

# YOUR MENU

8th – 12th October 2018

# Autumn

## MONDAY

Cowboy Breakfast  
(Sausage, bacon, beans & hash brown)

Cheese Pasta &  
Homemade Fresh Bread

Tuna Mayo Roll

Homemade Ginger Cookie or  
Ice Cream Pot

## TUESDAY

Pasta Bolognaise &  
Homemade Garlic Bread

Cheese & Tomato Pizza  
Slice

BBQ Chicken Wrap

Pancakes with chocolate  
Sauce

## WEDNESDAY

Beef or Quorn Burger in a  
bun with  
Oven baked diced potato

Salmon Pasta Bake & fresh  
bread

Egg & Cress Roll

Shortbread Biscuit

## THURSDAY

Roast Chicken & Sage &  
Onion Stuffing

5 Bean Chilli & Steamed  
Rice

Cheese & Tomato Roll

Devil's Chocolate Cake &  
Custard

## FRIDAY

Oven Baked Battered Fish &  
Chips

Broccoli & Sweetcorn Pasta &  
Fresh Bread Roll

Ham Salad Roll

Fruit Muffins

Alternative desserts  
available every day:

Muller light Yoghurt  
Fresh fruit  
Cheese & Crackers  
Jelly Pots

**Available daily:** Assorted vegetables, Jacket Potato, Salad bar, fresh bread.  
Milk, water & Aqua Juice Cordial

