

Nurturing God's gift with compassion and drive so that all our children succeed, learn and thrive.

Compassion, wisdom, forgiveness, perseverance, trust and respect. Newsletter 27/03/2020

Message from Miss Kennedy

What a difference a week has made to all our lives! I expect none of us ever thought all our schools would close so quickly. I would like to thank all of our parents, who have made provision for their children wherever possible. We are currently open at Ladock School for children of key workers who have no alternative childcare options. Please contact the school secretary to confirm you need the provision the day before, everything is so unpredictable at the moment. We only have one or two children to care for each day, but the staff are trying to make it fun for the children so they can still enjoy their day. The staff have all been wonderful and remain dedicated to the school. Mrs Warne and Miss Mills will be at school tomorrow to distribute the FSM and UFSM lunch bags. Mrs Wright will contact parents who have signed up via text with a collection time.

I hope you and your children are happy and healthy at home and are enjoying the learning set on the class pages. The weather at least is lovely, so make the most of it, if you have a garden, play out. It is time to appreciate the little things in life that we often overlook due to our busy schedules. This morning the birds singing sounded louder and clearer than normal, I spent a moment thinking of all the things I am grateful for. Although, I am missing the children's laughter and all their little personalities. Your children always make our work so worthwhile, they are the reason we chose this profession, it certainly isn't the same without them!

I have made a few calls to a parents to see how they are, if you would like me to call for a chat so you still feel connected to the school please email the secretary and I will call. I am busy working through all the official procedures either at home or at Ladock school, but I think a human voice can be helpful with keeping our spirits up. Fortunately, all our staff remain healthy, please let us know if your feeling unwell, we want to support you. Our Grampound Road community needs to stick together!

If you would like us to share a picture of how your child have been accessing the curriculum from home, please email grampoundroad.secretary@celticcross.education to be included in the next newsletter.

The Joe Wicks workout is a hit with many families, why not join in at 9am on you tube

All our thoughts and prayers are with our school community.

Stay Safe.

Wellbeing support for students

Every Mind Matters is now tailored to support people through social distancing and home isolation. Find guidance, advice and tips on how to maintain your mental wellbeing if you need to stay at home or are worried and anxious about the outbreak. <https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/>

How To Teach Online: Providing Continuity for Students

Free online course from University of Exeter:

<https://www.futurelearn.com/courses/teach-online>

10 Ways to Achieve Careers Education at Home

A curated selection of online resources: pathways information, free online courses and lessons, careers websites, debate materials, job roles and the jobs market

<https://www.careershubcios.co.uk/wp-content/uploads/2020/03/10-ways-to-achieve-careers-education-at-home.pdf>

Other information from Local Authority that may support parents

COUNTYWIDE – Volunteer Cornwall now have an online referral form for their Coronavirus support service (for vulnerable people who need assistance during isolation) https://www.volunteercornwall.org.uk/coronavirusvolunteer?fbclid=IwAR2xdn1uaO4x-2LTfmTQ9ccvTkmaanJlleeX_Vm8DIMxGC6XjDM3XFYYkYY_

COUNTYWIDE – Benefits and Coronavirus; A handy guide from Cornwall Council <https://www.cornwall.gov.uk/advice-and-benefits/benefits/benefits-and-coronavirus/> . Keep an eye on this page as there is an announcement due about the governments Coronavirus crisis grant.

COUNTYWIDE – The Growth Hub is offering advice to businesses affected by closure. Finds links to advice and their contact details here <https://www.ciosgrowthhub.com>

- **COUNTYWIDE** - Cornwall-wide Energy Advice Service Update from Community Energy Plus:

Community Energy Plus is a Cornish charity which provides energy advice and practical help for vulnerable householders in Cornwall to achieve warmer, healthier homes.

To keep people safe and to minimise the spread of COVID-19 we have suspended home visits. However we are continuing to provide advice over the phone to people living across all housing tenures in Cornwall. This includes:

- Advice for pre-pay meter clients about topping up meters during COVID-19.
- Help to understand energy bills, switch tariffs, manage energy debt and other issues with energy suppliers. We can advocacy support to help you speak to your energy supplier if needed.
- Access to grants for heating repairs and upgrades, insulation and other energy efficiency measures.
- Advice on saving energy and money.
- Advice on reducing condensation and mould.
- Links to services provided by other local and national organisations.

Call us on Freephone 0800 954 1956 or 01872 245566 or email advice@cep.org.uk

COUNTYWIDE – For those seeking support with self employment Outset Cornwall is now able to continue its support and reach out to communities by switching to an online programme delivery with of **all** training. The use of online training room to hold Outset Cornwall sessions seems like a great alternative. Individuals will still be able to interact with their advisor and the other people that attend the session, as well as see the slides that they are using on your computer screen. Their advisors will connect through webinars, phone calls and maintain contact with each individual. This might also be a good time to introduce you to their additional training platform, Outset Online, which they automatically get free access to once they have signed up to the programme. There is a wealth of experience on the platform, and clients can work through the online lessons to create a business plan, or dip in and out to find out more information about a certain topic to help with their business idea. Contact rosie.laurent@outset.org rosie.laurent@outset.org to find out more.