recorded about clubs. Reports have been used to identify children not engaged with sport and PE	Areas for development identified through better assessment.
Sports Assemblies every two weeks	None	All events and competitions were celebrated in assembly.	Intra school competitions and trophies for sporting success
MCS logo swim t shirts	£268.05	Team have worn this at Galas this year, promoting the importance we place on both competitive and curriculum swimming.	
School games mark.	£ None	SG and DB completed Time to Move Survey as part of work towards School Games Mark	Aim is to work up through awards from Bronze to Gold
Being part of Mid Cornwall Sports Network	£1696	Our area provider of cluster sports events. We have had CDP, area meetings and updates on	MCSN to provide opportunities for more competitions for KS2 and more festivals for KS1

<p>Being members of sports associations that will provide various CPD opportunities and access to resources and competitions</p>		<p>best practice in PE and school sports. We attended 26 events via MCSN as well as the 5 St Austell Area Cross Country evnts and 2 county cross country events. (Our full list of sporting events is on our website)</p>	
<p>Balanceability membership</p>	<p>£(Included in costs above)</p>	<p>Display in foyer, resources for teachers</p>	<p>Long term aim for all children leaving KS1 to be able to balance, raising profile of cycling as a popular physical activity</p>
<p>Youth Sports Trust membership</p>	<p>£200</p>	<p>Access to Free CPD and online resources. Policy updates.</p>	
<p>Swim Charter self-rescue resources</p>	<p>£None</p>	<p>Use of online free resources for 'Self Rescue'.</p>	<p>Pay to become full members to access further resources and CPD. Self-rescue embedded into swim coaching across all abilities. Be able to report on the percentage achieving this.</p>
<p>Membership of local sports associations e.g. St. Austell Primary schools football/netball/athletics</p>	<p>£200</p>	<p>Full participation and support of local sporting opportunities and competitions We competed in 10 league fixtures, winning both the A and B league in Netball and the B team league in Football. We also</p>	<p>Involvement in committee</p>

Kwik Cricket entries-Cornwall Cricket Board	£25	entered two cup competitions and two football tournaments. We competed in a Girls Tournament for the first time also.	
Cornwall FA schools membership	£24	We competed in Year 4, 6 and Girls Tournaments this year. Participation in FA run tournaments and cup competitions	
Trophies and engraving	£85.83	Celebrating success and end of year awards	
Survey parents and children	None	Understand what is missing from our current offer. Target spending to address this	This has provided information that we have acted on last year and our aim is to continue the start we have made.

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Embed teaching of new PE teaching scheme purchased last year-timetables rearranged, ensure topic coverage	None	All year groups were taught from Val Sabin plans. Continued improvement has been seen in a range of skills demonstrated by the children	Review success and areas for improvement with staff. Monitor improvements in children's skills. Wider range of children prepared for team and competitive sports as they move through the school While MCS has specialist PE teachers, all staff are now using these plans successfully.

<p>Arena Sugar Smart Conference for PE lead and SLT</p>	<p>£190</p>	<p>CPD on preparing for Ofsted and updating PE policy. Advice was given on correct reporting on PE Sport Premium spending Ofsted training.</p>	<p>Initial feedback is very positive, including ease of use, increased confidence and engagement of pupils.</p> <p>Prepare Ofsted ready overview that demonstrates excellent PE provision at MCS.</p>
<p>Outdoor Education CPD for PE lead</p>	<p>Free from MCSN</p>	<p>Orienteering resources have been reorganised and Outdoor Education units have been taught to each year group in KS2.</p>	<p>Linking with local schools for competition</p>
<p>CPD Dance</p>	<p>£560</p>	<p>Spindrifft Dance Company delivered sessions to year 5 alongside year 5 teachers (SG and LB) Dance CPD was requested on staff surveys</p>	<p>Confidence to offer better quality dance in PE. Resource from Spindrifft for use with next cohort</p>
<p>CPD Dance MCSN</p>	<p>Free as we are members</p>	<p>GB to attended taining in March This will also support Val Sabin plans for KS1 dance</p>	<p>GB cascade training</p>
<p>Balanceability course. CPD for a member of KS1 staff.</p>	<p>None</p>	<p>We are hosting a training day in September 2018 and we receive a free training place, as a result.</p>	<p>Bikes can be used in variety of ways-during PE, for clubs</p> <p>The training has come late in the year, but it is our intention to assess our current cohorts.</p> <p>We will be able to set targets for % of children who can use balance bikes. We will</p>

Survey staff on own ideas for CPD they would like to improve quality of teaching. (Summer 2018)	None	Staff involvement	<p>be looking to invest in pedal bikes next year as a next step in cycling</p> <p>We have more staff involved in school sports this year. We have increased the number of staff running extra- curricular active clubs this year. While six staff ran most of these last year, all members of the Infants and Juniors have run at least one active club this year. This is having a positive impact on pupil participation. Staff have been able to target inactive children in their own class and cohort.</p>
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
<p>We introduced some clubs that children could pay for, run by outside providers. We offered this on Wednesdays when staff were unable to run clubs due to staff meetings. Street surfing and Dodgeball were offered through Go Active in Spring Term. In the Summer Term we had Fencing and Archery</p>	Paid for clubs	Popular clubs in both Spring and Summer terms	Each Go Active club offered has been full. There are children attending these clubs who have not attended our previous clubs. Go active have a number of options that we can consider. Develop to use premium fund to subsidise PP children.
Club offer increased.	None	<p>All members of staff running clubs. Wider choice. More physically active clubs offered to KS1.</p> <p>78% of KS2 were involved in at least one club and 66% of KS1. This is comparable with last year,</p>	Introduce new clubs chosen from children's survey responses. Five new clubs have been offered this year including Tennis, Multi-skills & Girls football as well as those run by Go Active.

		but we have seen an increase in the number clubs attended. Also, we have only 12% of year 6 not attending clubs compared to 20% last year. This is counter to the national trend which sees declining involvement by year 6	
Plymouth Argyle KS1 Football Club	£720	Wider offer of physically active clubs for KS1	Again next year, buy in expertise. Offer clubs for KS1 that staff are not yet confident to deliver.
Aspire KS1 dance club	£390		
Aspire KS1 Gym club	£240	Summer term club requested on survey	
Go Active Festival-coach delivered 4 sessions on alternative sport. This led to opportunity to attend a local interschool competition at Carn Brea Leisure Centre	£100 reduced introductory offer + transport (see below)	A group of year 3 and 4 have tried new physical activity	
Go Active multi-skills sessions and festival	£200 + transport (see below)	Year 1 & 2 children to take part in this 2 nd festival, starting March	Go active have other sports to select. Also, other sport groups are offering packages e.g. RFU and Cornwall Cricket, so more to try. Most of the 60 children that participated in this and the KS1 sessions had not been involved in our sports clubs prior to these sessions. We will continue to monitor the positive affect of encouraging these children to feel more confident playing sport.

Go active disability sports coaching	£270	7c have had coaching in our hall, including preparation for Table Cricket	
Table Cricket Festival and training session	£transport (see below)	Festival for 7c at Truro College	Liaise with JC about further offer
Balanceability- develop physical literacy of KS1 children Pack including 10 bikes and teacher resources	£Cost Allocated in Key indicator 1	Regular, timetabled use will be arranged for the new academic year	Our leader can continue to run this once trained.
Orienteering course mapping	£100 donation to BOS	School mapped by the British Orienteering Society. Better facilities to use in PE.	Aim to start club offered to selected children.

Key Indicator 5 : Increased participation in competitive sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Girls football fixtures	Transport £ see below	Raised profile in line with national push to develop girls football.	Aim to have a girls football team each year with a number of fixtures.
Lunch time Girls Football club for year 3 &4	BR runs this	Involved girls in a new sport	Build popularity to develop girls team
MCSN girls football festival for year3 and year4 girls	£ (transport see below)	Opportunity to experience competitive sport	Encourage these girls to play competitively as they enter KS2. Establish links with local clubs.
C team football fixtures	None	Fixtures for those attending the lunch time football club.	Introduce more children to competitive fixtures and representing their school for the first time.

Increased participation in School Games qualifiers/competitions and local festivals-MCSN	£500 to MCSN for running these	Targeted sports that we could do well in, such as Hockey We qualified for Hockey, Netball and Badminton at this year's School Games Finals	Develop additional sports teams through lunch time sessions and coaching from local clubs e.g. Link to St. Austell Hockey Club
Increased participation in 5 area cross country races at Par	Transport £See below	Selected children offered. We took over 40 children this year, increasing participation by arranging a bus instead of a mini bus	To produce more competitive runners through use of 'personal best' cross country sessions. Look into whole Key Stage Cross country events
Intra school competitions	None	We have started this with cross country, bench ball and tennis competitions trialed in PE lessons and during breaks for upper KS2 children	We are aiming to increase the number of times all children play competitive sports at MCS and will look at younger children being involved.
Transport costs for inter school fixtures and events	£ 4896	We have involved more children in competition this year. Partly this is through a wider involvement with the school games. We have attended 39 events to date this year. In addition, we have played 10 football and Netball league fixtures and attended the 5 area cross country races. 75% of KS2 have competed for their school this year. This is a marked increase from 55% the	The increased participation has led to more staff involved in attending competitive events. Staff have been keen to be involved and five teachers have attended events for the first time this year. Being able to call on different members of staff will ensure that we can continue to offer our children a large number of sporting events that include children with a wide range of all abilities.
Other supply costs for events	£ 250		

		<p>previous year. KS1 figures were also up from 25% to 35%</p> <p>The list of events is on our website. There are over 60 fixtures, festivals and competitions!</p>	
Meeting national curriculum requirements for swimming and water safety		Please complete all of the below:	
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?		91%	
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		67%	
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		74%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?		Yes	
Total funding - £19,670		Total funding allocated to date	
Total funding to be allocated - £19670			