




## Remote learning – PE

**Your challenge: Can you take a walk every day?**

**What must it include?**

- Your walk must last at least 20 minutes
- It could also include:

<p><b>Running</b></p> 	<p><b>Jumping</b></p> 	<p><b>Puddle-jumping</b></p> 
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- You could take with you:

<p><b>A ball</b></p> 	<p><b>A bike or scooter</b></p> 	<p><b>A stick</b></p> 
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**Can you also...?**

- Can you send us a picture from your walk?
- Can you send us some amazing wow words to describe your walk?
- Can you find 3 things beginning with the same letter?
- Can you write about your walk? Maybe a rhyming poem?