



Week 1: 3rd Sept, 24th Sept, 15th Oct, 12th Nov, 3rd Dec

**MONDAY**

**Main Meal**

Allergens

Spaghetti Bolognaise or  
Vegetable Bolognaise with Garlic Bread  
Jacket Potato  
**Served with**  
Broccoli, Baked Beans  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Fresh Fruit Salad or assorted Yogurts

**TUESDAY**

**Main Meal**

Oven Baked Sausage or Vegetable Sausage  
Penne Pasta with Napoli Sauce  
**Served with**  
Mashed Potato, Baked Beans, Peas  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Ginger Sponge & Custard or  
Homemade Biscuit. Fruit Cocktail

**WEDNESDAY**

**Main Meal**

**Roast of the Day or Vegetable Roast**  
**Served with**  
Roast Potatoes, Creamed Potatoes, Cabbage,  
Carrots & Gravy  
**Putdng**  
Winter Berry Chill or Homemade Biscuit  
Fruit Cocktail

**THURSDAY**

**Main Meal**

Chicken Korma or Vegetable Korma with  
Naan Bread or  
Tomato & Basil Pasta  
**Served with**  
Sweet Corn and Peas  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Fresh Fruit Salad. Assorted Yogurts

**FRIDAY**

**Main Meal**

Fish Fingers or Vegetable Quiche  
**Served with**  
Chipped Potatoes, Baked Beans, Sweet Corn  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Chocolate Brownie, Homemade Biscuit  
Fruit Cocktail

Week 2: 10th Sept, 1st Oct, 29th Oct, 19th Nov, 10th Dec

**MONDAY**

**Main Meal**

Allergens

Chicken Pasta Bake in Tomato Sauce  
Pasta Napoli or Jacket Potato.  
**Served with**  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Fresh Fruit Salad. Assorted Yogurts

**TUESDAY**

**Main Meal**

Caribbean Beef Curry or Vegetable Curry with  
Naan Bread. Tomato & Basil Pasta  
**Served with**  
Boiled Rice, mixed Vegetables & Peas  
Salad Bar - Homemade Bread  
**Putdng**  
Apple & Pear Crumble with Custard  
Fruit Cocktail. Homemade Biscuit

**WEDNESDAY**

**Main Meal**

**Roast of the Day or Vegetable Roast**  
**Served with**  
Roast Potatoes, Creamed Potatoes, Cabbage,  
Carrots & Gravy  
Homemade Bread  
**Putdng**  
Jelly. Fruit Cocktail. Homemade Biscuit

**THURSDAY**

**Main Meal**

Steak Pasty or Cheese Pasty  
Tomato & Basil Pasta.  
**Served with**  
New Potatoes, Baked Beans and Peas  
Salad Bar - Homemade Bread  
**Putdng**  
Fresh Fruit Salad. Assorted Yogurts

**FRIDAY**

**Main Meal**

Fish Fingers or Vegetable Quiche  
**Served with**  
Chipped Potatoes, Baked Beans, Sweet Corn  
Salad Bar - Homemade Bread  
**Putdng**  
Chocolate Crispy Bar or Fruit Cocktail  
Homemade Biscuit

Week 3: 17th Sept, 8th Oct, 5th Nov, 26th Nov, 17th Dec

**MONDAY**

**Main Meal**

Allergens

Beef Chilli or Veg Chilli with Nacho's  
Jacket Potato  
**Served with**  
Rice, Beans, Sweet Corn  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Fresh Fruit Salad. Assorted Yogurts

**TUESDAY**

**Main Meal**

Chicken Pie or Veg Pie with Cheesy Mash  
Topping. Pasta Napoli  
**Served with**  
Broccoli & Mixed Vegetables  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Chocolate Sponge with Chocolate Sauce  
Fruit Cocktail or Homemade Biscuit

**WEDNESDAY**

**Main Meal**

**Roast of the Day or Vegetable Roast**  
**Served with**  
Roast Potatoes, Creamed Potatoes, Cabbage,  
Carrots & Gravy  
Homemade Wholemeal Bread  
**Putdng**  
Fruit & Ice-Cream. Homemade Biscuit

**THURSDAY**

**Main Meal**

Chicken or Vegetable Cobbler with Mini  
Cheese Scones  
Jacket Potato  
**Served with**  
Broccoli, Baked Beans  
Salad Bar - Homemade Wholemeal Bread  
**Putdng**  
Fruit Salad. Assorted Yogurts

**FRIDAY**

**Main Meal**

Battered Fish or Vegetable Quiche  
**Served with**  
Chipped Potatoes. Baked Beans. Peas  
Homemade Wholemeal Bread - Salad Bar  
**Putdng**  
Chocolate Orange Drizzle Cake  
Fruit Cocktail. Homemade Biscuit