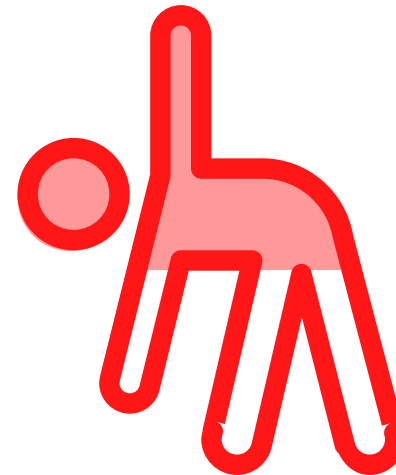
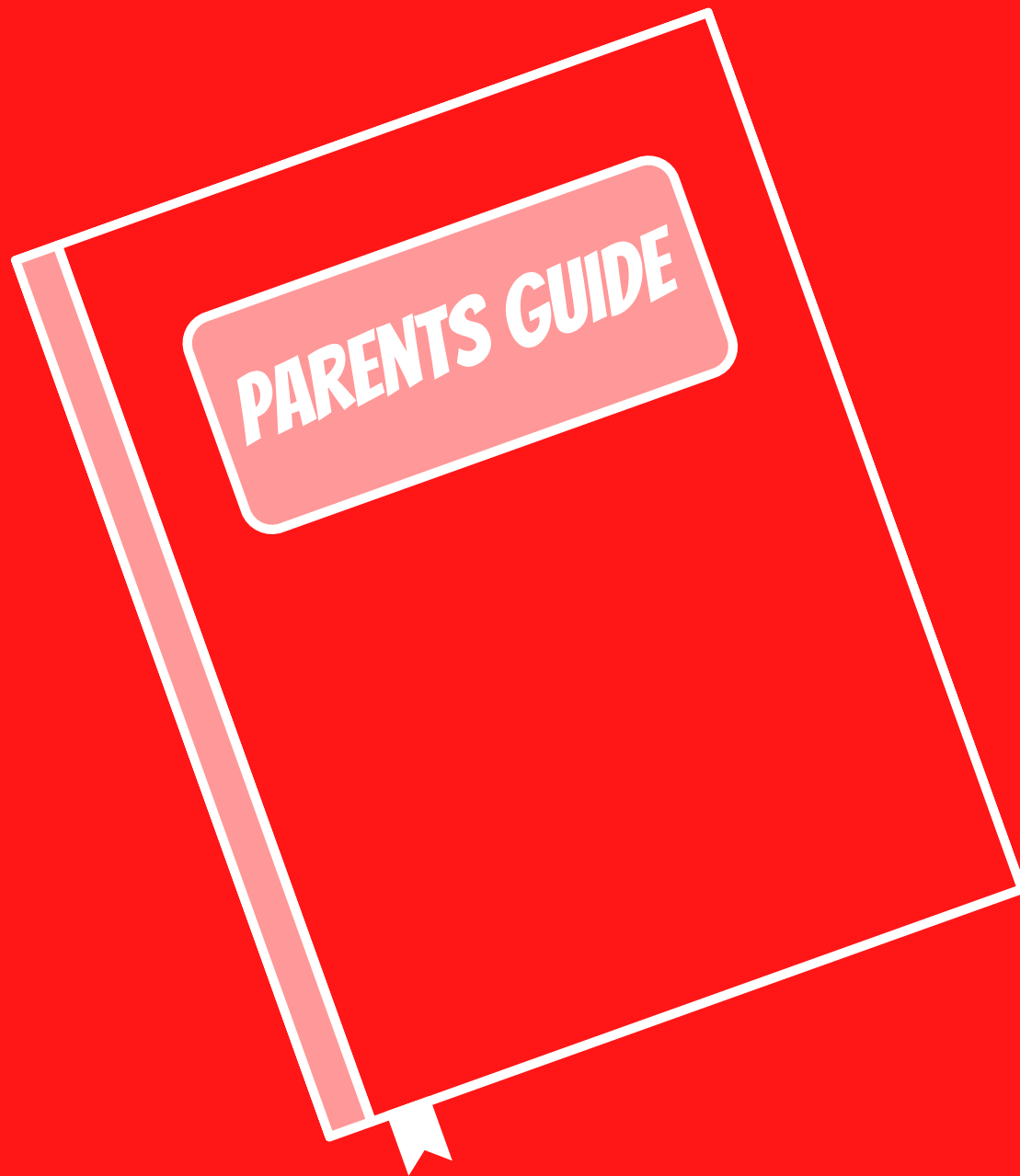


***HOME  
SCHOOLING  
PHYSICAL  
EDUCATION***

***EASY TO FOLLOW ACTIVITIES FOR ALL  
PRIMARY SCHOOL AGES***





***RISING STARS UNDERSTAND HOW DIFFICULT A JOB IT IS HOME SCHOOLING.***

***WE HOPE ALL PARENTS FIND THESE SPORTS ACTIVITY CARDS HELPFUL TO KEEP CHILDREN ACTIVE AND HEALTHY WHILST NOT BEING ABLE TO BE AT SCHOOL.***

***SOME ACTIVITIES ARE BETTER SUITED TO CERTAIN AGES AND REQUIRE CERTAIN EQUIPMENT SO PLEASE FEEL FREE TO GET THE CHILDREN OR YOURSELVES TO ADAPT THE ACTIVITIES TO SUIT YOUR CHILD'S AGE, ABILITY AND THE EQUIPMENT YOU HAVE AVAILABLE.***

***DO NOT FEEL PRESSURED TO GET YOUR CHILD TO COMPLETE ALL OF THE ACTIVITIES. THE MAIN THING IS GETTING THEM ACTIVE AND HAVING FUN!***