



The Red Box Project

We've got your back!


## What is the Red Box Project?

- We're a community project set up to provide period products to young people.
- We collect donations of period products and new pairs of pants from members of the public and we take them to schools and other youth hubs.
- We deliver the items in Red Boxes, which schools keep in a safe place for students who need them.




The Red Box Project

Got your period?



If you are in need of Sanitary Towels  
or Tampons, just ask  
..... for the  
Red Box and we'll sort you out!



Because not everyone finds it easy to access sanitary products.  
[redboxproject@gmail.com](mailto:redboxproject@gmail.com)    The Red Box Project

# What's in a Red Box?

New underwear in different sizes

Loose pads in case of emergencies



Brown paper bags so you can take pads away without people noticing

Posters so you know where to find your box

Whole packs of pads and tampons in different sizes and absorbencies, including night pads. You can take whatever you need for your entire period.



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## How does the box work?

- Your school's Red Box is kept with one of your teachers or support staff.
- When you start your period, or just before, go to them and ask for the Red Box
- You can take whatever you need for your entire period – day pads, night pads, tampons – and clean underwear, if you need it. No questions asked.
- Or if you just need one or two to get through the day, you can take that too.
- If the box is nearly empty, we'll come back and bring more!



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## Who can use a box?

The Red Box Project is a fully inclusive project.

We believe **all young people deserve equal access to education** and that access to period products is essential to this.

The box is available to everyone, with no questions asked.

**No one should miss school because of their period.**



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## How to find out more

Web: [redboxproject.org](http://redboxproject.org)

Facebook: [facebook.com/theredboxprojectuk](https://facebook.com/theredboxprojectuk)

Instagram: [@theredboxprojectuk](https://instagram.com/@theredboxprojectuk)

Twitter: [@redboxproject](https://twitter.com/@redboxproject)

Email: [redboxprojectuk@gmail.com](mailto:redboxprojectuk@gmail.com)



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