



Public Health
England

29 February 2020

Dear Parent/Guardian,

COVID-19 – Advice for parents

Parents will be aware of national and international concerns about COVID-19, an illness caused by a novel coronavirus.

The advice regarding COVID-19 is rapidly changing. This letter provides the information as of the time of writing, but the latest advice can always be accessed on the PHE website: <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

Most people need to make no change to their normal daily lives.

There is specific advice overleaf for people who have travelled to certain countries and areas.

If you have questions about school attendance, you should approach the school in the first instance.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Kirsty Foster'.

Dr Kirsty Foster
Consultant in Health Protection

Advice for parents and pupils who have recently travelled

Public health advice is currently divided into two categories for travellers returning from affected areas.

Category 1 areas:

All returning travellers to take action

If you have returned from Hubei province in China in the past 14 days, stay indoors at home and avoid contact with other people even if you do not have symptoms. Call NHS 111 to inform them of your recent travel, and they will give further advice.

If you have returned from the following areas **since 19th February 2020**, stay indoors at home and avoid contact with other people even if you do not have symptoms. Call NHS 111 to inform them of your recent travel, and they will give further advice:

- Iran
- Specific “lockdown” areas in Northern Italy* as designated by the Government of Italy
- Daegu or Cheongdo, (Republic of Korea)

** Bertonico • Casalpusterlengo • Castelgerundo • Castiglione D'Adda • Codogno
• Fombio • Maleo • San Fiorano • Somaglia • Terranova dei Passerini: • Vo*

Category 2 areas:

Returning travellers developing symptoms within 14 days of return should take action

If you have returned from the following areas **since 19th February 2020 and develop symptoms**, however mild, you should stay indoors at home and avoid contact with other people and call NHS 111 immediately. You do not need to follow this advice if you have no symptoms.

- Northern Italy (North of Pisa, Florence and San Marino - see map on PHE website*)
- Vietnam
- Cambodia
- Laos
- Myanmar

* <https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas>

If you have returned to the UK from any of the following areas in the last 14 days and develop symptoms of cough or fever or shortness of breath, or have had contact with a **confirmed** case of COVID-19, you should stay indoors and avoid contact with other people, and call NHS 111 immediately.

- Other parts of China outside Hubei province
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau