



## St Catherine's Catholic Primary School and Kindergarten

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Dear Parents,

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their **Speak out. Stay safe.** programme to St Catherine's School on the 5<sup>th</sup> February 2018. This is a programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school as well as a workshop for Years 5 and 6.

### What is the **Speak out. Stay safe.** programme?

Through the delivery of child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, in an age appropriate and child-centred way.

We have reviewed the content of their established program which is delivered to 8,000 primary schools across the UK each year and we are confident that the messages are informative and appropriate for primary-school-aged children. By the end of their visit, we believe children will feel empowered – knowing how they can speak out and stay safe should they ever have any worries or concerns.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, you can read all about it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please contact us at the school and we can arrange for you to hear more about it.

### Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe with your children – The NSPCC have a number of child-friendly age appropriate materials to help you carry on these conversations afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – in an age appropriate way.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

As a charity, the NSPCC can only provide these important resources thanks to the financial support and generosity of their supporters. Which is why I am delighted to say that our school has chosen to support the valuable work of the NSPCC by taking part in a fundraising event, and I would really value your support and encouragement. We will share more information about the fundraising event and how you can support the NSPCC's work following their visit to our school.

Yours sincerely,

Sarah Sparks  
Headteacher

A family united in God's love,  
learning in faith together for a compassionate tomorrow.