

Woodthorpe J.I. School

Physical Education Coaching Policy

At Woodthorpe we aim to provide high quality teaching/coaching opportunities for children. This allows the children to further develop their social and emotional skills. Children will:

- Have a greater understanding of health and fitness and to opt for physical activity to encourage a healthier lifestyle.
- Show a desire to improve and achieve in relation to their abilities and aspirations.
- Develop the appreciation of the concept of fair play, team play, honest competition and good sportsmanship.
- Understand safe practice and develop a sense of responsibility.
- Foster self-esteem through the acquisition of physical competence and poise.

Coaches in School Time

- Whole class participation is usual.
- Teachers should be present and proactive throughout the lesson delivery.
- Where possible, the teacher should work with the coach to allow continuity after the coach's contract has finished. (e.g. assessment)
- A teacher may not be present if the specialist is a qualified teacher or has an appropriate sports' governing body qualifications in teaching their sport and teaching children.
- Coaches should be of good character and suitable to work with children. They should have the right manner and be aware of targets and limitations. Teachers should inform the coach of any specific issue(s).
- Coaches, where possible, should provide planning for teachers.
- Coaches should follow the appropriate regulations for safe guarding their pupils.
- The PE coordinator will monitor coaches.

Activities that are available outside of school hours and the selection process

The school provides a broad range of extra-curricular activities delivered by staff and outside specialists. This offers the children the opportunity to perform in both competitive and non-competitive games.

Children will be selected on a first come, first served basis. The PE Coordinator may decide to positively discriminate in order to develop a particular group, for example, a girls' only cricket club.

General Information for running an After School Club or Competition

- All children **must** have written permission to attend a club or competition.
- Parents and Carers should be given reasonable notice before an event or competition.
- The PE coordinator OSHL Coordinator must agree any club.
- Any event / competition should be agreed by the PE coordinator or Head teacher.
- A register should be taken in order to monitor attendance and to ensure that all children are accounted for in the event of an emergency or fire alarm.
- Adults working with children should wait (where appropriate) for parents/carers to collect children after the club has finished.
- Where appropriate, parents may be contacted if their child is not collected and a phone is located in the office.
- A member of SLT should be present until ALL children have been collected by a parent / carer.
- Children should wear appropriate clothing for PE.
- No food, sweets or chewing gum must be eaten during club time.

Coaches in After School Clubs

At Woodthorpe we have many outside specialists who are experts in their field. This helps to develop high quality PE and Sport within and beyond the curriculum time.

- Coaches should have the appropriate sports' governing body qualifications in coaching their sport and in coaching young people.
- Coaches should be of good character and suitable to work with children. They should have the right manner and be aware of targets and limitations.
- Person appointed as coach will be subjected to a CRB check before commencing the after school club.
- Coaches should not extract talented performers to give specialist and personal coaching, unless specifically intended.
- Coaches will be monitored by the PE coordinator.
- Coaches should follow the appropriate regulations for safeguarding their pupils.

Adults other Than Teachers (AOTTs)

Teaching assistants, Learning Mentors and other staff may work with the PE coordinator to deliver an after school club. They should follow the Woodthorpe aim for Physical Education and consult with the PE coordinator before making any decisions.

- AOTTs must agree and consult the PE coordinator about any competitions.
- All letters of correspondence to children's parents should be shown to the PE coordinator before it is sent out.
- AOTTs should follow the appropriate regulations for safeguarding their pupils.
- Where possible, AOTTs should have the appropriate sports' governing body qualifications for teaching their sport and young people.
- The PE coordinator will monitor AOTTs.

Parents /Families/Others

- Adults may support their children during competitions and club time but will not run a club in anyway and will always be supervised by a person qualified to work with children. (E.g. teacher, AOTT or coach).
- An adult wishing to run or help with the club activities must be over 18, have appropriate sports' governing body qualifications in coaching their sport and coaching young people and have DBS clearance.
- The PE Coordinator or Head teacher should agree parental support.
- Adults should follow the appropriate regulations for safeguarding their pupils.
- A person under 18 may support a club but must be a part of a Youth Leadership (or similar) Scheme.

Accident procedure (For further details, please see the Physical Education Policy)

If an accident occurs, the pupil needs to be sent to a qualified first aider. The incident should be recorded including the time and what happened. A first aid kit is available by the office and an ice pack is kept in the fridge in the staff room. Portable first aid kits should be taken to all off-site events.

Equality

Clubs and in-school coaching are available to all pupils. Uptake of clubs by gender etc., Pupil Premium and other groups is monitored annually.

Charges

Charges apply for the majority of after school clubs. The Governing Body may decide that Pupil Premium children may attend a club for no charge for a limited length of time.

The Rights of Every Child

Woodthorpe JI School uses the U.N. Convention of the Rights of the Child to ensure that every policy supports the improvement of life chances for children.

Signed

Approved: 10 November 2016

Review: November 2019