

Friday 5th February 2021

Year 1 Newsletter



Hello all the 'Treehouse' Year 1's,

Archie, Wiktor, Bobby, Sharlyne, Ethan, Sam, Georgia, Rosalie,

Harrison, Nabila, Jack, Maisie, James, Louie, Jessica, Lily, Kobi and Leon

It has been really wonderful seeing you all on Zoom every Monday. I hope you are all well and you are keeping up your good work at home. Have you made your grown-ups smile and have you been helping at home?

Keep trying your best with your Home Learning and keep reading every day. 😊

Thank you for working with your child and encouraging them in their home learning. Make sure they work at their own pace and enjoy a variety of activities. 'Family and home life is the most important'.

Inside Out Day

Did you remember **Inside out Day** on Wednesday 3rd February? We did!



Always remember that it's good to talk about our feelings and share what is on the inside, with others, especially if we have worries, fears or concerns.



Gratitude Jars

Have you been filling your gratitude jars or boxes?

On Monday at our Year 1 Zoom meeting we talked about what we are thankful for. We all wrote a thankfulness thought on a small piece of paper and folded it up to put somewhere safe.

It is really good to reflect each day on something positive that we can thank God for, it could be a beautiful sun rise, or the snow, or our family, or someone saying something nice to us or you doing something kind for someone. We can write a reflective thought each day and put it in a jar or box and see if we can fill our special Gratitude Box with lots of positive reflections.

Kindness Activity Pack from the British Red Cross.

In the pack you will find fun activities you can do at home reflecting on the power of kindness. It also encourages you to do small acts of kindness each day to help your community, your family and yourself. Kindness can help us to cope with challenges and change. Being kind to others can help them cope better too.

Spot On Lancashire <https://spotonlancashire.co.uk/whats-on/>

Checkout Spot On Lancashire. It is a great website to explore. It also has video stories for children to watch <https://spotonlancashire.co.uk/spot-on-stories/>

*'Spot On Stories are ten-minute micro shows filmed just for you by some of the fantastic artists that have, or should have, toured with Spot On. These are bite-sized video moments, made for the people of Lancashire, so that for 10 minutes, wherever you are, you can lose yourself in a really good story. We're working in partnership with **Lancashire Library Service** to deliver this project.'*

One of Mrs Seagrave's all-time favourites is featured - The Wind and The Sun. She loves the message given in the story and remembers it fondly from her days in Primary School

<https://spotonlancashire.co.uk/whats-on/the-winter-wind-and-summer-sun/>



Picture News

The Picture News tab on the website is updated weekly with current events being shared in a variety of ways for discussion and activities. We have also recently signed up to the Early Years' version of this resource which is geared towards our youngest children.

I hope you find some of these resources as helpful at home, as we do in school.

Child Mental Health Week



In these difficult times, it is important to remember what makes us happy. We are all part of a bigger picture just like pieces of a jigsaw. Use the jigsaw template to draw and write on the things that make you feel happy. Colour and cut your jigsaw piece out and display it proudly on one of your front windows. (found on our school website)

Let's see how many windows we can decorate to keep spirits up and remember the good things! You can have a competition with your friends to see how many you can spot when you are out and about!

Spring

Have you been enjoying the weather? We have experienced a range of weather from snow, rain, blue skies and a couple of beautiful sunrises and sunsets.

I have been trying to walk lots with my family to enjoy the fresh air and get some exercise.

Where have you been walking?

I am enjoying seeing the signs of Spring, it is like the world waking up after a sleepy winter.

What signs have you seen?

I hope you all have a wonderful week ahead and I look forward to seeing you on Zoom

Love Miss Courtney



Be kind and compassionate
to one another, forgiving
each other, just as in Christ
God forgave you.
Ephesians 4:32

