



St Mary's Catholic First School  
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Head Teacher: Mrs Paula Fearn

25<sup>th</sup> April 2018



Dear Parents

### ST MARY'S SWIMMING POOL - LIFE SUPPORT COURSE 2018 SEASON

Summer is fast approaching and the pool season will be upon us soon. Every year the pool is opened for after school swimming and during the school holidays for those families that purchase a swimming voucher.

We would like to invite you to sign up to become lifeguards for the coming season. Once you have received the necessary training and are qualified you will be required to cover a number of after school and holiday swimming duties. Your family will also be able to take advantage of being able to use the pool at specific additional times at weekends, during the summer term and summer holidays. The pool can only be opened if we have two qualified people to "The Royal Life Savings Society" (RLSS) to operate it.

**We can therefore only open the pool out of hours if enough parents volunteer to undertake the course detailed below:**

#### LIFE SUPPORT

The Royal Life Saving Society UK organises this course; the aim of the course is to demonstrate a competent level of skill in basic life support and knowledge of the diagnosis and management of choking, bleeding and shock.

Once you have completed the training, your certificate will be valid for 24 months.

We would also like to take this opportunity to thank those of you who gave your valuable help with the running of the swimming pool last year and to ask whether you would be willing and able to help again this year.

If you received your qualification last year, it is valid for a further 12 months and your support would be greatly appreciated again this summer. You have the option to attend the training course again, if you would like to refresh your knowledge and skills, but will not be required to be re-assessed. If you received your qualification 2 years ago you will need to renew your qualification this year.

**Training Courses have been arranged to be run at St Mary's on:**

**Wednesday 16<sup>th</sup> May 9.00 am–11.00 am or 6.00 pm–8.00 pm**

**You only need to attend one of these training sessions.**

Finally if anyone has a current first aid certificate, that is relevant to the poolside environment, it is possible that this may meet or exceed that of the RLSS qualification. We will need to see a copy of your certificate in order to confirm this.

In addition to the above course all lifeguards must attend a **POOL AWARENESS SESSION** that will last approximately 1 hour and is held at the poolside with the emphasis on safety and how to manage the children. This date will be set shortly.

Yours Sincerely

Mrs Paula Fearn  
Head Teacher



PLEASE COMPLETE & RETURN TO THE SCHOOL OFFICE BY **Monday 30<sup>th</sup> April 2018**

**POOL LIFEGUARD TRAINING 2018**

NAME:.....

CONTACT HOME PHONE No:.....

MOBILE No:.....

These numbers will eventually form a list only for the lifeguards.

(Please indicate if this may be a problem)

CHILD NAME & SCHOOL YEAR:.....

Please tick one of the following options:

1) I would like to sign up as a lifeguard and will attend the training course on Wednesday 16 <sup>th</sup> May 9.00 am/6.00 pm (delete as appropriate) and will attend the pool awareness session once dates are confirmed	
2) I am qualified & will attend the refresher training on Wednesday 16 <sup>th</sup> May 9.00 am/6.00 pm (delete as appropriate) and will attend the pool awareness session once dates are confirmed	
3) I am not able to help with the pool this year	
4) I have a first aid qualification and enclose a copy of my certificate. I will attend the pool awareness session once dates are confirmed	
5) I am qualified from last year and am happy to help again as a Lifeguard but will not be attending the training on 16 <sup>th</sup> May but will attend the pool awareness session once dates are confirmed	

MANY THANKS