

Here are some sites that you may have heard your children talking about (there are many others and new ones are constantly being developed).



<http://www.net-aware.org.uk>

The 'Growing up Digital Taskforce' published their 'Growing up Digital' report in January 2017.

Extract :

Parents tell us that they are **not confident about how to prepare children for life online**. In a survey conducted for the Children's Commissioner by Mumsnet (website)

- ◆ 73% of parents were concerned about their children accessing inappropriate material online
- ◆ 49% were worried about their child over-sharing personal information
- ◆ 61% feared that social media was an overwhelming distraction from other activities
- ◆ 54% were afraid of unwanted contact by strangers with their children

<https://www.internetmatters.org/>

Be **ESAFE**

Educate yourself

Start having conversations

Ask your child to show you what they do online

Find out how to set parental controls and agree boundaries

Encourage your child to tell you if anything



Social Media

ACE guide for Parents
and Carers



Please don't be puzzled...



Social Media

This is a wonderful tool for communicating, sharing successes and generally keeping in touch.

You will see that from the list on the back of this leaflet—just some of those platforms currently available—most are aimed at older children, however we know that many of our children are accessing some of them (and others).

Therefore, this leaflet is aimed at giving you advice on how to help your family make the most of social media, safely.

We have listed several websites (both UK and international), which give really sound and up to date guidance on how to make the most of the Internet.

Your school also has several people who can help you if you are worried about keep your children safe online. Across the Trust, we regularly hold information sessions for parents and carers, and you are welcome to attend any session in any of our schools. Keep your eye on your school's website to see the next dates, or ask the IT leader for your school.

From setting up filters, to enabling your child to feel able to discuss their online lives with you, we will happily support you or signpost you to the right source of information for you.

Technology is always changing and sometimes the pace can be breath taking—so don't be nervous about asking for advice or help.

For example, lots of games which children play through their consoles actually give the the opportunity to play with other people online. Obviously, there's no way of knowing exactly who they are playing against, or even where they are, so it's important to know what games

your children are playing and to be able to chat about this aspect of them.

Encourage them to share with you—anything which they find upsetting.

YouTube

YouTube is another great resource full of funny and informative content. Just be cautious about what your child is viewing online in the same way you monitor which films and TV programmes they watch. For more information on this watch this link: <https://www.youtube.com/watch?v=v9EKV2nSU8w&t=58s&safe=active>

And finally.....

It may be tempting to think that children know more than the adults, and therefore not be confident about getting involved. However, there are lots of simple things you can do to keep your child enjoying these platforms safely. We hope that you find this leaflet and the links provided helpful.

We're happy to help.... Please ask.

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Other useful websites.....

www.nspcc.org.uk

www.safekids.com/quiz

www.safesurfingkids.com/quiz/safe_inetrnet_kids_quiz.html

www.funtrivia.com/playquiz/quiz2528451cf2e20.html

www.esafety.gov.au/kids-quiz

<https://home.macafee.com/SafetyQuizKids/QuizKids.aspx?culture=en-US&ctst=1>

<https://kycss.org/pdfs-doc/clearpdf/isafe/internetquiz.pdf>

As you can see from the information in this leaflet, most social media sites are aimed at children beyond the primary age group.

Our aim is to ensure that we support our communities in modelling how to use social media safely and appropriately.

Please get in touch if you would like to ask us about anything.... There's no such thing as a silly question.

Thank you for your support.

