

JHN AUTUMN TERM School Lunch Menu

Week 1

21 Sep

Monday

Pasta in tomato sauce
Vegetables
Fruity Flapjack

Tuesday

Meat balls/Quorn
burger with mashed
potato
Vegetables
Choc orange cake

Wednesday

Roast Pork
OR
Quorn fillet
Yorkshire pudding,
vegetables
Apple cookie

Thursday

Spaghetti bolognese
OR
Quorn bolognese
Vegetables
Fruit jelly

Friday

Breaded Fish
OR
Quorn sausage & chips
Vegetables
Ice Cream

Week 2

28 Sep

Monday

Pasta in tomato sauce
Vegetables
Fruity Flapjack

Tuesday

Meat balls/Quorn
burger with mashed
potato
Vegetables
Choc orange cake

Wednesday

Roast Pork
OR
Quorn fillet
Yorkshire pudding,
vegetables
Apple cookie

Thursday

Spaghetti bolognese
OR
Quorn bolognese
Vegetables
Fruit jelly

Friday

Breaded Fish
OR
Quorn sausage & chips
Vegetables
Ice Cream

Fresh Fruit, Yoghurt, Fresh Salad and bread available

