

KOOL KIDS CAFÉ AUTUMN MENU 2019

Week 1	Week 2	Week 3
Monday	Monday	Monday
"Meat Free Monday" Pizza & Garlic Bread	"Meat Free Monday" Tomato & Basil Pasta, Salad & Garlic Bread	"Meat Free Monday" Macaroni Cheese, Salad & Garlic Bread
Arctic Roll & Raspberry Coulis	Chocolate Muffins	Pancakes, Fresh Raspberries & Cream
Tuesday	Tuesday	Tuesday
Chicken, potatoes & Mixed Veg	Cottage Pie, Broccoli & Green Beans	Sausages, Mash, Cauliflower, Green Beans, Gravy
Vegetarian Option – Quorn Pieces Cheesecake/Orange Segments	Vegetarian Option – Quorn Pie Sponge Cake	Vegetarian Option – Veggie Sausages Chocolate Brownie
Wednesday	Wednesday	Wednesday
Roast Pork with Yorkshire Pudding, New Potatoes, Carrots, Green Beans & Gravy	Roast Turkey with Yorkshire Pudding, New Potatoes, Carrots, Cauliflower & Gravy	Roast Chicken with Yorkshire Pudding, New Potatoes, Carrots, Broccoli & Gravy
Vegetarian Option – Quorn Fillet & Trimmings Angel Delight	Vegetarian Option - Quorn Fillet & Trimmings Apple Flapjack	Vegetarian Option - Quorn Fillet & Trimmings Jelly
Thursday	Thursday	Thursday
Pasta Bolognaise Bake	BBQ Chicken & Rice with Sweetcorn & Peas	Mild Chilli Con Carne & Rice
Vegetarian Option – Quorn Pasta Bake Eton Mess	Vegetarian Option – BBQ Quorn Pieces Shortbread & Banana	Vegetarian Option – Quorn Carne Cupcakes
Friday	Friday	Friday
Omega 3 Fish Fingers with Chips & Beans	Omega 3 Fish Fingers with Chips & Beans	Jumbo Fish Fingers with Chips & Beans
Vegetarian Option – Fluffy Omelette Chocolate Pudding & Chocolate Custard	Vegetarian Option – Fluffy Omelette Syrup Sponge & Custard	Vegetarian Option – Fluffy Omelette Apple Crumble & Custard

Also available daily:

- **Jacket Potatoes with either Baked Beans, Cheese or Tuna Mayo**
- **Water**
- **Muller Light Corner Yoghurt available on selected days**
- **Wholemeal Bread available on selected days**

Please let us know if your child is vegetarian or has any food allergies/intolerances so that we can inform the School Kitchen.

