



<p>Our PE provision aims to enable children to experience active, fun, progressive and challenging physical activities</p>	<h3>BIG IDEAS</h3> <ul style="list-style-type: none"> Active daily: to engage in physical activity outside of normal PE lessons using 'Daily Mile' and 'GoNoodle' Provide in house and external competitive sporting opportunities through a number of sports and activities for all abilities. Opportunities to experience activities that are lesser known and different to previous experiences. 	<h3>CONTENTS AND SEQUENCING</h3> <ul style="list-style-type: none"> Using the Lancashire PE scheme we provide opportunities to recap, develop, refine and sequence skills taught in PE lessons enabling children to be physically active for a sustained period of time. Develop teamwork within a competitive environment and apply skills taught, often through intra house space team events, providing opportunities to display simple attack and defence. Develop key skills; continuous development of the key skills of running, catching, throwing and bouncing. Progression of balance agility and co-ordination. Provide celebration opportunities in a non-competitive and competitive environment during school sports days and intra house competitions enabling children to display the skills they have been previously taught and celebrate in front of the family and friends. Wellbeing week provides opportunities to promote health and fitness and also mental wellbeing awareness, including the need for a regular sleep pattern and a healthy diet. 	
<h3>LINKS WITH MATHS AND ENGLISH</h3> <p>Each year group to complete "daily mile", record the number of laps completed in the time frame and look to better their previous attempt.</p> <p>Children able to write recounts on sporting experiences and reports on fixtures/events attended. Data collection opportunities for maths lessons.</p> <p>Opportunities to link PE to current theme and offer cross curricular engaging activities are capitalised on by teachers.</p>	<h3>RETRIEVAL SCALE</h3> <p>Recap on previous skills taught on a regular basis using children to model techniques and key questioning of terminology.</p> <p>Vocabulary used and reinforced during every lesson.</p> <p>Intra house events enable children to use and apply skills and when evaluating peer performances use appropriate vocabulary.</p>	<h3>PROGRESS</h3> <p>The Lancashire scheme is a progressive scheme over an average of 6 lesson period and also builds upon previous year skills. This is assessed by teachers and passed on annually for children to continue to build skills.</p> <p>Year 5 and 6 participate in swimming to enable them to confidently swim 25m. The Year 6 who are not as confident, participate in further intensive sessions in Autumn and Summer term.</p>	<h3>SUPPORT</h3> <p>Everyone has access to the National Curriculum for PE and the Lancashire scheme.</p> <p>Children are coached by teachers and peers to improve their individual skills.</p> <p>CPD for teachers provided via specialist coaches in a range of sports and activities through GSSN membership. Community links via local clubs who provide PE and after school enrichment opportunities, including Gloucester City, Gloucester Rugby, Cricket and Aspire Tennis. Well established link with Ribston Hall High School who provide sessions via their young leader scheme. Cross Country Championships, Netball, Football, Rugby, Cricket, Rounders, Hockey, Dance and Gymnastics matched/event attended yearly.</p>