

Progression of Sex & Relationship Education

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Moral message	God created male and female.	We are created out of love and our true meaning is found in love. Men and women create new life with God.	God created us as male or female and it is an important part of who we are.	God has given men and women the gifts of love and new life.	It is important to respect God's gift of sexuality.	God loves us and although created in his image we are all unique!	
Intro & Context	Love, relationships & Marriage	Marriage, love, family & babies	Wedding anniversary	Mum announcing her pregnancy	The amazing different systems in our bodies	Christian views of marriage and sexuality as an expression of love	
Learning outcome 1.	I understand that in marriage share their love for each other.	I understand that a man and a woman share life and love in marriage and by becoming parents	I understand how a cell is created when sperm from the father is joined with the ovum from the mother.	I understand how twins are created and that doctors can make pictures of babies inside the uterus using ultrasound.	I understand that fertility means the power to procreate and that we become fertile during puberty.	I understand that chromosomes, found in sperm cells and the nucleus of the ovum, are the instructions to create a unique human being.	
Learning outcome 2.	I understand that husbands and wives share their love by becoming parents.	I know about the beginning of human life inside the uterus and a deep reverence and respect for life before birth.	I understand that the foetus grows inside the mother and that the umbilical cord is the lifeline to the foetus.	I know the names of the male and female reproductive parts.	I understand how an adult female and male reproductive system works and how my body will change during puberty.	I understand that each trimester during pregnancy is a special developmental phase of the baby.	
Learning outcome 3.	I understand that human life begins in a special place called a uterus inside a mother's body and that it is a perfect home for a developing baby.	I understand how the human person grows inside the uterus and how they are born.	I understand that when a baby is born it travels from the womb through the mother's vagina.	I understand that sperm leave a male and enter a female's body during a 'special hold' known as sexual intercourse.	I understand how the menstruation cycle works.	I understand about the phases of labour and what is meant by a caesarean section.	
Learning outcome 4.	I understand that babies need special care after they are born and that God designed boys and girls to be physically different.	I recognise that my body is a gift from God and can appreciate and respect the differences between girls and boys.	I understand that the mother can feed a baby from her breast or a bottle.	I understand the role of the placenta during pregnancy and what premature means.	I understand that when a man is fertile semen leaves his penis by ejaculation and that when fertilisation takes place the man's penis becomes erect to fit inside the woman's vagina.	I understand about some of the emotional and social changes of puberty and the role of hormones.	
New vocabulary introduced	Pregnant, uterus, vagina, birth canal, penis, breasts	Scrotum, vulva, sperm, ovum, cell, sac, fluid, umbilical cord, navel	Conception, foetus, contractions	Ultrasound, testicles, fallopian tubes, ovaries, sexual intercourse, placenta, premature	Sexuality, fertility, puberty, fallopian tubes, cervix, vas deferens, urethra, menstruation, lining, ejaculation, erection, hormones, pubic hair, wet dream	Menopause, chromosomes, heredity, labour, trimester, caesarean, hormones	

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