

Summer Menu 2021 3 + H

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Main	Cheese and Tomato Pizza	Sausage Roll with Homemade Jacket Wedges	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognese	MSC Fishfingers with Chips and Homemade Tomato Sauce
	Halal			Halal Roast Chicken	Halal Spaghetti Bolognese	
	Vegetarian V - Vegan	5 Bean Chilli with 50/50 Rice (V)	Veggie Mince Bolognese (V)	Lentil and Vegetable Roast with Roast Potatoes (V)	Veggie Sausages with Mashed Potato and Gravy (V)	Mexican Bean Roll with Chips and Homemade Tomato Sauce (V)
	Jacket Potato	Tuna Mayonnaise	Baked Beans	Cheese	Tuna Mayonnaise	Cheese
	Vegetables	Peas & Carrots	Sweetcorn & Broccoli	Cabbage & Carrots	Sweetcorn & Green Beans	Baked Beans &/or Peas
	Dessert	Chocolate & Beetroot Cake	Wholemeal Peach Crumble with Custard	Yoghurt & Fruit Station	Apple Flapjack	Vanilla Shortbread with Fruity Friday
Week Two	Main	Macaroni Cheese	Farm Assured Beef Burger in a Bun with Jacket Wedges	Roast Turkey with Roast Potatoes & Gravy	Sweet & Sour Chicken with 50:50 Rice	MSC Breaded Fish with Chips and Homemade Tomato Sauce
	Halal		Halal Beef Burger	Halal Roast Chicken	Halal Sweet and Sour Chicken	
	Vegetarian V - Vegan	Veggie Mince Shepherd's Pie (V)	Vegetable Pasta Bake	Quorn Fillet with Roast Potatoes & Gravy	Cheese and Tomato Pizza	Veggie Sausage in a Roll with Chips (V)
	Jacket Potato	Tuna Mayo & Sweetcorn	Cheese	Baked Beans	Tuna Mayonnaise	Cheese
	Vegetables	Peas & Carrots	Sweetcorn or Coleslaw	Carrots & Cabbage	Broccoli & Sweetcorn	Baked Beans &/or Peas
	Dessert	Carrot & Courgette Cake	Apple Pie with Custard	Jelly with Ice Cream	Cinnamon Cookie	Chocolate Shortbread with Fruity Friday
Week Three	Main	Pork Sausages with Mashed Potato & Gravy	Breast of Chicken served with BBQ Sauce & 50:50 Rice	Roast Gammon or Chicken with Roast Potatoes & Gravy	Chicken & Vegetable Gravy Pie with New Potatoes	MSC Salmon Fishfingers with Chips and Homemade Tomato Sauce
	Halal	Halal Beef Burger with Mashed Potato & Gravy	Halal Breast of Chicken	Halal Roast Chicken	Halal Chicken & Vegetable Pie	
	Vegetarian V - Vegan	Lentil & Sweet Potato Curry with 50:50 Rice (V)	Macaroni Cheese	Creamy Vegetable Pie with Roast Potatoes	Quorn Burger in a Bun with Homemade Jacket Wedges	Spanish Omelette with Chips and Homemade Tomato Sauce
	Jacket Potato	Tuna Mayonnaise	Baked Beans	Cheese	Tuna Mayonnaise	Cheese
	Vegetables	Sliced Carrots & Peas	Red Cabbage Slaw & Sweetcorn	Cauliflower & Carrots	Sweetcorn & Broccoli	Baked Beans &/or Peas
	Dessert	Pinwheel Cookie	Jelly with Mandarins	Peaches and Ice Cream	Fairtrade Banana Loaf & Custard	Oaty Cookie with Fruity Friday

Available Daily:
- Yoghurt and Fresh Fruit available daily as an alternative to the advertised dessert.
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.