



Spaxton C of E Primary School

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Head of School (Acting) – Mrs K Canham BA (Hons), MA



16 March 2020

Dear parents

COVID-19

Following on from my communication with you last week regarding our contingency plans should we receive a directive to close the school, I thought it would be helpful to share the latest advice from the Department of Education and NHS regarding the advised actions to take for those who feel they may be affected by the virus.

Symptoms of Coronavirus include:

- A cough
- A high temperature
- Shortness of breath

Having these symptoms does not necessarily mean that you have the illness. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

The latest instructions for those who have symptoms of coronavirus are:

- stay at home for 7 days if you have either:
 - a high temperature
 - a new, continuous cough
- Do not go to a GP surgery, pharmacy or hospital.
- You do not need to contact 111 to tell them you're staying at home.

Please inform us immediately if you feel your child meets any of the criteria for self-isolation.

More advice about self-isolation is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>.

How to avoid catching or spreading coronavirus:

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitizer gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell

Don't

- do not touch your eyes, nose or mouth if your hands are not clean

Chair of Governors: Mrs S Traynor/Mr A Watson

'Those who belong to our school **protect**, **trust**, have **hope**, **persevere**, show **courage** and **rejoice**.'

(inspired by I Corinthians Ch 13 Vs 4-7)

We are being extra vigilant with hygiene measures in light of the COVID19 situation and our cleaning team are paying extra attention to door handles, finger plates and touch points throughout the school.

We would support students if they wish to carry and use hand sanister whilst in school.

Please visit <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public> for further information.

Yours faithfully

A handwritten signature in black ink that reads "K.M. Canham". The letters are cursive and fluid.

Mrs K Canham
Acting Headteacher